

ON OCTOBER 5, VOTE FOR



SONA LAKHOYAN-OLIVIER
CHOMEDEY'S VOICE
AUTHORISED AND PAID BY THE OFFICIAL AGENT OF SONA LAKHOYAN-OLIVIER

THE LAVAL news

Laval's English Paper, Since 1993

a message from your elected official

Serving Laval citizens since 2013

David DE COTIS
 City councillor
 district Saint-Bruno
 ddecotis@laval.ca



conseil municipal | 

newsfirst
MULTIMEDIA

Vol. 34-18

September 23, 2026

450-978-9999

www.lavalnews.ca

editor@newsfirst.ca

120,000 readers



ELECTIONS 2026



CAQ
 COALITION AVENIR QUÉBEC



Parti Libéral du Québec



Québec solidaire



Parti Québécois



CONSERVATEUR



Quebec election 2026 : disrespect for Anglo voters: p. 4

Government forced to issue bilingual election information cards: p. 8

Quebec's leaders debate: p. 10-11



Laval English-speaking Senior Wellness Centre

FALL 2026

CENTRE ACTIVITIES

Sign up today!

Annual membership fee: \$20 per year



3860 blvd. Notre-Dame, Suite 204, Chomedey, Laval H7V 1S1
 3131 blvd. de la Concorde, Suite 203, Duvernay, Laval H7E 4W4

450.934.1122
agapeassociationinc.com



Galaxy S26 Ultra
Galaxy AI

SAMSUNG GALAXY S26 ULTRA

on the 5G+ Ultimate Plan

FROM

\$3⁷⁵
/MO.

FULL PRICE:

\$2297⁰⁴

PLUS GET

**5-YEAR PRICE
GUARANTEE** ✓
On the 5G+ Ultimate Plan

Conditions apply. \$40 Device Setup Charge may apply.

GET A \$400 TRADE-IN BONUS

On select devices. Conditions apply.

 **ROGERS** Authorized Dealer

Visit planetemobile.ca to see all current offers

MONTREAL

2100, Marcel-Laurin Blvd.
Ville St-Laurent | 514-856-1884

9012, l'Acadie Blvd.
514-387-9999

Place Alexis-Nihon
1500, Atwater St | 514-939-5552

Complexe Desjardins
175 René-Lévesque Blvd. West | 514-669-1880

7600 Boul Viau, Unit 331
(514) 376-6667

NORTH SHORE

Centre Laval
1600, boul. Le Corbusier | 450-978-1081

Galeries Terrebonne
1185, boul. Moody | 450-964-8403

SOUTH SHORE

Chateauguay Regional Centre
200, d'Anjou Blvd. | 450-692-5136

Centre Valleyfield
50, Dufferin | 450-373-0519

LANAUDIERE

Galeries Joliette
1075 Firestone Blvd.
Joliette | 450-760-3000

OUTAOUAIS

Les Galeries de Hull
320, St-Joseph blvd | 819-205-1390

Planète
m bile

Offer subject to change without notice. For rep-assisted device purchases (including in-store, over the phone and live chat), a Device Setup Charge of \$40 applies to setup your device. New activations only. Taxes extra. **Galaxy S26 Ultra from \$3.75/month** after bill credit with financing and a 5G+ Ultimate plan for 24 months with phone returned and with eligible trade in. Galaxy S26 Ultra 256GB: 0% APR, \$0 down OAC with 24 mo. financing agreement, eligible mobile plan and Save & Return (S&R). S&R Amount (\$720) will be deducted from full device price (\$2297.04) before calculating 24 equal monthly payments (\$35/mo.). \$30.71/mo. credit will be applied to account for 24 mos. Device must be returned in good working condition within 24 mos. (failure to do so will result in S&R Amount becoming due). Cancellation of financing or mobile plan or downgrading your plan results in outstanding financing balance and S&R Amount becoming due and loss of \$60.71/mo. credit. If you downgrade your plan during financing term, promo credit ends. \$750 credit available when trading in Galaxy S24 Ultra 256 GB. **5-Year Price Guarantee** applies to Ultimate monthly plan price from date of activation, before any taxes, fees and bill credits. Prices of add-ons, pay-per-use services, including Roam Like Home rates, and third-party services not guaranteed and subject to change. If you are receiving any discounts with ongoing eligibility requirements, you must maintain your eligibility to continue receiving them. If you change your plan, guarantee ends on old plan and new guarantee may not be available on new plan. Offer not valid at all locations. Rogers & Design and related brand names and logos are trademarks of Rogers Communications Inc. or an affiliate used under license. © 2026 Rogers Communications.

Ottawa's New "Building Canada Strong Act" could have big implications for Laval

NEWSFIRST MULTIMEDIA
info@newsfirst.ca

On Monday September 21st, the federal government has introduced the **BUILDING CANADA STRONG ACT**, a major piece of legislation aimed at speeding up approvals for large infrastructure, transportation and economic development projects across the country.

While the debates taking place in Parliament may seem distant from communities such as Laval, the proposed legislation could eventually affect everything from transportation improvements and trade infrastructure to job creation and future investment in the region.

The bill, introduced as Parliament resumed sitting following the summer break, seeks to streamline federal approval processes for major projects while maintaining environmental standards and Indigenous consultation requirements. The government argues that Canada needs to build critical infrastructure more quickly to remain competitive and attract investment.

For residents of Laval, the legislation may have particular significance because of the growing demand for transportation and economic infrastructure in the Greater Montreal region. Congestion on major highways, pressure on public transit networks, increasing freight traffic and the need for modern transportation links have become familiar challenges for both commuters and businesses.

Supporters of the bill say faster approval timelines could help major projects move from the planning stage to construction more quickly. That could eventually benefit regions such as



Laval, where continued population growth is creating demand for improved transportation connections, trade corridors and public infrastructure.

Local business leaders have frequently emphasized the importance of efficient transportation networks to support economic growth. Commercial sectors throughout Laval rely heavily on road, rail, air and port connections to move goods throughout Quebec, Canada and international markets.

The legislation also includes measures intended to strengthen Canada's trade corridors and supply chains. While much of the attention has focused on national projects,

improvements to transportation infrastructure can have direct local impacts by helping businesses reach customers more efficiently and reducing bottlenecks that increase costs.

Another aspect likely to attract attention is the bill's focus on creating jobs through accelerated infrastructure investment. Construction firms, engineering companies and skilled trades workers across the region could benefit if federal and private-sector projects advance more rapidly.

However, not everyone is convinced that faster is necessarily better.

Environmental groups and Indigenous organizations have expressed concerns that accelerating project approvals could reduce oversight or

limit opportunities for meaningful consultation. Those concerns resonate in many communities where residents want economic growth but also expect strong environmental protections and transparent decision-making processes.

For municipalities such as Laval, the challenge will be balancing economic opportunities with community priorities. Residents generally support investments that improve quality of life, create employment and reduce traffic congestion, but they also expect governments to protect green spaces, waterways and neighbourhoods affected by major developments.

Political observers expect the **BUILDING CANADA STRONG ACT** to become one of the most closely watched pieces of legislation this fall. Debate in Ottawa will focus on whether the proposed reforms strike the right balance between economic growth and environmental responsibility.

For local communities, the outcome could help shape how future infrastructure projects are planned, approved and built for years to come.

Although the legislation is still in its early stages and must undergo parliamentary scrutiny before becoming law, its potential impact extends well beyond Parliament Hill. Whether it involves transportation links, trade infrastructure, job creation or economic development, the decisions made in Ottawa could eventually influence projects that directly affect residents and businesses throughout Laval.

As the debate unfolds, local governments, business groups and community organizations will be watching closely to see how a national effort to **BUILDING CANADA STRONG ACT** could translate into opportunities and challenges at the local level.

En cette Journée nationale de la vérité et de la réconciliation, nous rendons hommage à la riche culture des Premières Nations, des Inuits et des Métis.

On this National Day for Truth and Reconciliation, we honour the rich culture of the First Nations, Inuit, and Métis peoples.



FAYÇAL EL-KHOURY
MP FOR LAVAL-LES ÎLES
450-689-4594

faycal.el-khoury.c1@parl.gc.ca



ANNIE KOUTRAKIS
MP FOR VIMY
450-973-5660

annie.koutrakis@parl.gc.ca



CARLOS LEITÃO
MP FOR MARC-AURÈLE-FORTIN
450-622-8858

carlos.leitao@parl.gc.ca



Publishers

George Bakoyannis
George S. Guzman

General Director

George Bakoyannis

VP Sales & Marketing

George S. Guzman
sales@newsfirst.ca

Graphic Design

Lareine Zakhour
Elena Molter
Thomas Bakoyannis

Advertising

George S. Guzman

Editorial Staff

Martin C. Barry
Alessandro Comisso
Dimitris Ilias
Maria Diamantis
Renata Isopo
James Ryan

Deadline for commercial advertising by Friday at 3 p.m.

Deadline for classified advertising by Friday at 3 p.m.

ISSN number : 1923-0605

Annual subscription : \$89.95 • Per copy : \$1

The views, opinions and positions expressed by columnists and contributors are the author's alone. They do not inherently or expressly reflect the views, opinions and/or positions of our publication

Layout: Media Trek

Distribution: TC. Transcontinental/
DIFFUMAG

Printing: TC. Transcontinental

Project funded in part by

Canada

In partnership with

laval
économique

LAVAL

Member of
QCNA
Quebec Community
Newspapers Association
& Canadian Community
Newspapers Association

National Representation:

RS
RÉSEAU SÉLECT
MEDIAS PUBLICAIRES
info@reseausselect.ca

Publishers' Liability for Error: The publishers shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The publishers' liability for other errors or omissions in connection with any advertisement is strictly limited to publication of the advertisement in any subsequent issues or the refund of any monies paid for the advertisement. Articles published reflect writers' opinions, but not necessarily the opinion of this newspaper.

ENTIRE CONTENTS COPYRIGHT 2026

OPINION & Editorial



Quebec election 2026 contenders show disrespect for province's Anglo voters

While Premier Christine Fréchet was dealt a humiliating blow late last week when a Quebec Superior Court judge ruled the incumbent CAQ government must prepare bilingual voter reminder cards for the October 5 election, this chapter in recent history should serve as a reminder to the province's English-speaking community of just how marginalized they are becoming in Quebec.

