

E LAV

Laval's English Paper, Since 1993

David DE COTIS Saint-Bruno district 514 467.1712 d.decotis@laval.ca www.laval.ca LAVAL **SERVING** our citizens!

<u> Mewsfirst</u>

September 11, 2024 450-978-9999 www.lavalnews.ca

editor@newsfirst.ca 120,000 readers



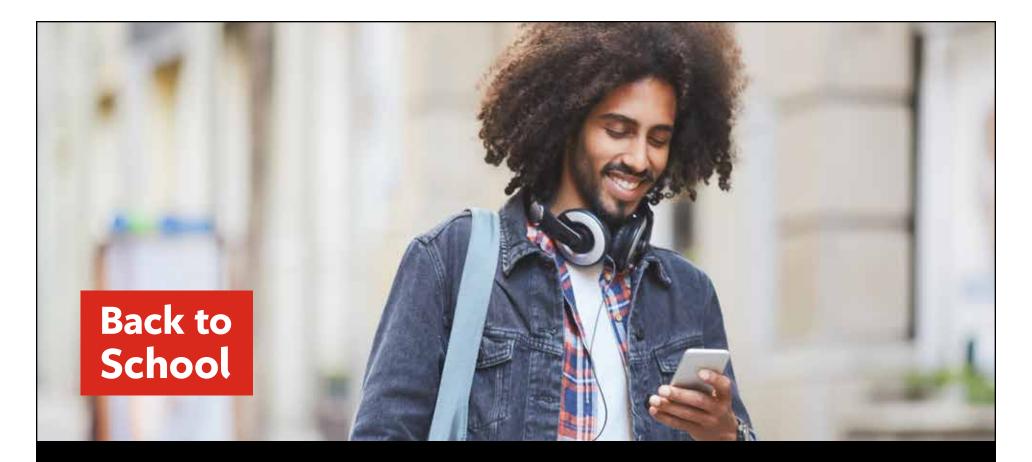




Vimy Liberal MP Annie Koutrakis, left, helped cook and serve hotdogs during her annual summer BBQ event in Bernard Landry Park in Laval-des-Rapides on Sunday Sept. 1. (Photo: Martin C. Barry, Laval News)







Join the lecture from anywhere.

Switch to Canada's largest and most reliable 5G network.

Get 5G Mobile plans

for as low as

\$35/mo

after Auto-Pay Discount when you bring your own phone and when paired with a Home service.



Visit planetemobile.ca to see all current offers

MONTREAL

2100, Marcel-Laurin Blvd. Ville St-Laurent | 514-856-1884

9012, l'Acadie Blvd. 514-387-9999

Place Alexis-Nihon 1500, Atwater St | 514-939-5552

Complexe Desjardins 175 René-Lévesque Blvd. West | 514-669-1880

7600 Boul Viau, Unit 331 (514) 376-6667

NORTH SHORE

Centre Laval 1600, boul. Le Corbusier | 450-978-1081

Galeries Terrebonne 1185, boul. Moody | 450-964-8403

SOUTH SHORE

Chateauguay Regional Centre 200, d'Anjou Blvd. | 450-692-5136

Centre Valleyfield 50, Dufferin | 450-373-0519

LANAUDIERE

Galeries Joliette 1075 Firestone Blvd. Joliette | 450-760-3000

OUTAOUAIS

Les Galeries de Hull 320, St-Joseph blvd | 819-205-1390



Offer available for a limited time where access permits. Subject to change without notice. Taxes extra. 5G Mobile plan 75GB includes \$10/mo. discount and Infinite Essential and Premium plans include \$25/mo. discount as long as you keep Home service. Additional \$5/mo. Auto-Pay Discount applies (must be set up on account). \$70 Setup Service Fee applies to setup device and related services (waived through self-serve on rogers.com). Rogers & Design and related brand names and logos are trademarks of Rogers Communications Inc. or an affiliate used under license. © 2024 Rogers Communications.

Visit of the Honourable Soraya Martinez Ferrada and announcement of a major contribution to Tourisme Laval

(NEWSFIRST) - On Thursday August 29, Tourisme Laval had the privilege of welcoming the Honourable Soraya Martinez Ferrada, Minister of Tourism and Minister responsible for Canada Economic Development for Quebec Regions (CED), accompanied by her Parliamentary Secretary, Annie Koutrakis, Member of Parliament for Vimy. During this visit, the Minister announced a non-repayable contribution of \$520,000 from CED to Tourisme Laval to promote tourism development in markets outside Quebec.

"The Government of Canada is committed to supporting the tourism industry, which, as we recall, has been hard hit by the pandemic, while it plays a key role in strengthening the competitiveness and attractiveness of Quebec and Canada. Tourisme Laval highlights all that the region has to offer tourists, and it does it well! The investment announced today demonstrates our commitment to Laval's tourism businesses and will help attract even more people from abroad to our region." We can be proud of all that our regions have to offer! "said the Honourable Soraya Martinez Ferrada, Member of Parliament for Hochelaga, Minister of Tourism and Minister responsible for CED.

Annie Koutrakis, Member of Parliament for Vimy and Parliamentary Secretary to the Minister of Tourism and Minister responsible for CED, noted that "Tourisme Laval spearheads efforts to attract and retain tourists from outside Quebec. Its team, consisting of a vast network with solid expertise in guiding tourism businesses, knows how to face increasing

competition to position Laval as a destination of choice for visitors from Canada, the U.S. and abroad. CED's support will make it possible to boost this important component of Laval's economy!"

The confidence that the Government of Canada has placed in Tourisme Laval is a testament to the importance of the organization in the economic vitality of the destination. "Thanks to this funding, the organization will be able to promote ethical and innovative tourism, which is essential to the sustainable growth of the region, and market Laval on foreign markets," said Yanick Pazzi, Chairman of the Board of Directors of Tourisme Laval. This strategic partnership will facilitate the structuring and modernization of the tourism offer, in perfect harmony with government priorities.

"We are pleased to receive this significant support from the Government of Canada. This fund will allow us to strengthen the destination's position in international markets, while stimulating the region's economic ecosystem." We are also very proud to be able to showcase the different faces of Laval on the Canadian and international scene, including its accommodations and renowned attractions, which make us proud," said Christine Métayer, President and CEO of Tourisme Laval."

Committed to sustainable development and responsible tourism, Tourisme Laval is committed to using these funds optimally to develop the destination in an innovative way and to promote avant-garde tourism that will leave a beautiful legacy for future generations.



From left to right: Guylaine Archambault, Executive Director of the Armand-Frappier Health Museum; The Honourable Soraya Martinez Ferrada, Member of Parliament for Hochelaga, Minister of Tourism and Minister responsible for CED; Christine Métayer, President and CEO of Tourisme Laval; Annie Koutrakis, Member of Parliament for Vimy, Parliamentary Secretary to the Minister of Tourism and Minister responsible for CED; Stéphanie Girard Beaudry, Executive Director of the Cosmodôme, Vice-President and member of the Executive Committee of the Board of Directors of Tourisme Laval.



MNA Sona Lakhoyan Olivier always present for her community

Donation of school bags to primary schools in Chomedey to promote integration, academic success and fight against children's poverty

(NEWSFIRST) - In this back-to-school period, it is essential that all children in Chomedey schools have the necessary resources for their success and academic development.

Like last year, Chomedey's representative, Sona Lakhoyan Olivier, worked with the *Néz pour vivre Foundation* to provide school bags to students in need.

Francine Laplante from the Néz pour vivre Foundation launched the project "The Star Godmother" to help students in difficulty through various actions.

Sona Lakhoyan Olivier generously contributed to the progress of this cause by allowing seven schools in Chomedey to receive a total of 200 bags, valued at \$10,000, which will be given to children in need.



Get the 2024 Kicks SV for

* 69 * / week for 24 months.

HIGREGOIRE
NISSAN
— CHOMEDEY —

833-780-0668 chomedeynissan.com

Offers available from September 4, 2024 to September 30, 2024. Payments cannot be made on a weekly basis, for advertising purposes only. *Representative monthly lease offer based on a new 2024 Kicks SV at 2.99% APR for 24 months equals monthly payments of \$299 with \$995 down payment, and \$0 security deposit. Lease based on a maximum of 16,000 km/year with excess charged at \$0.10/km. Total lease obligation is \$8,171.

3860, boul. Notre-Dame, # 304, Laval, QC H7V 1S1

Tel: 450-978-9999 • Fax: 450-687-6330 E-mail: editor@the-news.ca

www.lavalnews.ca

Distributed in Chomedey, Ste-Dorothée, Fabreville, Laval-sur-le-Lac & Val des Brises H7W+H7T-H7V-H7S-H7X H7Y+H7P+H7R-H7E

Publishers:

George Bakoyannis George S. Guzmas

General Director:

George Bakoyannis

VP Sales & Marketing:

George S. Guzmas sales@newsfirst.ca

Graphic Design:

Lareine Zakhour Elena Molter Thomas Bakoyannis

Advertising:

Jean Paul Chamberland

Editorial Staff:

Martin C. Barry Renata Isopo Maria Diamantis Savas Fortis James Ryan

Deadline for commercial advertising by Friday at 3 p.m.
Deadline for classified advertising by Friday at 3 p.m.
ISSN number: 1923-0605
Annual subscription: \$89.95 • Per copy: \$1

The views, opinions and positions expressed by columnists and contributors are the author's alone. They do not inherently or expressly reflect the views, opinions and/or positions of our publication

Layout: Media Trek **Distribution:** TC. Transcontinental/

DIFFUMAG

Printing: TC. TRANSCONTINENTAL







Quebec Community Newspapers Association & Canadian Community Newspapers Association

National Representation:



Publishers' Liability for Error: The publishers shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The publishers' liability for other errors or omissions in connection with any advertisement is strictly limited to publication of the advertisement in any subsequent issues or the refund of any monies paid for the advertisement. Articles published reflect writers' opinions, but not necessarily the opinion of

Entire Contents Copyright 2024

OPINION & Editorial



The Canadian Dream is fading fast for Gen-Zers

Canada is failing Gen-Z: Feeling betrayed, they're looking elsewhere for opportunity

If you plan on being a winner, should you stay in Canada?