In most developed nations throughout the world, the carefully regulated organization of elections is regarded as one of the benchmarks of a civilized society.

It's notable that even in communist or totalitarian nations, it has always been considered important to hold elections with at least a semblance of fairness even when they are rigged.

And even though Quebec's 2026 elections are far from fixed, Premier Fréchet's response to the voting card issue — which was in itself a direct result of legislation her party passed while in office — only serves to further demonstrate the disregard the outgoing CAQ government has for its English-speaking constituents.

The unilingual mailouts were a result of language law reforms by the Coalition Avenir Québec government. The Quebec Court ruling temporarily suspended part of the language law. Despite this, Fréchet herself had gone on record to defend the unilingual mailings, saying French is the sole official language of the province.

Last week, Judge Sylvain Lussier told the government that it had no choice but to prepare bilingual reminder cards to mail to voters ahead

of the vote. Now, however, Élections Québec doesn't have enough time to send out English versions of the registration notice and voter's guide before the election.

The legal decision came after a hearing for a lawsuit against the government and the elections directorate over the French-only mailouts. However, Judge Lussier ruled only on part of the challenge, granting the demand for a provisional interlocutory injunction.

"The evidence indicates a serious risk that a large number of anglophone seniors will be unable to exercise their right to vote due to a lack of understandable information," Lussier wrote.

His ruling did not include the English version of the registration notices or the voter's guides, as he believed it would be unrealistic and extremely costly to force the government to send bilingual versions of these documents.

Geoffrey Chambers — a past president of the former Quebec Community Groups Network (now known as TALQ) who had applied for the ruling — said the judgment "makes it very clear that the rights of the community have been compromised."

In the meantime, the English election notification cards issue was not the only problem relating to language that surfaced during the 2026 campaign.

Let's not forget — especially four years from now when National Assembly candidates come around seeking votes again — that any hope of a televised English-language debate got shut down early in the current election process when the Coalition Avenir Québec (CAQ) and Parti

Québécois (PQ) declined to take part in an English debate, even though at least two other parties had agreed to participate.

A consortium of Quebec-based media, comprising CBC Quebec, CTV News Montreal, CJAD 800, Global Montreal, CityNews Montreal and The Montreal Gazette, had invited the leaders of the five main Quebec political parties to a 90-minute English-language debate, which had been set to take place on Sept. 24.

While the Conservative Party of Quebec and Québec solidaire accepted, the Coalition Avenir Québec (CAQ) and Parti Québécois (PQ) did not. For their part, the Quebec Liberal Party said they would only participate in a debate if all five also agreed, which admittedly became a convenient excuse to say no.

Even though Quebec provincial election English-language debates are not a firmly established tradition (the first actually took place prior to the 2018 election, while another was called off in 2022 when the CAQ and PQ declined to participate), these latest developments don't augur well for relations between future Quebec governments and their English-speaking constituents.

It's the kind of alienation that may end up driving votes from the province's Anglophone community to parties once considered fringe — like the Canadian Party and the Conservative Party of Quebec — who at least have shown themselves to be completely open to fully recognizing the importance Quebec's English-speaking residents.

— Martin C. Barry —



Open Letter to the citizens of Laval on the Future of our HealthCare Infrastructure

Dear Lavallois, Dear Lavalloises,
First, we want to offer you our sincere apologies.

We apologize the way one does when welcoming guests into a home that has simply become too small for the number of people inside. Our home — your hospital — no longer has enough space to receive you properly. When it was built in 1978, it was designed for a population of 267,000. Laval now has 464,200 residents. As a result, if you require hospitalization at CitédelaSanté, you currently have a oneinthen chance of being treated on a stretcher placed in a hallway.

You were already on a stretcher in the emergency department.

Now you are hospitalized on a floor that has patient rooms — yet you remain on a stretcher, positioned in front of the nursing station, separated only by a curtain marking your space. Corridor medicine, long associated with Québec's emergency departments, has now reached our inpatient units. Some patients spend their entire hospital stay on a stretcher in a hallway.

Why? Because in addition to our 489 licensed hospital beds, 40 more patients are currently being cared for on stretchers outside of rooms, in inadequate conditions. Without these exceptional measures, many patients simply could not be hospitalized at all. Laval has the highest annual occupancy rates in Québec: 158% in emergency and 110% in inpatient care. Not just during flu season — all year long. What you are experiencing is not due to a lack of commitment from our staff, who are doing everything humanly possible. We are fully aware of how difficult and undignified this situation is, especially when your

health makes you most vulnerable. The problem runs deeper: our hospital does not have enough beds to meet the needs of its population.

With only one hospital bed per 1,000 residents, Laval ranks last among Québec's administrative regions, far below the provincial average, while Montréal and Québec City have more than double this capacity. And this situation is likely to persist: the investments planned in the Québec Infrastructure Plan 2026–2036 place Laval at the very bottom of the list, far behind the CapitaleNationale, which receives nearly three times more financial resources. The result is clear: the emergency department overflows because the hospital overflows, and patients are treated in conditions that fall short of basic dignity.

We are first when it comes to welcoming patients, but last when it comes to receiving the infrastructure funding needed to care for them.

It is now urgent to act. The 108bed expansion project announced in 2018 must be implemented without delay. The people of Laval deserve accessible, safe, and dignified care — just like all Quebecers. This is a matter of fairness.

We apologize, but we will continue to welcome you. Because in health care, the door is never closed.

Unfortunately, infrastructure needs extend beyond CitédelaSanté Hospital. Another essential project is still waiting: the construction of a new rehabilitation centre for youth with adaptation difficulties. The current facilities are outdated, clinically inadequate, and pose health and safety concerns. A new centre is the only sustainable solution to provide vulnerable young people with

a secure, dignified, and appropriate environment that meets standards and allows Santé Québec Laval to fully carry out its protection and rehabilitation responsibilities.

The provincial election campaign gives every citizen the opportunity to ask the candidates in their riding what concrete commitments they will make to address this situation. Beyond Laval's reality, this reflection concerns all Quebecers. Fair and needsbased funding is essential to maintain a health network capable of fulfilling its mission across Québec.

On behalf of the 322 family physicians, 371 medical specialists, 65 pharmacists, and 17 dentists and midwives of Santé Québec Laval, we ask for your support in making our voice heard so we can better meet your health and social service needs. We call on Laval's candidates in the upcoming provincial election on October 5 to commit to completing the expansion of CitédelaSanté Hospital and building a new rehabilitation centre for youth with adaptation difficulties.

In the meantime, we will continue to care for you in our home — your hospital — with professionalism and compassion. Because beyond the numbers, this is about your health, your safety, and your dignity.

Members of the Council of Physicians,
Pharmacists, Dentists and Midwives of Santé
Québec Laval

MD President, Council of Physicians, Dentists,
Pharmacists and Midwives Santé Québec Laval
— CitédelaSanté Hospital



Canada's #1 prepaid mobile provider.

chatrTM
AUTHORIZED DEALER

📍 **Laval & North Shore**

Carrefour Laval & Centre Laval.

📍 **Greater Montreal**

Alexis Nihon, Carrefour Angrignon, Carrefour de la Pointe, Centre commercial Forest, Centre Commercial Village Montpellier, Centre Rockland, Fairview Pointe Claire, Les Galeries du Parc, Mail Champlain, Place Bourassa, Place Longueuil, Plaza Côte-des-Neiges, YUL airport.

📍 **Head Office**

12053 Laurentien Blvd, Montreal.

☎ **(438) 992 2002**



Stay busy with activities offered by City of Laval this month

For those with some free time in their agendas as well as a sense of curiosity and a desire to learn, the City of Laval is offering several educational and family-oriented activities in September. Here are three taking place this month.

Do you remember (or can you at least imagine) some of the restaurants and lounge bars with their exotic and captivating decor that once defined exciting and romantic evenings in Laval and Montreal between 1950 and 1980?

During a friendly gathering on Friday September 25 from 2– 3:30 pm, Roxanne Arsenault and Caroline Dubuc, authors of the book and documentary series KITSCH QC (broadcast on the Historia Channel), invite you to rediscover this colorful and bygone era.

How did the trend manifest itself here in Laval? What traces of it remain today? And what role did cultural communities play in the rise of these unique establishments? With matchboxes, postcards and vintage ads, the authors will share some of the unusual objects they found while doing their research.

Coffee and snacks will be served in addition to the discussion, animated by Maxime, the ever-cheerful hostess at Maison André-Benjamin-Papineau.

For those who choose to attend, your ticket will also include access to the exhibitions at the Maison André-Benjamin-Papineau.

The Maison André-Benjamin-Papineau is

located at 5475 Saint-Martin Blvd. West, in Laval. There's a \$10 admission charge and information on reservations can be found on the City of Laval's website.



Roxanne Arsenault and Caroline Dubuc, authors of the book and documentary series KITSCH QC.

On Friday September 25 From 3:30 p.m. - 6:30 p.m., residents of the Val-Martin neighbourhood in Chomedey will be celebrating at Val-Martin en Fête (Val-Martin Festival) at the Parc des Trajectoires (3730 Boulevard Notre Dame, Laval, QC H7V 3J1).

This festive and free-of-charge event aims to highlight and celebrate the many achievements that have transformed the Val-Martin neighborhood over the years with the help of residents, partners and community organizations.

With numerous activities planned in the park and garden on this day, everyone is invited to come celebrate the strengths of the neighbourhood.

On the program:

- **3:30 p.m.:** Welcome for partners and residents;
- **3:45 p.m.:** Opening remarks, thank yous and testimonials;
- **4:15 p.m.:** Opening of activities (face painting, gardening, sports and arts activities, DJ);
- **6:30 p.m.:** Closing of the event.



Photography for beginners

Finally, from 1 p.m. to 3 p.m. on Saturday September 26, a free photography workshop for beginners given by the Laval Photo Club will be taking place at Bernard-Landry Park in Laval-des-Rapides (meeting point at the park chalet). No registration is required.

For two hours, workshop participants will work on composition, shooting techniques and lighting. Through games and experiments, they will put basic theoretical concepts into practice.

While this activity is open to everyone, children under 12 must be accompanied by an adult.

Concepts that will be covered during the workshop:

- Composition (the rule of thirds, leading lines, framing, background management);
- Lighting (direction, soft vs. hard, backlighting);

- Stabilization;
- Complementary colors.

By the end of the workshop, you should be able to:

- Compose a thoughtful image;
- Obtain sharp, well-exposed pictures;
- And have a sharper photographic eye and creativity.

Prerequisites:

Have a cell phone and ensure the battery is charged before the start; have a basic understanding of your equipment; be open to receiving constructive feedback and take the time to practice during the designated periods.

In case of adverse weather conditions or circumstances beyond anyone's control, the activity may be cancelled at the last minute. You can follow the Laval Photo Club on their Facebook social media platform.

A message from your elected official

Let's stay in touch !

Louise Lortie
Marc-Aurèle-Fortin
l.lortie@laval.ca



**conseil
municipal**



U.S./Canada trade war puts over 50,000 Canadian small businesses at risk

Additional product bans loom, Canadian Federation of Independent Business estimates

MARTIN C. BARRY

Local Journalism Initiative Reporter
marty@newsfirst.ca

According to new estimates released in recent weeks by the Canadian Federation of Independent Business, 53,112 businesses are directly impacted by either U.S. tariffs, Canadian counter-tariffs or both.

Of that total, 13,160 are exporters, while 45,414 are importers.

Small business excluded

"While government has made a few important and welcome changes to the main tariff supports, the programs continue to exclude about half of the small business community," says Corinne Pohlmann, executive vice-president for advocacy at the Toronto-headquartered CFIB.

"We have been telling government that the counter-tariffs would have a far broader impact than the U.S. tariffs," she continues.

"Programs that only help a few thousand businesses are unacceptable when tens of thousands need support," says Pohlmann, adding that the recent announcement that some Canadian goods will be outright banned from U.S. import at the end of September only underscores the need to get support ASAP.

Small business relief

With that in mind, the CFIB is proposing three important measures:

A dedicated Small Business Tariff Relief (SBTR) program, where impacted exporters and importers who can provide direct evidence they paid the tariffs directly, or adjusted prices to absorb part or all of the tariff, would be eligible to receive initial tariff relief up to \$70,000 CAD.

An SME Desk for Tariff Remissions to speed up decisions on eliminating Canadian retaliatory tariffs if there are major negative impacts on the industry or if alternatives to the U.S. product are not readily available.

Immediate tax relief for all small businesses in the form of a Small Business Corporate Tax Rate cut from 9% to 6%, retroactive to January 1, 2026, and an increase to the Small Business Deduction threshold from \$500,000 to \$700,000 with future indexation to inflation.

"The Regional Tariff Response Initiative Programs have standardized eligibility criteria and reduced their access thresholds down to \$1 million, but it doesn't go far enough," said Pohlmann.

Direct support for small players

"A \$1-million threshold will still exclude a huge number of businesses. We need a simple, direct support program to help small businesses on the U.S. and Canadian tariff lists in addition to broad-based tax relief to help all small firms that will be hurt by the trade war."

In an interview with Newsfirst Multimedia, Ryan Mallough, vice-president for legislative affairs and communications at the CFIB, was asked whether the CFIB foresees the current tariff war between Canada and the U.S. being toned down in the next two years or sooner as President Donald Trump's time in office is projected to end in January 2029.

"First and foremost, really and truly, I think we hope it doesn't take two years," he said. "I hope we're able to reach some kind of deal well

before then." He suggested that the date many Canadians and Americans are now eagerly anticipating comes in November when the U.S. midterm elections take place.

Shifting political climate in U.S.

Historically, midterm elections often see the president's party lose seats in the U.S. Congress, and frequently see the president's opposite-party opponents gain control of one or both houses of Congress.

"If the House or the Senate changes hands or both of them change hands, what that does can change the administration's tenor or their ability to invoke things," said Mallough. "So, the first potential exit ramp is probably over the next couple of months."

After that, he said it will be a question of whether federal Minister Responsible for Canada-U.S. Trade Dominic Leblanc and his U.S. counterpart Jamieson Greer continue to talk and "force the conversation to become more pressing on both sides, and do we see something happen there."

No signs of short-term relief

"Overall, we hope that the sides are still communicating and talking," Mallough continued. "You know, would I expect a deal imminently? I don't think so. But, as we've experienced throughout the trade war, things tend to move very quickly in both directions."

"So, it would both be a surprise and not a surprise to hear that there is a deal, you know, in the works. But at the same time, I think a lot of people are making the calculus that in two years, constitutionally there has to be a change in the presidency, you know, and that's sort of the long end of the timeline on that side."



Ryan Mallough, vice-president for legislative affairs and communications at the CFIB, says there is a growing belief that midterm elections in the U.S. in November may help lead to more positive developments in the tariff war between Canada and the U.S. (Photo: Courtesy of Canadian Federation of Independent Business)

Choosing the right bin is brilliant.



Use our handy guide to make sorting easier.

Discover more tips



Quebec civil court judge forces government to issue bilingual election information cards

1.6 million English-speaking Quebecers 'deserve respect,' says Task Force's Andrew Caddell

MARTIN C. BARRY

Local Journalism Initiative Reporter
marty@newsfirst.ca

A provincial lobby group that promotes bilingualism in Quebec is applauding a decision by judge Sylvain Lussier to force bilingual election information cards to be sent out before the October 5 provincial election.

The Task Force on Linguistic Policy has been using legal challenges, public meetings, rallies, expert panels and submissions to governments and the courts to promote bilingualism, inclusion and the protection of linguistic rights across Quebec.

Task Force president Andrew Caddell pointed out the organization was a leader in the bilingual information card issue, which called for an injunction against the decision by Élections Québec to issue all information in French.

Task Force led case

"Congratulations to lawyers Doug Mitchell and Eric Malloff, who brought the initiative to court," Caddell said in a statement issued last week, while noting that Task Force vice president Geoffrey Chambers was the plaintiff in the case.

"We have been calling this decision voter suppression from the very beginning, and we have been joined by commentators and public officials across Quebec and Canada," added Caddell.

He said the decision sends a message to Premier Christine Fréchette, French Language Minister François Roberge and French Language Commissioner Benoît Dubreuil, "who deliberately prevented bilingual information," Caddell maintained.

"There are 1.6 million English-speaking Quebecers who deserve respect," said Caddell. "As citizens and taxpayers, they should be treated equally with every other Quebecer."

Vulnerable Anglophones

Although the CAQ government had said a QR code in the election

information would be satisfactory for English-speaking Quebecers, Caddell responded:

"While the vast majority of Anglophone Quebecers are bilingual, many who are not are the most vulnerable: the elderly, indigenous people, visible minorities, the rural poor and people with physical and mental challenges. Many do not have smart phones and are not capable of using a QR code."

In a phone interview late last week with Newsfirst Multimedia, Caddell said what astonished him most about the situation was the CAQ government's determination to ignore Élections Québec's recommendation that the English-language text be included in the pre-election materials.

CAQ ignored Élections Québec

"They first started writing to them in 2023," he said regarding the provincial election office's intervention. "And the last letter was the eighth of April 2025, which is when they last wrote to them and they continued to say no."

While noting that Élections Québec is supposed to be an autonomous body at arm's length from the provincial government, Caddell said the CAQ government passed Bill 96 (which he dismissed as unconstitutional), making Élections Québec subject to the reform of Bill 101, Quebec's original French language protection legislation.

"So, Élections Québec had to ask the minister if they could get an exemption from the Charter of the French Language to do what they've always done in the past – and which is in line with Section 133 of the constitution and Section 3 of the Charter – where one affirms English-language rights and the other affirms voting rights."

Bill 96 challenge still in play

The Task Force currently has a major court case still in motion to challenge Bill 96. They are hoping to be allowed to invoke a legal principle set by the Supreme Court of Canada in 2016 when the "Jordan rule" established a framework for numerical ceilings to go to trial within a reasonable time after charges are laid to the

conclusion of a case.

"We submitted our brief on January 31 more than two years ago and we have yet to hear from the Quebec government as to how they are going to respond," Caddell said. "Like that is a delay that is far too great. And the issue is, I think what is happening is they're waiting until the decision on Bill 21 on the notwithstanding clause has been decided by the Supreme Court."

Notwithstanding 'irrelevant,' Task Force claims

"But our case shouldn't be determined on the basis of the notwithstanding clause, because we argued that the notwithstanding clause is actually in some ways irrelevant to the issues that we're raising," he continued. "Because we're raising issues about different parts of the constitution, and we're also saying that the charter itself and the notwithstanding clause should be put aside, because the charter itself does not change any laws that already exist."

Caddell said the Task Force's view is that the government should have given them a court date sooner, "but we're still waiting." He said the Task Force has no intention of giving up on the issue until they've exhausted all legal avenues.

Task Force on Linguistic Policy president Andrew Caddell said they were elated upon learning last week of a Quebec Court judge's decision ordering the Quebec government and Élections Québec to print and circulate English-language pre-election explanatory materials after they had initially declined to do so.



FOR SALE

Chomedey: Enjoy the best of both worlds in this stylish two-bedroom, open-concept condo. Located in the heart of the action, this home features a beautiful kitchen designed for both daily life and hosting. Commuting is a breeze with immediate access to major highways and a location just minutes from the Lachapelle Bridge. Best of all, you'll never hunt for a spot with two dedicated parking spaces (one garage, one exterior).

MLS: 23852845



Chomedey: Discover this 1 bedroom, 1 bath, newer construction condo ideally located in the heart of Laval, just steps from groceries, pharmacies, schools, parks, daycares, restaurants, and public transit. The open concept layout features large windows that flood the space with natural light, complemented by quality finishes throughout. This well built concrete and steel structure offers superior soundproofing between floors, two elevators, and a convenient storage locker. Also enjoy access to a cardio gym on the main floor and a stunning rooftop terrace with panoramic views. Easy to visit! Must see!

MLS: 13585109



Laval: Here is your opportunity to become a homeowner in one of Fabreville's most soughtafter neighbourhoods. This charming semi-detached bungalow offers generous living space and has been beautifully maintained by its owners over the years. The property features a total of 3 bedrooms and 1+1 bathrooms. The main floor boasts a bright, openconcept layout that seamlessly connects the kitchen and dining area, complemented by a welcoming living room perfect for relaxing. The basement provides an excellent additional living space with a cozy family room ideal for unwinding or hosting guests.