This is a genuine question for all my fellow Gen-Zers.

And the sad truth is we're starting to believe the answer is no. If you want to be a winner – someone who bets big, takes risks, and reaps the reward – Canada is looking less and less like the place to be.

Ottawa's decision to raise the capital gains tax inclusion rate to 66.7 percent is bad news for all current and budding entrepreneurs. In fact, it's bad news for anyone who aspires to a higher standard of living.

This announcement came amid a mudslide of alarming economic metrics. The Trudeau government has presided over abysmal growth numbers, weak investment, and, most importantly, sluggish productivity.

In March, the deputy governor of the Bank of Canada, Carolyn Rogers, declared a "productivity emergency," noting that "Canada has seen no productivity growth in recent years."

Productivity is profit. For a worker, it's the value they create. It is the main driver of economic growth.

A Canadian worker produces US\$53.30 per hour, while an American worker produces US\$72.10. Lower hourly productivity results in lower wages for workers. If we closed this

gap with our southern neighbours, a Canadian working full-time would raise their living standards by \$31,584 annually.

The problem is that Canada is not attracting the private investment that its workers need, which includes cutting-edge technology and machinery.

In 2018, private investment was only \$17,389 per Canadian worker, compared to \$27,307 per American worker.

Much of this is the result of government policies that scare investment away. Overall business investment has dropped 7.3 percent since 2014. Trudeau's tax increase risks slowing productivity growth even further.

Instead, we desperately need policies that create a "more friendly business environment," to quote Rogers. What we need are tax breaks to encourage investment.

At present, young Canadians wanting to create start-ups likely can't find the venture capital to do so.

We ought to take this personally. Thanks to our government's poorly designed policy, we lack access to the tools we need to succeed. Investors don't think we're worth the risk.

And it's not for lack of trying! Canadians are among the best educated in the G7. In 2019, 73 percent of Canadians aged 25 to 34 had a postsecondary degree. But despite an

educated workforce, we still struggle to attract investment. Canadians rank second to last in the G7 in terms of productivity per hour worked.

Less productivity translates into a lower standard of living. Canadian GDP per capita is back down to 2014 levels; this means that, when considering inflation, Canadians are no better off than they were a decade ago.

Not to mention that if you do make a good living, Canada's progressive income tax system will ensure you hardly notice. Marginal tax rates in all Canadian provinces are higher than those in every American state.

The result is a generation forced to delay many of life's big moments. Statistics Canada reported that in 2022, 38 percent of Canadians aged 20 to 29 could not see themselves being able to afford to have a child in the next three years. Many young non-homeowners have given up on the prospect of ever owning a home.

Without urgent action, Canada is projected to have the worst growth over the next few decades among 38 advanced economies.

As a growing voting bloc, if we young Canadians don't prioritize policies that attract the investment needed to be competitive, we will have two choices: resign ourselves to a quality of life worse than our parents or pack up and head for greener pastures.

Samantha Dagre

ANGRY? FRUSTRATED? ANNOYED?



Send a letter to the editor and get your opinion heard loud and clear.

editor@newsfirst.ca



BIG PLAN ON CAMPUS.

50GB for \$34/mo.

4G Prepaid plan includes calling to Canada & U.S.²

Need internet at home or on the go?



Rogers 5G Internet

for onl

\$55/mo2

/mo² Includes 5G Home Internet device, Available at select chatr locations.

Plug & Play. Risk free, try for 30 days.



- Laval & North Shore Carrefour Laval & Centre Laval.
- Greater Montreal Alexis Nihon, Carrefour Angrignon, Carrefour de la Pointe, Centre commercial Forest, Centre Commercial Village Montpellier, Centre Rockland, Fairview Pointe Claire, Mail Champlain, Place Bourassa, Place Longueuil, Plateau Mont-Royal, YUL airport.
- Head Office 12053 Laurentien Blvd, Montreal.
- 📞 (438) 992 2002



Tropical Storm Debby recovery continues in Laval

During the last few days of August, City of Laval work crews were wrapping up the last of a series of coordinated trash and waste pickups on streets throughout the city, after the devastating floods that washed through several neighbourhoods of Laval on Aug. 9.