MLS: 14952293



SOLD

FOR RENT

Chomedey: Bright 5 1/2 situated in a prime location, offering 3 generous bedrooms 1 full bath. Steps from major shopping destinations, grocery stores and daily amenities. Quick access to main highways and public transportation. Located close to all schools, parks and community services. Available for September 1st.

MLS: 20380508

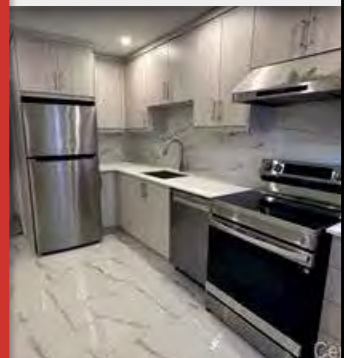


NEW



Cote-des-Neiges: Apartment for 4 1/2 for rent. Newly renovated 2 bedroom apartment located in the Cote-des-Neiges/Notre-Dame-de-Grace close to all amenities, shopping, schools and transportation. Included are all stainless-steel appliances, fridge, stove, dishwasher washer/dryer and cooking fan. Close to all services, restaurants, hospital and pharmacies.

MLS: 19933966



VOULA KOTTARIDIS
(514) 993-5010
AGENTVK@GMAIL.COM

EXCELLENT SERVICE | EXCEPTIONAL RESULTS



ROYAL LEPAGE
HUMANIA CENTRE
AGENCE IMMOBILIÈRE 450.682.2121

Québec's 2026 Provincial Election sees record 908 candidates

NEWSFIRST MULTIMEDIA
info@newsfirst.ca

Élections Québec has confirmed that 908 nominations have been officially accepted for the 2026 provincial election, marking one of the most competitive electoral cycles in recent decades. With 127 electoral divisions across the province, this represents an average of seven candidates per riding, slightly higher than in 2022, when 880 candidates ran.

The riding of Verdun stands out as the most crowded contest of the year, with 13 candidates appearing on the ballot — nearly double the provincial average.

Élections Québec will publish detailed candidate statistics on its website as the campaign progresses.

A diverse slate of political parties

A total of 22 authorized political parties succeeded in nominating candidates, though the numbers vary widely. Five major parties — Coalition avenir Québec (Équipe Christine Fréchette), Parti conservateur du Québec, Parti libéral du Québec, Parti québécois, and Québec solidaire — each fielded a full slate of



127 candidates, covering every electoral division.

Smaller parties presented more modest numbers, with some nominating only a handful of candidates. Under a new provision of the Election Act, parties must nominate at least two candidates to retain authorization. As a result, the Parti populaire du Québec, which nominated zero candidates, has had its authorization withdrawn.

This measure, in force since July 1, aims to ensure that authorized parties maintain a clear electoral and political presence. In the 2022 election, onethird of authorized parties nominated no candidates at all.

Number of candidates per authorized party in alphabetical order:

- Bloc pot: 5
- Climat Québec: 52
- Démocratie directe: 28
- Équipe autonomiste: 8
- Équipe Christine Fréchette – Coalition avenir Québec: 127
- Osons Québec: 2
- Parti accès propriété et équité – Équipe Québec debout: 6
- Parti canadien du Québec / Canadian Party of Québec: 29
- Parti communiste du Québec: 10
- Parti conservateur du Québec: 127
- Parti culinaire du Québec: 4
- Parti libéral du Québec / Quebec Liberal Party: 127
- Parti libertarien du Québec: 3
- Parti marxistéléniniste du Québec: 12
- Parti nul: 38
- Parti populaire du Québec: 0
- Parti québécois: 127
- Parti vert du Québec / Green Party of Québec: 37
- Présence Québec: 18
- Québec innovant: 2
- Québec solidaire: 127

Independent candidates on the rise

Alongside party-affiliated candidates, 19 independents will appear on ballots across Québec — an increase from 14 independents in the 2022 election. This continues a gradual trend toward greater nonpartisan participation.

Candidate demographics: older, more balanced, and broadly distributed

Age profile

The average age of candidates in 2026 is 47 years old, slightly higher than the 45-year average recorded in both 2018 and 2022. The largest age cohort is 40 to 49 years old, representing 28% of all nominations.

Nominations by age group

- 18–29 years: 116 candidates (13%)
- 30–39 years: 161 candidates (18%)
- 40–49 years: 253 candidates (28%)
- 50–59 years: 215 candidates (23%)
- 60 and over: 161 candidates (18%)
- Total: 908 candidates

Gender representation: 43% female candidates

Women represent 386 of the 908 candidates, or 43% of all nominations — identical to the proportion seen in the 2022 election. Gender parity continues to vary significantly between parties.

Female candidates in parties represented in the Assemblée nationale

- Équipe Christine Fréchette – Coalition avenir Québec: 69 women (54%)
- Parti libéral du Québec: 55 women (43%)
- Parti québécois: 58 women (46%)
- Québec solidaire: 75 women (59%)
- Parti conservateur du Québec: 34 women (27%)

Québec solidaire leads the major parties in female representation, with nearly six in ten of its candidates being women.

A competitive and crowded election ahead

With more candidates, more parties meeting the minimum nomination threshold, and a stable level of gender representation, the 2026 provincial election is shaping up to be one of the most dynamic in recent memory. The official campaign period now begins in earnest, with voters set to choose among a record number of options on the ballot.

2026 Provincial Election



Vote on October 5

9:30 a.m. to 8 p.m.

Where and when to vote



Find your polling station at
electionsquebec.qc.ca/where-when
or call **1-888-ELECTION**.

Can't vote on Election Day?

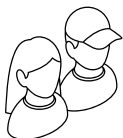
Vote at an advance poll on September 27 or 28, from 9:30 a.m. to 8 p.m.

To vote

- You must be registered on the list of electors, and your address must be up to date. Check your registration at **electionsquebec.qc.ca/check**.
- You must bring an accepted piece of identification (driver's licence, health insurance card, Canadian passport, etc.).

New electoral map: your electoral division may have changed.

Check at **electionsquebec.qc.ca/division**.



Bring your children with you when you vote!

Introduce your children to democracy through the small polling stations.



All advance polling places are accessible. On October 5, most polling places will also be accessible. Check the accessibility features of each polling place at **electionsquebec.qc.ca/where-when**.

If your assigned polling place does not meet your accessibility needs, ask your returning officer for authorization to vote at another location.

On October 5, exercise your right to vote

electionsquebec.qc.ca
1-888-ELECTION (1-888-353-2846)





ELECTIONS 2026



Debate night: Quebec's leaders face their defining moment before the October 5 election

NEWSFIRST MULTIMEDIA
info@newsfirst.ca

As Quebecers prepare to head to the polls on October 5, 2026, the province's televised leaders' debates have emerged as the defining events of the election campaign. In an era increasingly dominated by social media clips, campaign advertising, and carefully choreographed political appearances, the debates remain one of the few occasions when party leaders must step beyond prepared talking points and engage directly with their opponents before a province-wide audience.

For voters trying to decide who should lead Quebec through the next four years, the debates provide a unique opportunity to compare competing visions, leadership styles, and policy priorities. They offer a rare political test where candidates are evaluated not only on what they promise but also on how they react under pressure, defend their records, and communicate their ideas in real time.

This year's election comes at a particularly significant moment in Quebec politics. Questions surrounding healthcare, housing affordability, economic uncertainty, immigration, climate policy, and the future of Quebec identity dominate public discussion. At the same time, voters are being asked to assess a new generation of political leadership, making the debates even more consequential than usual.

A new political landscape

For the first time in nearly a decade, Quebec's political landscape is evolving under new leadership. Premier Christine Fréchette, leading the Coalition Avenir Québec (CAQ), enters the election campaign seeking a third consecutive mandate for her party while establishing herself as a leader in her own right.

As the head of the incumbent government, Fréchette carries both the advantages and burdens of office. She can point to the CAQ's record on economic growth, infrastructure investments,

and French-language protection. However, she must also answer for continuing concerns about access to healthcare, housing shortages, and growing frustration among voters who wonder whether the government has accomplished enough after eight years in power.

Challenging her is Charles Milliard, the relatively new leader of the Quebec Liberal Party. For many Quebecers, the debates represent their first extended opportunity to evaluate whether Milliard possesses the stature and political skills necessary to become premier. The Liberals are attempting to rebuild after several disappointing election results and present themselves as a credible alternative government capable of reconnecting with voters across the province.

Meanwhile, Paul St-Pierre Plamondon and the Parti Québécois continue their effort to transform renewed public interest into electoral success. The PQ leader has positioned himself as both a defender of Quebec's identity and a proponent of sovereignty, while simultaneously addressing day-to-day concerns such as affordability, economic development, and public services.

On the progressive side of the political spectrum, Ruba Ghazal and Québec solidaire aim to expand the party's appeal beyond its traditional support base. By focusing on housing, climate change, social equity, and public investment, Ghazal hopes to convince voters that Québec solidaire offers the boldest vision for tackling contemporary challenges.

Finally, Éric Duhaime and the Conservative Party of Quebec continue to present themselves as an alternative to what they describe as Quebec's political establishment. Duhaime's message of lower taxes, greater individual freedom, and a reduced role for government has attracted voters seeking a different approach to provincial governance.

Why debates still matter

Political debates rarely determine election outcomes on their own. Most voters have already formed impressions of parties and leaders long before debate night. Yet debates continue to play a critical role because they reinforce, challenge, or reshape those impressions.

Unlike campaign commercials, which are polished and scripted, debates place leaders in an unpredictable environment. They must answer difficult questions, respond to criticism, and challenge opponents without the support of advisors, speechwriters, or carefully controlled settings.

This allows voters to evaluate qualities that cannot easily be measured through campaign literature. Confidence, competence, authenticity, temperament, and communication skills often become just as important as policy proposals. Voters frequently ask themselves a simple question while watching a debate: Who looks and sounds like a premier?