Over the previous three weeks, a coordinated effort by several key municipal departments focused on the massive task, with assistance from a few contracted outside service providers.

According to the city, more than 25,000 hours of work went into the cleanup, and city teams were resuming their day-to-day operations, as students in schools across Laval were adjusting to back-to-school routines and settling down

"Planning and coordination efforts as well as the exceptional mobilization of several hundred people made it possible to conduct this never-before-seen cleanup operation on Laval's soil," said Patrick Taillefer, director of the Laval Fire Dept. and principal coordinator for emergency measures.

"For every residence affected, our teams had to pick up the equivalent of nearly a year's worth of trash," he added. "They managed to do it with success, after a second and then a final sweep over all the territory."

"Since August 12, the City of Laval's teams worked incessantly to support our community," said Mayor Stéphane Boyer.

"This cleanup operation, which quickly became our absolute priority, showed one more time the solidarity and resilience of all the people in Laval. Thanks to the commitment of our staff and the collaboration of everyone concerned, we were able to surmount this challenge together and reestablish order in our neighbourhoods to the best of our abilities."

Just what was done

- Work crews passed twice on all Laval's territory, for a total of 2,900 streets
- 15,363 addresses visited
- More than 8,000 tons of debris gathered 4,170 10-wheel truck trips
- 12.455 visits to the écocentres

- Around 1,000 tons of debris dumped
- More than 25,000 hours of work
- Estimated cost \$4 million

Other options still available

Laval's écocentres continue to be an excellent option for those still needing to rid themselves of trash and debris left from the flooding. Because of the exceptional nature of the situation, the city is allowing a much greater volume of materials per resident to be accepted.

They are also reminding residents who were impacted that some insurance policies include rental charges for steel containers to gather debris and its pickup by a specialized

Laval to launch new housing development in downtown core

Media from Laval and throughout the Montreal region were invited on Tuesday to be on hand for a major announcement by the City of Laval regarding a new housing development in the downtown core in conjunction with a collaborative agreement aimed at building a

significant amount of new housing.

Officials who were on hand for the announcement included Laval mayor Stéphane Boyer, Sainte-Rose MNA Christopher Skeete who is the Minister Responsible for Laval in the Legault cabinet, and senior representatives of

the Carré Laval project in Laval and the Société de développement Angus in Montreal.

According to a statement issued by the City of Laval, the new housing project in Laval would focus on innovation, economic development as well as an emphasis on social and economic

integration.

the city said the project would reflect Laval's wanting to harmonize urban development with the preservation of its green spaces. *The Laval News* will have full coverage on the new housing development in its next issue.



DROP ME OFF, SAFE AND SOUND.

At back to school time



Giant mural completed at Chomedey high-rise



On Aug. 29, representatives of the City of Laval were on hand for the official unveiling of a large mural created over two exterior walls on a highrise building at the corner of Saint-Martin and Daniel Johnson boulevards in Chomedey.

The work, titled Inner Child Healing, was created by multidisciplinary artist Jacquie Comrie, on the outside of the 14-storey Tours Saint-Martin.

"Adding to the City of Laval's already impressive collection of public art, this impressionist and brilliant work will be embellishing the sector to make it even more lively, while at the same time adding to the experiences of those using the sector," said Laval city councillor for Sainte-Rose Flavia Alexandra Novac, who is responsible for cultural dossiers on city council.

"The building's architecture was perfectly suited for such a large project in an area where its visibility over a wide and well-trafficked area will ensure it is seen by a maximum of passersby," she added. The artist who created the work explained how she went about it. "In my artistic efforts, I use color as a tool for social transformation in order to create a positive impact and beneficial effects on mental health," Comrie said.

"Color is a universal language for transmitting emotions, in addition to being a powerful tool to embellish spaces. It has healing properties and also the capacity to influence our thoughts, our behaviors and our well-being."

The mural was created with the assistance of MU, an organization that has been behind the creation of many other exterior murals in the Montreal region since 2007. The City of Laval undertook to sponsor the mural as part of an existing cultural policy to promote public art in open outdoor spaces in strategic locations.

Around 60 other murals and other works of art are part of a growing collection on Laval's territory. They can be found on many municipal buildings including libraries, sports and community centres, as well as in green spaces and public parks.

Marius-Barbeau library branch in Saint-François moves

Since Sept. 7, the City of Laval library network's Marius-Barbeau branch in Saint-François has been closed while a move is undertaken to a new location at the Espace citoyen des Confluents (ECC) at 1000 Marie-Uguay St.

According to Laval city councillor Flavia Alexandra Novac, in charge of library services on city council, the new locale will give the branch more space and convenience for its users who are mostly in Duvernay-Est and Saint-Francois.

"They will have access to a collection of more than 55,000 documents, several new pieces of digital equipment, a terrace, a reading room, a special section especially set aside for teenagers, meeting rooms and much more," said Novac.