For undecided voters, that question can be decisive. Political history is filled with examples of leaders who elevated

their campaigns through strong debate performances and others whose momentum was weakened by one poor evening. In a competitive election, even a modest shift in public opinion can alter the results in dozens of closely contested ridings.

Healthcare: the defining issue

If there is one subject almost guaranteed to dominate the debates, it is healthcare.

Across Quebec, concerns remain widespread over access to family doctors, overcrowded emergency rooms, shortages of nurses and specialists, and lengthy wait times for medical procedures. Healthcare consistently ranks among the most important issues facing voters and remains a source of frustration for many families.

Each party has offered proposals aimed at improving the system. The governing CAQ argues that reforms already underway need additional time to deliver results. Opposition parties counter that deeper structural changes are necessary and that Quebecers deserve faster improvements.

Because healthcare touches nearly every household, debate performances on this issue may prove more influential than discussions on any other topic.

Housing and affordability

Closely following healthcare is the issue of housing affordability.

The housing crisis has become one of the defining challenges of modern Quebec. Rising rents, escalating home prices, and insufficient housing construction have placed immense pressure on young families, newcomers, seniors, and low-income residents.

Whether in Montreal, Laval, Quebec City, or smaller regional centres, voters increasingly want immediate action.

The debates offer an opportunity for leaders to explain not only what they would do but how they would do it. Promises to build more housing are popular, but voters are also asking practical questions. How will projects be financed? How quickly can homes be built? Can government remove barriers slowing development?

Candidates who can provide convincing answers may gain valuable political support.

The cost-of-living challenge

Although inflation has moderated compared with its recent peaks, the cost-of-living crisis remains a reality for many Quebec households.

Food prices, utility bills, transportation costs, insurance premiums, and mortgage payments continue to strain family budgets. Even voters who have traditionally focused on other issues increasingly view affordability as a central concern.

▶ Continued on page 11



Fire stations' open house October 4



Check out the program
▶ laval.ca/firefighters



Come and
meet us



Service de
sécurité incendie
de Laval

Throughout the campaign, every party has attempted to position itself as the strongest advocate for middle-class and working families. Tax reductions, targeted assistance programs, and economic growth strategies have all featured prominently in campaign announcements.

The debates provide a forum where these competing approaches can be compared directly, allowing voters to determine which proposals appear most realistic and financially sustainable.

Immigration, integration, and demographic change

Few issues generate more emotional discussion in Quebec than immigration.

The province faces a complex balancing act. Businesses and public institutions continue to face labour shortages, creating pressure for increased immigration. At the same time, many Quebecers remain concerned about the integration of newcomers and the protection of French language and culture.

These competing priorities have produced significant political divisions.

Some parties emphasize economic necessity and demographic realities. Others focus more heavily on cultural preservation and the capacity of public services to accommodate growth.

The leaders' debates are likely to expose these differences clearly, offering voters a deeper understanding of how each party envisions Quebec's future.

Quebec identity and sovereignty

Questions of language, culture, identity, and national aspirations continue to occupy a unique place in Quebec politics.

Although sovereignty is no longer the dominant issue it once was, it remains central to the Parti Québécois and continues to influence broader political discussions. At the same time, concerns about protecting French language and Quebec culture extend far beyond the sovereigntist movement.

The CAQ, Liberals, PQ, Québec solidaire, and Conservatives all approach these questions differently. Debate exchanges on identity often become some of the most passionate and closely watched moments of an election campaign because they touch on fundamental questions about who Quebecers are and where they want the province to go.



Beyond the television cameras

Today's debates do not end when the moderator signs off. Within minutes, key moments are shared across social media platforms, dissected on talk radio, analyzed by journalists, and debated by voters online. In many cases, the most influential audience is not the one watching live but the much larger audience that experiences the debate later through clips and commentary.

A memorable exchange can dominate news coverage for days. A strong answer can energize volunteers and attract donations. A mistake can quickly become a campaign liability.

For modern political leaders, the challenge is twofold: perform effectively on stage and create moments that resonate long after the broadcast ends.

The final test before election day

As Quebec moves closer to October 5, the leaders' debates represent one of the campaign's final and most important

democratic exercises. They force politicians to defend their ideas publicly, challenge one another directly, and demonstrate why they deserve the trust of voters.

The debates will not answer every question facing Quebec, nor will they determine the election alone. But they provide something increasingly rare in modern politics: an opportunity for citizens to evaluate leadership in its simplest form.

When Quebecers cast their ballots, they will think about health-care wait times, housing costs, taxes, schools, immigration, and the cultural future of the province. They will also remember the performances, exchanges, and impressions created on the debate stage.

For some voters, those moments may confirm an existing choice. For others, they may prove decisive.

Either way, the leaders' debates remain one of the campaign's most significant events, offering Quebecers a final opportunity to separate rhetoric from reality before choosing who will lead the province into its next chapter.

VOTE NOW

YOUR LIBERAL TEAM IN LAVAL

9:30 a.m. to 8 p.m.

ADVANCE POLLS

Sunday, September 27
Monday, September 28

ELECTION DAY

Monday, October 5



Caroline De Guire
LAVAL-DES-RAPIDES



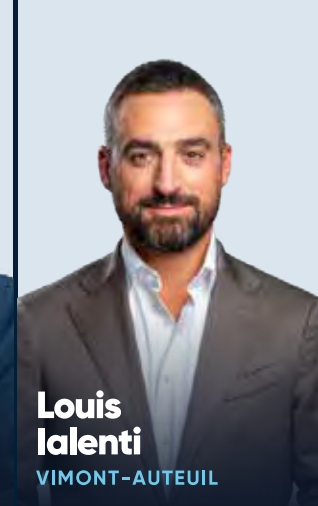
Virginie Dufour
MILLE-ÎLES



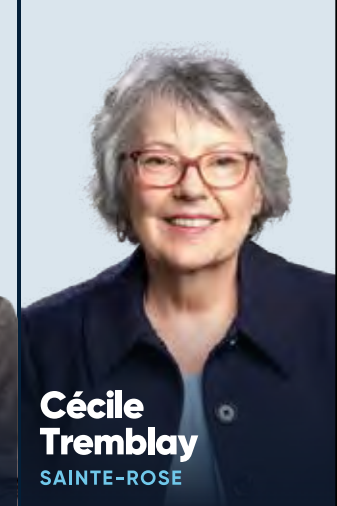
Madeleine Féquière
CHOMEDEY



Marie Claude Fournier
FABRE



Louis Ialenti
VIMONT-AUTEUIL



Cécile Tremblay
SAINTE-ROSE



Unite. Repair. Build.

Your polling place is shown on the notice of registration you received by mail.

Agents officiels de Chomedey, Fabre, Laval-des-Rapides, Mille-Îles, Sainte-Rose et Vimont-Auteuil - Parti libéral du Québec

September 23, 2026 • The Laval News • 11

SWLSB focusing on growth, innovation and student well-being in 2026

ALESSANDRO COMMISSO
alessandro@newsfirst.ca

As the new school year gets underway, the Sir Wilfrid Laurier School Board (SWLSB) is entering a period of transition and renewal marked by new leadership, growing enrolment in several regions, and a commitment to addressing emerging challenges such as artificial intelligence and cellphone use in schools.

In an interview with Chairman James Di Sano and newly appointed Director General Florence Delorme, both leaders emphasized a common theme: keeping students at the centre of every decision while preparing the board for the future.

New leadership and a clear vision

One of the most significant developments for SWLSB this year is the appointment of Florence Delorme as Director General, effective July 9, 2026. Delorme brings more than 25 years of experience within the organization and is well known across the board, having served in several senior leadership positions, most recently as Director of Student Affairs and School Organization.

For Di Sano, Delorme's appointment represents continuity and stability at a time when the board continues to evolve.

"She's occupied many, many significant posts within the organization," said Di Sano, noting that her extensive experience will help foster strong collaboration between governance and management.

For Delorme, however, the focus is less on her appointment and more on the board's mission. She said her first message to staff and administrators this year has been to return to the fundamental purpose of education.

"We really want to come back to the basics of why we are here," Delorme said.

That purpose, she explained, is centred on three priorities: student success, well-being and learning, a fitting "SWL" acronym that mirrors the initials of the school board itself. Delorme emphasized, however, that achieving those goals depends just as much on supporting the staff who work with students every day.

"The more we support the success, well-being and learning of our staff, the more impactful that will be for our students," she said.

According to Delorme, that message has been consistently reinforced during meetings with management teams, head office staff and elected commissioners throughout the start of the school year.

Investing in teachers

One of the board's major initiatives this fall has been a renewed focus on professional development for teachers.

Delorme described the initiative as the first large-scale pedagogical professional development program organized by the board in many years. The effort brought together hundreds of educators from across the territory before the school year was fully underway.

The first event took place on Sept. 18 at Laurentian Regional High School in Lachute, where nearly 300 teachers participated in workshops and training sessions. A second event at Rosemère High School attracted approximately 600 teachers.

The initiative was developed through collaboration between the pedagogical services department, head office personnel and the teachers' union.

Delorme said the goal is twofold: to provide educators with high-quality training while also creating opportunities for networking and collaboration between teachers who work in different schools and regions.

The board hopes to make the professional development days an annual tradition.

"It's really teacher-focused," Delorme said. "This is us as an organ-

ization investing in our employees."

As schools continue adapting to evolving educational realities, board leaders believe investing in staff development is one of the most effective ways to improve student outcomes.

Regional growth brings new opportunities

Another major story this year is enrolment growth in parts of the board's territory.

While English-language school boards across Quebec continue to face enrolment challenges due to eligibility restrictions, SWLSB is seeing encouraging growth in several of its regional sectors.

Di Sano highlighted growing student populations in both the Laurentians and Lanaudière. According to the board, enrolment has increased by approximately 160 students in the Laurentians and about 300 students in Lanaudière compared with last year.

"We're growing in the regions, and the numbers don't lie," Di Sano said.

That growth presents both opportunities and challenges. Increased enrolment creates greater demand for facilities and services, but it also strengthens the case for future investments in infrastructure.

Di Sano said the board intends to continue investing in schools located in rapidly growing communities to ensure they can meet future demand.

"It speaks volumes to the growing communities in the regions and the opportunity that it poses for us as an organization," he said.

Delorme noted that while enrolment remains relatively stable overall, English-language boards must work harder than their French-language counterparts to attract students because not every child residing within their territory qualifies to attend English schools.

Despite those challenges, the continued growth in the Laurentians and Lanaudière regions provides optimism for the years ahead.

Finding the right balance with AI

Like school boards across the country, SWLSB is also grappling with the rapid emergence of artificial intelligence.

Both Delorme and Di Sano acknowledged that AI has already become part of everyday life in education and that the focus should be on managing it responsibly rather than attempting to resist it.

"AI is there. It's not going away," Delorme said.

She explained that the Ministry of Education requires school boards to develop guidelines and parameters governing AI use. While some schools, particularly high schools, have already begun implementing local approaches, she said more work remains to be done.

SWLSB is also collaborating with other English-language school boards to develop a common framework that will help students and staff use AI effectively and ethically.

The board's approach is largely centred on education rather than restriction. Delorme believes AI can be a powerful learning tool if used properly, but schools must also ensure students continue developing essential skills.

A key concern is preserving critical thinking.

While much of the public conversation around AI focuses on fear and potential risks, Delorme said the more important question is how educators can leverage the technology to strengthen student learning rather than weaken it.

Di Sano echoed that sentiment. He acknowledged that AI is already being used by teachers and employees throughout the organization to improve efficiency.

"Teachers are using it. Staff are using it," he said.

At the same time, he warned that educators must remain mindful of the ways AI could potentially undermine critical thinking and independent judgment if students become overly reliant on it.



Chairman of the SWLSB James di Sano and newly appointed Director General Florence Delorme in the Council of Commissioners room.

Developing a clear action plan to guide AI use across the board therefore remains a priority throughout the coming year.

Cellphone ban showing positive results

The board is also reporting encouraging results from the province's cellphone restrictions in schools.

The policy, introduced by Quebec's Ministry of Education, limits students' ability to use cellphones during the school day. While enforcement initially presented challenges, both Delorme and Di Sano said schools have largely adapted and students appear to understand the expectations.

According to Delorme, one of the most noticeable outcomes has been an increase in face-to-face interaction among students.

Without constant access to their phones, students are spending more time talking with one another and engaging in school life. She also noted that students appear more physically active during breaks and lunch periods.

Another positive effect has been a reduction in social media-related conflicts during the school day.

While some students still attempt to circumvent the rules, Delorme said the majority have accepted the restrictions and adjusted their habits accordingly.

Di Sano offered similar observations and praised the ministry's decision.

"I applaud the initiative of the Ministry of Education," he said.

For him, the biggest benefit is that the policy encourages the social aspect of education.

"It's optimized human interaction," he said. "The goal of education is socialization."

Eyes on the future

As SWLSB moves through the 2026-27 school year, its leadership appears focused on balancing tradition with innovation. The arrival of a new director general, ongoing regional growth, significant investments in teacher development, and a measured approach to AI all point toward a board seeking to strengthen its foundation.

At the same time, early results from the cellphone ban suggest that some of the simplest policy changes can have a noticeable impact on student life.



Centre Dentaire
Notre-Dame
Dental Center

Serving the community for over 25 years...
Our priority is your **healthy smile...**

Dr. Savas Fortis, DDS
Chirurgien dentiste / Dental Surgeon



4375, Notre-Dame, suite 7, Laval
(corner Elizabeth)

For your entire dental needs call :
450-682-3921

Monday to Friday 8:00 am to 7:00 pm
Saturday 8:00 am to 1:00 pm

PRINTED MEDIA IN PERIL

AN ELECTORAL ISSUE QUÉBEC CANNOT IGNORE

As the provincial election approaches, we wish, on behalf of a coalition representing Québec's printed media, to draw your attention to a fundamental question: the place Québec intends to give its culture, its information ecosystem, and the media that sustain them — both in the debates ahead and in the years that will follow.

The reform of the recycling and curbside collection system has created inconsistencies and anomalies that must be clearly understood: the fewer printed media in circulation, the higher the fees imposed on them for material recovery. In other words, the recycling tax hits hardest the titles whose circulation is declining — a mechanism that directly threatens the financial stability of printed media, and in some cases, their very survival. This same logic also affects Québec's entire printed culture, including books, which have now become collateral victims of a system that does not measure value in tonnage.

Beyond this technical issue lies a cultural one. Newspapers, magazines, and weekly publications are far more than physical objects; they are essential carriers of cultural and journalistic content. They are indispensable to protecting our language, our values, and the dissemination of reliable, local information. The attachment of Quebecers to printed formats remains deep and genuine. Millions of citizens continue to rely on them daily — not only by choice, but by necessity, particularly in regions with limited digital infrastructure, among older citizens, and in households where connectivity remains constrained. For these readers, the disappearance of a regional newspaper, a weekly, or a local magazine is not the loss of a product; it is the loss of a cultural space, a source of information, and a sense of belonging.

Printed media also represent one of the last spaces where culture and information can fully express themselves, without being diluted by the flood of foreign content that dominates today's digital environment. Guided by proven editorial practices, they offer a structured framework that strengthens the quality of public debate and helps combat misinformation — a growing democratic concern, especially during an election period.

It is precisely because content and medium are inseparable that the current situation cannot be ignored. What our magazines, newspapers, and weeklies contain cannot be treated as mere residual material. Unlike single-use packaging, whose purpose ends the moment it is opened, the paper that carries our printed media is inseparable from the cultural and journalistic content it conveys — content produced here, for the benefit of all Quebecers. This principle extends beyond printed media: wherever written culture exists, its medium cannot be treated as simple waste.

A reform that weakens what took decades to build

The recent reform of the recycling system undermines what Québec's printed media have spent decades building. By imposing an ever-increasing financial burden, the new regime directly threatens the sustainability of numerous titles across Québec — and with them, an irreplaceable part of our cultural and democratic life.

The upcoming electoral debates offer an opportunity to reaffirm what Québec chooses to be: a society that protects its culture, values its information, and refuses to allow its democratic and cultural space to shrink quietly. Where do our party leaders stand on this issue?

The coalition of printed media includes, among others:

Le Devoir, the Journal de Montréal, the Journal de Québec, The Globe and Mail, The Gazette, L'Actualité, Ricardo, as well as the publications of TVA Publications, PraticoPratiques, KO Média, Bayard Presse Canada, Publications BLD, and Naître et grandir. The Laval News, The North Shore News, Nouvelles Parc Extension News, and Greek Canadian News-TA NEA. It also brings together the 53 members of the Association québécoise des éditeurs de magazines (AQEM), the 136 members of Hebdo Québec, and RecycleMédias.



PROFESSIONAL AUTO BODY REPAIR & PAINTING

Insurance Work Accepted • All Work Guaranteed • Expert Color Matching
Factory Genuine Parts • Import Car Specialists • Major & Minor Repairs



514 476-4565

1385, Boul. des Laurentides,
Local 103 Vimont, Laval

A2 AUTO





BASKET OF
Fruits and Vegetables
16 to 20 VARIETIES

2 EASY STEPS:

- 1 Book your basket online or by phone from Monday to Thursday
- 2 Pickup Thursday, Friday or Saturday. Delivery available

(514) 244-9885
panierdufermier@gmail.com

Our weekly customers save up to \$1,700 per year

VISIT OUR FACEBOOK AND INSTAGRAM PAGE!


@PANIERDUFERMIER
PANIERDUFERMIER.CA

A value of \$70+ at the supermarket You pay only \$40

Parti Laval says City's consultation on RichardTrottier Arena was "biased and already decided"



NEWSFIRST MULTIMEDIA
info@newsfirst.ca

After an information session on the future of the RichardTrottier Arena in Fabreville, Parti Laval councillors Louise Lortie and Martin Vaillancourt say the Boyer administration and senior city officials ran a consultation that was not fair or open. They argue the process went against what residents wanted and against a unanimous council resolution passed last May. "What we asked for was a real chance for residents to speak about the future of the site — not a process where the decision was already made," said Lortie, interim leader of Parti Laval. "On Tuesday night, many residents came to say they want an arena to stay on the site, but the City was only there to talk about a park. That is unacceptable, and the approach must change."

A consultation with a fixed outcome

According to Parti Laval, Tuesday's meeting did not allow a real discussion about all possible options for the arena. The consultation was supposed to follow Vaillancourt's proposal to let residents comment "on all possible options that could meet the neighbourhood's needs for local infrastructure."

More than 80 people attended the meeting,

and many reacted strongly. Several left early, frustrated by the limited choices presented.

"A real consultation does not start with one conclusion and then ask people what kind of park they want," Vaillancourt said. "Many felt that not all options were truly available. In this case, the Boyer administration respected neither citizen input nor the unanimous council resolution."

Parti Laval wants a new approach

Lortie and Vaillancourt say many residents who spoke at the meeting asked to keep the arena — or at least to seriously study that option before making a final decision. The two councillors have sent a letter to the City expressing their dissatisfaction and asking for a change in direction. They want the comments from the meeting to be fully considered and the possibility of keeping the arena to be taken seriously.

"At some point, a choice has to be made. Many old arenas have been renovated — yes, it costs money, but it's a political decision," Lortie said. "Fabreville residents are asking us to keep their arena. When people speak up and clearly say what they want, our job is to listen and act."

If you want, I can also create an even shorter version, a punchier news brief, or a more formal pressrelease style.



Louise Lortie, Marc-Aurèle-Fortin district.



Martin Vaillancourt, Fabreville-Sud district.

Fabreville
(Panier du fermier)
3151-B Boul. Dagenais Ouest H7P 1T8

Duvernay
(Action Sport Physio)
4731 Boul Lévesque E
Suite 201, H7C 1M9
Chomedey / Sainte-Dorothée

(Action Sport Physio)
2316 rue Desserte Ouest,
A. Chomedey, H7X 4G8

St-François / Duvernay-Est
(Marché Misti Perou)
8076 Boul Lévesque E
H7A 3K9

LPD arrests suspect after fake money used for Marketplace purchase

The Laval Police say investigators with the force's general crimes division recently arrested an individual in connection with a case involving the use of counterfeit currency.

Evidence gathered during the investigation indicates that the suspect's scheme was well-established, raising concerns that others may have fallen victim to similar schemes.

LPD investigators are seeking to contact anyone who has been approached or conducted a transaction with the suspect.