"This will be a place very simply that is exceptional where you will be able to find places for gatherings, exchanges and for culture, which is sure to become an important focal point for the community," she added.

Until Nov. 2 when the ECC is schedule to



open, library users from the area are invited to use the Germaine-Guèvremont library branch located at 2900 boulevard de la Concorde Est in Duvernay, or any of the eight other Laval public library branches.

At the same time, library users are reminded that many of the City of Laval's services are not available online, making it unnecessary to go in person to a library branch. For example, books and documents can be reserved online, while other resources can be consulted directly in databases of information. Book and document loans can also be renewed online.





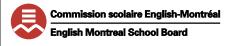






REGISTER TODAY **514-381-5440**

PIUSCENTRE.COM 9955, Papineau Ave., Montreal, QC H2B 1Z9











Hundreds attend Vimy Liberal MP Annie Koutrakis' summer BBQ

'It's a way for us to thank our citizens while just having a great time'

Local Journalism Initiative Reporter for The Laval News marty@newsfirst.ca

More than $800 \, \text{guests} - \text{most}$ of them constituents in Vimy MP Annie Koutrakis's riding – chowed down on hot dogs, salad and other outdoor BBQ delights on the afternoon of Sunday Sept. 1 in Laval-des-Rapides' Bernard Landry Park.

Again next year

Although it was Koutrakis's first annual BBQ since first being elected in 2019, she pledged it was far from being the last. "We plan to have this event every year," she said in an interview with The Laval News.

"And it's a way for us to thank our citizens while just having a great time in a family atmosphere to tell them how much I appreciate them. It's also for them to know that they have a federal Member of Parliament who is always there ready and



Some of the more than 800 people who attended Vimy MP Annie Koutrakis' summer BBQ. (Photo: Martin C. Barry, Laval News)



SOCDEM@HCGM.ORG



Photo: Martin C. Barry, Laval News



A senior member of a Cadets Canada corps from Laval helped familiarize Vimy MP Annie Koutrakis with the fine points of using a computerized flight simulator during Koutrakis' BBQ event in Bernard Landry Park in Laval-des-Rapides on Sept. 1. (Photo: Martin C. Barry, Laval News)

Touching base locally

Koutrakis and her staff spent time since early August visiting more than 40 local community organizations and non-profit groups, including several senior citizens' retirement residences.

"Everybody knew about our annual BBQ," said Koutrakis, noting that several buses of seniors were expected to take part in the festivities that afternoon. "For us, when I look at this, it warms my heart to know that we did the right thing."

While there is a common misconception that MPs enjoy long summer and Christmas holidays when the House of Commons isn't in session, the truth is that the vast majority of parliamentarians use the time to catch up on local issues in their ridings, while going around touching base with people and organizations.



Koutrakis touched base with many constituents, including this one, during her summer BBQ. (Photo: Martin C. Barry, Laval News)

Busy summer for Koutrakis

"Oh my god, I think summer is the best time for all Members of Parliament to be on the ground and visit the small businesses, family organizations, daycamps." she agreed. "We visited many of the companies and organizations we helped this summer



through Canada employment."

She said the riding of Vimy alone this past summer received nearly \$1 million to provide subsidies to 66 children's daycamps and other groups so they could create 204 jobs for students who were off during summer vacation.

"So, the good word is that summer is the best time for MPs to get some things done, when we're not torn between parliament and other things that need to be done," she added. An event such as a large gathering of citizens can also offer opportunities to hear what's on the minds of constituents. Koutrakis learned what some of them were thinking.

Meeting constituents

"Today I heard from several people who wanted more information on the government's housing strategy, for instance," she said. "There were some who said they had reached out in the past for services at my office and they specifically wanted to meet members of my team who had helped them out.

"I can't ask for better than that," she continued. "So, it's really great to be able to have these informal get-togethers to hear directly from people where you know that you're made a difference in their life. And it makes me better as a Member of Parliament. We learn as a team."



Get up to 10 free trees with a value of \$200 each.

The future takes root at your home

The distributions will take place from September 26th to October 5th. You must be able to pick up your trees on the date of your appointment and plant them yourselves on your property.

Fill out the online form to reserve yours now.

subventions.laval.ca, under Free and Subsidized Trees





Mother Nature cuts down time families spent at

Laval's Fête de la Famille

Rain leaves many moms, dads and kids adrift in mid-day downpour

MARTIN C. BARRY Local Journalism Initiative Reporter for The Laval News marty@newsfirst.ca Many of Laval's moms, dads, children and grandparents got just a taste of the fun normally to be had on Labor Day weekend, when the city



The Laval Fire Department's firehose and burning house simulator was still as big a hit with the kids as in the past at this year's Fête de la Famille at the Centre de la nature in Duvernay. (Photo: Martin C. Barry, Laval News)