According to the LPD, on May 30, a victim posted an advertisement on the Facebook Marketplace platform for the sale of an iPhone 15 Pro Max.

A few days later, someone named Selena who was using a Facebook account contacted the victim to negotiate a price. An agreement was reached, and exchanges continued via text messages.

During a meeting to finalize the transaction, the suspect allegedly handed over nine \$100

bills as payment. When the victim attempted to deposit the money at the bank, the teller refused the bills, which turned out to be counterfeit.

The suspect, identified by the LPD as Will Alexandre Vixamar, 19, faces the following charges: fraud under \$5,000, circulation of counterfeit currency, production of counterfeit currency, breach of a release order and breach of probation.

As of last Monday, he remained in custody following a court appearance and his case will return to the Court of Quebec on September 25.

The LPD says its investigators are actively working on cases involving counterfeit currency, while an increase in complaints related to this type of crime has been observed in Laval.

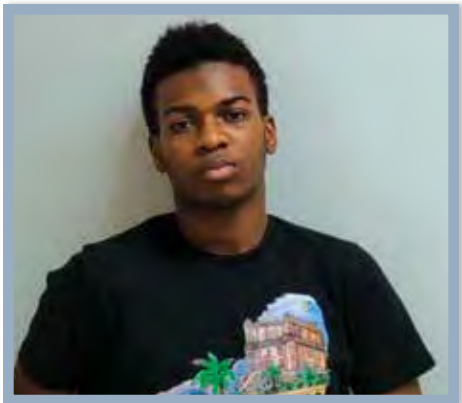
To better protect the public, the LPD says it wishes to remind residents of some essential information and tips for recognizing counterfeit bills.

- **Serial Number:** Each bill must have its own unique serial number. Make sure there are

no duplicate numbers. (In the case of bills reported by Laval residents, some had serial numbers from the series: GJR6710019 and GJR6710018).

- **Transparent Strip:** Examine the transparent strip of the bill. Tiny numbers corresponding to the bill's value should be visible.
- **Portrait on the Transparent Strip:** The portrait visible on the transparent strip must match the main portrait on the ticket.
- **Small Numbers in the Maple Leaf:** Using a bright light, look for small numbers hidden within the transparent maple leaf.
- **Metallic Portrait:** Make sure the metallic portrait changes color depending on the angle of the light.
- **Ink Texture:** Run your finger over the main portrait to feel the texture of the embossed ink.

It should be remembered that you are not obliged to accept paper currency if you have any doubts about its authenticity. Feel free to ask



for another bill or choose a different payment method.

The Laval Police say they would also like to remind residents that a secure area is available to ensure the safety of transactions. This area is located at the LPD's Investigations Centre, 2911 Chomedey Boulevard.

Anyone who has been a victim of the suspect or who has information to share regarding this type of incident is asked to contact the LPD confidentially on the Info-Police line at 450-662-INFO (4636) or by calling 911. The case number is LVL260601-065.

SSIL extinguishes blaze at Espace Montmorency

A fire that appears to have spontaneously broken out on September 10 on a construction site at Espace Montmorency in Laval's downtown sector is believed to have started in a large quantity of cardboard boxes destined for recycling.

The Laval Fire Department (SSIL) identified a

mechanical or electrical malfunction as the cause of the fire, which occurred late in the afternoon on Jacques-Tétreault Street near the Urbania condos.

At 4:52 p.m., 911 was notified, and firefighters arriving on the scene saw thick black smoke

billowing from the roof of the garage of a multi-story residential building under construction.

The blaze was declared extinguished around 6 pm.



Recent fires in Laval

SEPTEMBER 19 | 1:54 AM // Building fire on Notre-Dame Boulevard in the Chomedey sector. Residential building. Smoke visible from the 2nd floor. Code 10-09, full response, potential for escalation. File forwarded to the police for investigation of possible arson.

SEPTEMBER 18 | 9:10 PM (*image below*) // Building fire on Mirelle Street in the Saint-François sector. Residential building. Fire contained to the basement. Smoke visible. Code 10-09, full response. There was potential for escalation.



SÉCURITÉ

SPARTAN

SECURITY

25 years at your service!

(514) 289-8585

ALARM SYSTEM INSTALLATION

+ 12 MONTHS MONITORING!

A COMPANY YOU CAN TRUST

- Burglar
- Fire
- Cameras
- Intercoms

24 HOUR MONITORING



Kids' corner



MATCH GAME

ADD UP ALL THE MATCHING IMAGES



= _____

= _____

= _____

= _____

= _____

= _____

ANSWERS: 9, 7, 7, 3, 7, 6

BEST CHILDREN'S PARTIES IN LAVAL

We bring the party to you!

**FUN
2DO.**



Reserve
today and
enquire the various
entertaining and
creative parties
we organise.

www.fun2do.ca

514-506-4430

@fun2do.ca





DIRECT ANSWERS

FROM WAYNE & TAMARA

HEAD GAMES

Q I have a coworker I've been friendly with for several years. About three months ago she started being too busy to have lunch together. I asked her once whether anything was wrong and whether I offended her in some way. She assured me nothing was amiss and she considers me a friend at work.

But in the past month she stopped speaking to me unless absolutely necessary. No more sailing into my office, flopping onto a chair, and asking, *How is life?* No more talking about her work stuff and home stuff. No more good morning or good night, even when she is leaving the office next door to mine and always used to pop her head in.

Once she went so far as to look through me to say good morning to someone else. Another time she was in the conference room having arrived first for a meeting. I arrived second, and she kept her head down as if very busy until a third person arrived, then said hello to both of us.

There have been hundreds of instances of not seeming to hear me when I say a normal pleasant greeting to her in her office or in the hallway. I feel hurt and disturbed as I wonder if I'm being accused of something I didn't do, or if I put my foot in my mouth in a way that never struck me as offensive.

I feel it would be useless to ask again if something is wrong. I think my real question is, how can I make myself tougher so a thing like this doesn't occupy my mind and bring me close to tears a few times every day? Are there steps a person can take to grow a tougher skin?

Alexia

A Alexia, Wayne once asked a 60-ish friend why he was always in such high spirits. This friend explained that as a young man he worried incessantly. He worried over tests, dates, and whether he would ever find a job. Then in his late teens he had an epiphany. Worry accomplishes

nothing.

What you need is not so much a tougher skin as to stop worrying over things beyond your control. You asked if there was a problem and she denied it. You've done all you can. For some reason, the friendly woman with an office next door moved away and a person with whom you have little in common and no rapport moved in. That's curious, but it's not a reason for worry.

In the personal space between her ears something is going on. You are likely never to know what. Wayne once smiled at a friend on a street corner and was baffled when a woman he didn't know and hadn't noticed crossed the street to ask why he was laughing at her. Say what?

People do all manner of strange things. People tell tales, create hoopla, and use passive aggression. They also show extraordinary kindness and care. Good people torture themselves asking why, why, why. But the answer is often as simple as displaced emotion. This woman may be a little like the serial killer who wants to kill his mother but kills other women instead.

Not everything in life carries the same weight. Your family carries a certain weight, your partner a certain weight, your house a certain weight, and your neighbors a certain weight. Your job carries a certain weight. You are giving her too much weight. Your purpose at work is work.

Treat this woman with the normal corporate politeness used in the workplace. Treat her professionally, clinically, and distantly. When you walk into a room and she is there, ignore her, but with a third person present act normally.

It always helps to ask ourselves, what is my purpose in life? Then let your life proceed from your purpose and not from the oddities and quirks of others.

Tamara

WAYNE & TAMARA MITCHELL are the authors of *YOUR OTHER HALF* (www.yourotherhalf.com)
Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964
or email: GetInTouch@WayneAndTamara.com
WAYNEANDTAMARA.COM

CLASSIFIEDS • NOTICES • JOBS

THE LAVAL
news

THE NORTH SHORE
News

Nouvelles
PARC-EXTENSION
News

Call 450 978.9999

Payment:   



Your message
travels farther with us.

ADVERTISE WITH US.

THE LAVAL
news
450-978-9999



JOB OPPORTUNITY

AU VIEUX DULUTH LAVAL RESTAURANT MANAGER FULL TIME 1755 INDUSTRIAL BLVD. LAVAL QC CALL VICKY; 450 663 1165	ALIMENTS GOURMETS MEDOR WAREHOUSE CENTRAL KITCHEN HELPER FULL TIME 815 BOUL. ST MARTIN O. LAVAL QC CALL JOHN; 450 663 1165
---	---

auvieuxduluth.com | info@auvieuxduluth.com

WE BUY GOLD AND DIAMONDS

- For over 38 years -

450-681-1363



Before selling elsewhere, come see us!

Mon. to Wed. - 10am to 5:30pm
Thurs. and Fri. - 10am to 7:00pm
Saturday - Closed
Sunday - Closed

achatorlaval.ca

Same address since 1989
1799, boul. Curé-Labelle,
Chomedey (North of St-Martin)






Things to do



UPCOMING

Looking for something to do? Here are some upcoming events happening in the Laval area.