A mini version of the "zip line," a perennial favorite among kids as well as adults every Labor Day weekend at the Centre de la nature, was a shadow of its former self. (Photo: Martin C. Barry, Laval News)

CENTRE DE FORMATION PROFESSIONNELLE

LAURIER MACDONALD

VOCATIONAL TRAINING AND CAREER CENTRE



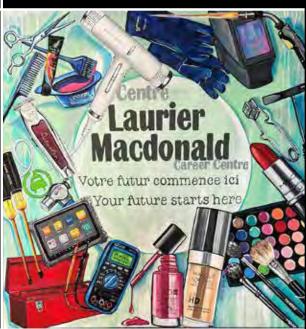
INSCRIPTION EN COURS REGISTER NOW

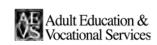
LMACCAREERCENTRE.COM 5025 RUE JEAN-TALON E. (514) 374-4278

- ESTHÉTIQUE / AESTHETICS
- COIFFURE / HAIRDRESSING
- SOINS DE BARBE ET TECHNIQUES DE COUPE / BARBERING
- ÉPILATION / HAIR REMOVAL
- MÉCANIQUE DE VÉHICULES ÉLECTRIQUES / ELECTRIC VEHICLE MECHANICS
- MÉCANIQUE AUTOMOBILE / AUTOMOBILE MECHANICS
- L'AUTOMOBILE /
 AUTOMOTIVE DETAILING

ESTHÉTIQUE DE

SOUDAGE - MONTAGE /
 WELDING AND FITTING









lives up to its annual end-of-summer tradition by holding the Fête de la Famille at the Centre de la nature in Duvernay.

Unwelcome rain

Given Mother Nature's precarious moods in recent years, the city's highly popular Family Day was reduced roughly by half.

Rain that began slowly falling during the early afternoon quickly changed into a steady down-pour that drove anyone lingering on the Centre de la nature grounds into a frantic search for cover.

Although Environment Canada had forecast rain starting no earlier than 3 pm after bright and friendly skies that morning, dark clouds were gathering by as early as two, while gusts of wind threatened to uproot tents and send them aloft like giant kites.

A scaled-down Fête

However, many of the usual sights, sounds and fun things were there, although scaled down

► Continued on page 11



FALL BAZAAR

FRIDAY, SEPTEMBER 27 FROM 1 P.M. - 7 P.M. SATURDAY, SEPTEMBER 28 FROM 9:00A.M. -2:00 P.M.

HOLY NAME OF JESUS CHURCH 899 CHOMEDEY BLVD. LAVAL 450-688-3887

MANY ITEMS FOR SALE:

BOOKS LINENS JEWELRY SHOES PURSES ETC.

RAFFLE TICKETS ON SALE FOR MANY PRIZES TO BE WON

1 TICKET \$1.00 OR 6 TICKETS FOR \$5.00

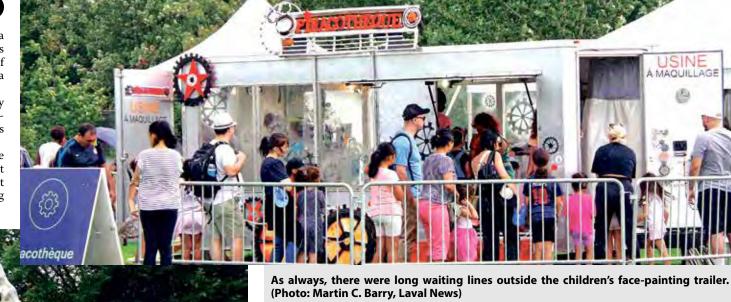
1 billet 1\$ ou 6 billets 5\$

◄ Continued from page 10

considerably in some cases. The "zip line," a perennial favorite among kids as well as adults every Labor Day weekend, was a shadow of its former self this year, being reduced to a mini-version.

Still, some of the Family Day's old standby favorites, like the Laval Fire Department's firehose and burning house simulator, were still as big a hit with the kids as in many years past.

A Jurassic Park "circus" proved itself to be very popular with kids and parents, although it and most of the other activities were cut short by mid-afternoon when the rain began falling in torrents.



acothèque

Photo: Martin C. Barry, Laval News



By mid-afternoon at the Fête de la Famille on Sept. 1, the rain was putting a damper on many families' fun. (Photo: Martin C. Barry, Laval News)

Carré Laval innovation park in the heart of our downtown core.



Information and discussion evening
September 24
7 p.m. – 9 p.m.
Collège Letendre



Registration required

repensonslaval.ca/carre-laval



Recent interest rate cuts help boost real estate market

Centris Residential Sales Statistics – August 2024 Montreal Census Metropolitan Area (CMA)

- Sales continue their steady growth in the Montreal CMA and are comparable to pre-pandemic levels for a month of August, thus confirming a trend towards normalization.
- All sectors record sales growth comparable to pre-pandemic levels.
- The number of properties on the market continues to accumulate in the metropolitan area. However, levels remain under the historical average, with the exception of the Island of Montreal
- CMA market conditions, still favourable to sellers, continue to edge towards balance, resulting in more moderate price increases. It should be noted that conditions have stabilized on the Island of Montreal.

Quebec Professional Association of Real Estate Brokers (QPAREB) has just released its residential real estate market statistics for the month of August 2024. The most recent market statistics for the Montreal Census Metropolitan Area (CMA) are based on the real estate brokers' Centris provincial database.

Residential sales in the Montreal CMA territory totalled 2,991 in August 2024, representing an increase of 9 per cent, or 254 transactions,

compared to the same period last year. Note that this level of transactional activity is slightly above the historical average for this month of the year since Centris began compiling market data in 2000.

"The Montreal area continued its strong recovery in August, supported by the downward movement in interest rates. The three consecutive rate cuts announced by the Bank of Canada since the beginning of the summer intersected with other positive factors, including a more moderate rise in home prices. The impact of the drop in mortgage rates was mainly felt in the purchasing power of households," points out Charles Brant, QPAREB Market Analysis Director.

"The strength of the Montreal resale market contrasts with the decline posted by many other Canadian metropolises struggling with a much higher level of household debt, lower savings and diminishing purchasing power. All these factors limit transactional activity and contribute to more instability for mortgage renewals. Montreal, unlike these markets, is benefiting and will benefit even more from the downward trend in interest rates. Buyers have more maneuvering room since household income tends to be similar to that of other major

Canadian cities yet home prices remain almost half as high."

August highlights

- Residential property sales are up in all of the Montreal CMA's main metropolitan areas. Laval, Saint-Jean-sur-Richelieu and the North Shore of Montreal stood out with respective increases of 17 per cent, 16 per cent and 12 per cent in August 2024 compared to a year earlier. Vaudreuil-Soulanges (+9 per cent), the Island of Montreal (+8 per cent) and the South Shore of Montreal (+5 per cent) also saw an increase in their transactions, although the pace was more modest.
- Transactional activity by property category varied between +4 per cent and +11 per cent between August 2023 and August 2024. The number of single-family homes sold was up 9 per cent to reach 1,507 compared to the same period last year. Condominiums led the increase in sales, growing by 11 per cent to reach 1,178 transactions. Finally, small income properties posted 305 sales, up by 4 per cent.

- - Active listings rose steadily by 18 per cent in August 2024 compared to the equivalent period a year earlier to reach 17,200 listings in the Montreal CMA. This jump is mainly attributable to the rise in listings of singlefamily homes and condominiums and, to a lesser extent, small income properties. Despite this sharp increase, it should be noted that the inventory of available properties remains under the historical average recorded for this period of the year.
 - The average selling time for small income properties rose to 83 days, 15 days longer than the same period a year ago. Condominiums and single-family homes follow at 61 days and 58 days, respectively. This is 6 days more for condominiums and 8 days more for single-family homes.
 - Median prices in all property categories posted increases when compared to those in effect at the same time last year. The median price of condominiums reached

► Continued on page 13



◄ Continued from page 12

\$407,100, up by 4 per cent. Single-family homes sold at a median price of \$590,000, which represents 5 per cent growth when compared to last year. With a median price

- of \$763,000, plexes saw a 6 per cent increase for the period.
- On a consecutive monthly basis, median prices were relatively stable compared to July 2024. Single-family homes and condominiums saw their median price edge up by 1 per cent, while plexes recorded a slight
- decrease of 1 per cent.
- On an annual basis, median prices for single-family homes in the main metropolitan areas of the Montreal CMA varied between -1 per cent and +10 per cent. Laval and the South Shore of Montreal posted the most significant increases, at 10 per

cent in both cases, while the North Shore of Montreal, Saint-Jean-sur-Richelieu and Vaudreuil-Soulanges recorded more modest increases of 6 per cent, 5 per cent and 5 per cent, respectively. Only the Island of Montreal posted a slight 1 per cent decline in its median price.



Montreal Area Real Estate Market Monthly statistics August 2024

Sales Variation in total residential sales compared to August 2023

Listings Variation in active listings compared to August 2023

Price Variation in the median price of single-family homes compared to August 2023

Residential:	Summary	100	Centris	Activity

		Award				Year-to-date			
	2024	2023	Ŋ.	ariation	2024	2023	V	riation	
Total sales	2,991	2,737	•	9%	29,718	26,227	t	13%	
Active listings	17,200	14,580	*	18%	17,672	15,159		17%	
New listings	4,840	4,760		2%	47,449	41,369		15%	
Sales volume	\$1,836,533,027	\$1,637,161,917		12%	\$17,838,582,360	\$14,992,418,421		19%	