LINE DANCING NIGHT <i>Culture</i>  October 3 Ferme Marineau 4356 Dagenais Blvd. West, H7R 1L5 Gather your family and friends, put on your boots, and let yourself be swept away by the rustic atmosphere in the heart of the countryside. Check out the schedule to see what activities are offered, and get your tickets now! fermemarineau.com	STEVE LACY <i>Concert</i>  October 6 Place Bell 1950 Claude-Gagné Street, H7N 0E4 For the first time at Place Bell, singer-songwriter Steve Lacy presents his "Oh Yeah? Tour." Don't miss this unique opportunity to discover his new album and enjoy a memorable evening. ticketmaster.ca	NO STRESS STUDIO <i>Culture</i>  Until October 7 Armand-Frappier Health Museum 2150 A. des Laurentides, H7T 3B7 Explore the science of mental well-being through the "Studio pas de stress" exhibition, developed by the Montreal Science Center. Through a series of hands-on activities, discover how breathing, laughter, movement, creativity, and social connections can help manage stress. This exhibition offers a deeper understanding of how the body reacts to stress and provides practical tools for taking care of yourself in your daily life. museefrappier.org	FALL FESTIVAL <i>Festivities</i>  October 12 Réseau Canopée 705 18th Avenue, H7R 5G4 To mark Thanksgiving, Canopée and its partners invite you to celebrate fall with activities designed to express gratitude for nature. This year, the fall festival will be centered around the arts and will transform the Bois de la Source into a true open-air stage. reseaucanopee.org
--	---	---	---



FALL BAZAAR

FRIDAY, SEPTEMBER 25
1:00 PM TO 7:00 PM
SATURDAY, SEPTEMBER 26
9:00 AM TO 3:00 PM

HOLY NAME OF JESUS CHURCH
899 CHOMEDEY BLVD. LAVAL
450-388-3887

MANY ITEMS FOR SALE:

ELECTRONICS	LINENS	SHOES
CLOTHES	JEWELRY	PURSES
	ETC	

RAFFLE TICKETS ON SALE FOR MANY PRIZES TO BE WON
1 TICKET \$1.00 OR 6 TICKETS FOR \$5.00

HOROSCOPE

Week of **SEPTEMBER 27 TO OCTOBER 3, 2026**

The luckiest signs this week:
CANCER, LEO AND VIRGO



ARIES

You'll take on a new activity with the clear goal of reaching the podium. Your determination is impressive, and your competitive spirit is reawakening. The applause will confirm that you've made a significant impact.



TAURUS

If fatigue is building up, take a hard look at your lifestyle. With a new routine, stimulating outings and a balanced diet, you'll gradually regain vitality. Your body responds well to even the smallest adjustments.



GEMINI

Stress can transform into energy if it's properly channeled. By organizing your schedule and managing priorities more effectively, you'll turn pressure into a remarkable performance. You'll juggle work, personal life and ambitious projects with skill.



CANCER

Everything is clicking into place for a major turning point. Prepare for a launch, a promotion or new responsibilities. You'll discover talents you never fully tapped into before. This new perspective expands your capacity to take action and increases your confidence.



LEO

Travel plans are taking shape, although they're still out on the distant horizon. Passport, documents, vaccinations, reservations: the more you prepare, the greater your peace of mind. This preparation is already fueling your excitement and preventing last-minute oversights.



VIRGO

An injustice immediately awakens your sense of duty and your need to restore balance. You step in as a mediator, propose concrete solutions and give a voice to those who are rarely heard. Your intervention truly helps restore harmony.



LIBRA

Faced with a conflict, your first reaction might be firm, even harsh, but a more diplomatic approach will be more effective. By combining tact, empathy and a sense of justice, you'll manage to resolve a complex situation.



SCORPIO

You'll invest impressive energy into reaching an agreement, signing a contract or finalizing a transaction. Your nights may be disrupted by doubts, but your perseverance makes all the difference.



SAGITTARIUS

A leadership position may come your way. Before accepting, consider the emotional burden and stress the role may entail. With cautious deliberation, you'll protect your health while fulfilling your ambitions.



CAPRICORN

A new, healthier lifestyle is taking shape, combining a balanced diet with regular physical exercise. The results will soon be visible. Pride, confidence and a restored sense of control will strengthen your determination.



AQUARIUS

You dare to say out loud what many think quietly. However, some comments may sting if your delivery is too blunt. By softening your words, you'll remain authentic while respecting others' feelings.



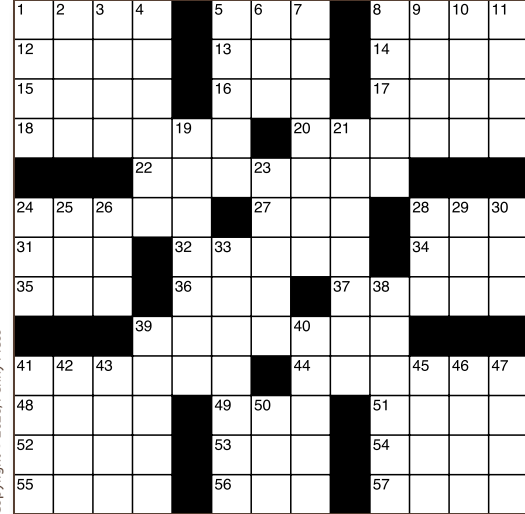
PISCES

A period of monetary stress requires you to review your accounts thoroughly. By checking bills, subscriptions or automated payments, you may uncover an error or an overpayment. This discovery will ease your anxiety and help rebalance your budget.

Coffee Break

CROSSWORD

GRID N° 312



Copyright © 2026, Penny Press

ACROSS

- Nest sound
- Luxury spot
- Small insects
- Farmer's measure
- Crony
- Painfully tender
- Blacken
- Circle section
- Perceived
- Threw
- Breakfast order
- Not repeated: hyph.
- Identical pairs
- Freight unit
- Taper off
- "Some Like It ____"
- Manicurist's concern
- Caribbean, e.g.
- No's opposite
- Summer fruit drink

DOWN

- Agreement
- Mountain feedback
- Geologic periods
- Human
- Digging tool
- Standard
- Spirits
- Credit
- "The First ____"
- Peevish
- Thrive
- Cozier
- Sports venues
- Final word in prayer
- Clear profit
- Stable youth
- Heat outlet
- Nibble
- Ballet skirt
- Discontinues
- Lacking water
- Highbrow
- Poplar or pine
- Released
- Trap
- Horror-film creature
- Pigs' place
- "Love ____ Neighbor"
- Sorrow
- That thing's
- Racetrack feature
- Gambling stake
- Green ____
- Packers
- Embellished
- Builds
- Pub servings
- Peppermint ____
- Own
- Bird of ill ____
- Set right
- Name word
- Singing voice
- Ticket remainder
- Pitcher handle

Sudoku

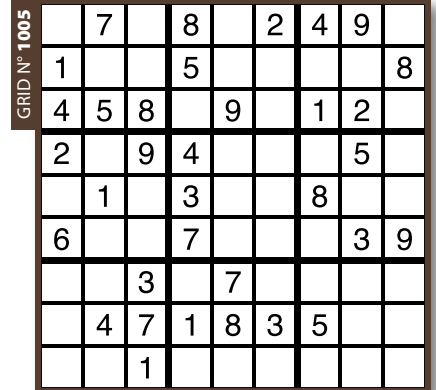
HOW TO PLAY

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

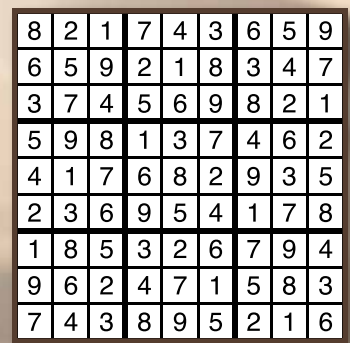
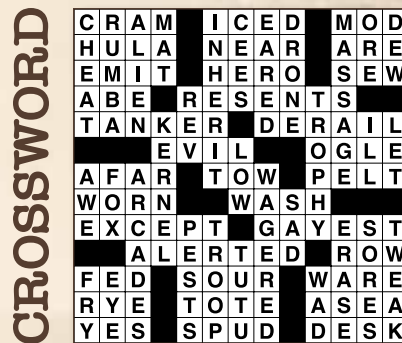
Each 3x3 box is outlined with a darker line.

You already have a few numbers to get you started.

Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.



LAST ISSUE'S ANSWERS



WE REPLACE YOUR BROKEN DRAIN

FOR A NEW ONE AND SEAL DRIVEWAY



BEFORE

AFTER



Scellant Propre

Call Natale for a
FREE ESTIMATE
(514) 777-3774

We repair:

- Cracks
- Edges of garage entrances and foundations
- Replacement of drains
- Free Drain Camera Test



BEFORE

BEFORE

DRAIN CAMERA TEST



AFTER

AFTER

38.2.11

10:18:25 AM 02/10/2024



NEW, AFFORDABLE and yours

\$**0**
DOWN



SAMSUNG Galaxy S26

Conditions apply¹.

DON'T MISS OUT

Visit **mobifone.ca**
to see all current offers

Place Forest
10539, Pie-IX Blvd.
514 325-7100

Decarie Square
6900 Decarie, Unit K001
514 739-6838

**436, Jean-Talon St West
du Parc Metro**
514 272-2355

**680, Jarry St East
Jarry Metro**
514 490-0099

MONTREAL

Complexe Desjardins
175, René-Lévesque Blvd. West
Place-des-Arts Metro
514 669-1880

**Place du Quartier
(Chinatown)**
1111, St-Urbain St
Place-des-Arts Metro
514 667-0077

Place Alexis Nihon
1500, Atwater Av.
Atwater Metro
514 939-5552

4257 Boul. St-Laurent
Mont-Royal Metro
514 439-9934

Place Viau
7600, Viau Blvd.
514 376-6667

SOUTH SHORE

Valleyfield Centre
50 Dufferin, Unit 1200
Valleyfield
450 373-0519

Châteauguay Regional Centre
200 d'Anjou Blvd.,
Châteauguay
450 692-7769

NORTH SHORE

Galleries Terrebonne
1185, Moody Blvd.
Terrebonne
450 964-8403

LANAUDIERE

Galleries Joliette
1075 Firestone Blvd.
Joliette
450 760-3000

OUTAOUAIS

Les Galeries de Hull
320, St-Joseph Blvd.
Hull
819 205-1390



**EXCLUSIVE
DEALER** **fido**

Offer subject to change without notice. *For rep-assisted device purchases (including in-store, and over the phone, and in live chat), a Device Setup Charge of \$40 applies to setup your device. Taxes extra. 1. 0% Annual Percentage Rate (APR) on approved credit with a Fido Payment Program Agreement (FPPA) and an eligible Fido mobile plan. A larger down payment may be required based on our evaluation of your credit. FPPA based on full price less any down payment plus taxes (excluding promo credits, if applicable, which are applied monthly on your bill for as long as your FPPA and an eligible mobile plan are in place). Any down payment plus taxes is due in full upon purchase. If your FPPA is terminated or your mobile plan is cancelled, the outstanding Fido Payment Program balance becomes due, subject to any applicable adjustments to reduce your balance, and the promo credit (if applicable) will end. If you downgrade to a lower-tier plan during the financing term, promo credits will end if applicable. TMFido related names & logos are trademarks used under licence. ©2026 Fido