	August				Year-to-date				
Single-family home	2024	2023	2023 Variation		2024	2023		Variation	
Sales	1.507	1,377		9%	15,339	13,688		12%	
Active listings	7,075	5,056		17%	7,499	8,455		15%	
Median price	\$590,000	\$561,000	2	5%	8572,000	\$542,000		6%	
Average selling time (days)	58	49		9	54	51		3	
Condominium	2024	2023	V	ariation	2024	2023	W	ariation	
Sales	1,178	1,065		7156	11,624	10,203		14%	
Active listings	7,673	6,338		21%	7,666	6.439		19%	
Median price	\$407,100	\$390,000		4%	\$400,000	\$369,000		3%	
Average selling time (days)	61	55		8	60	57		3	
Plex (2-5 units)	2024	2023	V	enation	2024	2023	V	artation	
Sales	305	292	*	4%	2.739	2,314		18%	
Active listings	2,393	2,144		12%	2,462	2,229		10%	
Median price	\$763:000	\$720,000		6%	\$760,000	\$720,000		6%	
Average selling time (days)	83	59		15	76	74		2	



- ** Number of transactions too low to produce reliable statistics.
- Variations are calculated in relation to the same period of the previous year.

Source: QPAREB by the Centris System



COMMISSION SCOLAIRE SIR-WILFRID-LAUR SIR WILFRID LAURIER SCHOOL BOARD

AVIS PUBLIC D'ÉLECTION Élection scolaire du 3 novembre 2024

AVIS PUBLIC est, par la présente, donné aux électrices et électeurs de la commission scolaire Sir-Wilfrid-Laurier par Lorraine

1. Les postes suivants sont ouverts aux candidatures

Sperano Gauthier, présidente d'élection, que :

- Présidence de la commission scolaire
- Commissaire Circonscription électorale 1 Commissaire Circonscription électorale 2

- Commissaire Circonscription électorale 6 Commissaire Circonscription électorale 7 Commissaire Circonscription électorale 8 Commissaire Circonscription électorale 9
- Commissaire Circonscription électorale 3 Commissaire Circonscription électorale 3 Commissaire Circonscription électorale 4 Commissaire Circonscription électorale 5
- Toute déclaration de candidature à ces postes devra être produite au bureau de la présidente d'élection, aux jours et aux oute declaration de candidature a ces pos eures qui suivent, sur rendez-vous : 24 septembre de 13 h à 17 h 25 septembre de 9 h à 17 h 26 septembre de 14 h à 20 h 29 septembre de 13 h à 17 h
- Si plus d'une candidate ou d'un candidat pose sa candidature à un même poste,
 un scrutin sera tenu le 3 novembre 2024 de 10 h à 20 h et,
 un vote par anticipation sera tenu le 27 octobre 2024 de 12 h à 20 h.
- 4. Dennis Gosselin a été nommé pour agir à titre de secrétaire d'élection.
- Une électrice ou un électeur qui n'a pas d'enfant admis(e) aux services éducatifs de la commission scolaire anglophone ou du centre de services scolaire francophone qui dessert son domicile peut choisir d'exercer ou de révoquer son droit de vote au sein de sa commission scolaire anglophone. Ce choix est fait en présentant un avis écrit signé à la présidente d'election de la commission scolaire anglophone, du 20 septembre au 15 octobre, à 22 h.
- 6. Vous pouvez me joindre, ou joindre mes adjoint(e)s, aux coordonnées suivantes

Présidente d'élection

Lorraine Sperano Gauthier 235, montée Lesage Rosemère (Québec) J7A 4Y6 450 621-5600, poste 3420 Isperano@swlauriersb.qc.ca

Secrétaire d'élection

Dennis Gosselin 235, montée Lesage Rosemère (Québec) JTA 4Y6 450 621-5600, poste 3420 elections@swlauriersb.qc.ca

Adjointe habilitée à recevoir toute candidature

Donné à Rosemère, le 5 septembre 2024.



Présidente d'élection Lorraine Sperano Gauthier

candidature
Lise Bonenfant
235, montée Lesage
Rosemère (Québec) J7A 4Y6
450 621-5600, poste 3420
elections@swlauriersb.qc.ca

Returning officer

Lorraine Sperano Gauthier Lorraine Sperano Gauther 235, montée Lesage Rosemere (Québec) J7A 4Y6 450 621-5600, extension 3420 Isperano@swlauriersb.qc.ca

Election Clerk

Dennis Gosselin Dennis Gosseiiri 235, montée Lesage Rosemère (Québec) J7A 4Y6 450 621-5600, extension 3420 elections@swlauriersb.qc.ca

Assistant authorized to receive

Assistant authorized to receive nomination papers Lise Bonenfant 235, montée Lesage Rosemère (Ouébec) J7A 4Y6 450 621-5600, extension 3420 elections@swlauriersb.qc.ca

DON'T WAIT LAST MINUTE! AN AHFAD





with MAINTENANCE AND REPAIR OIL BASED **SEALER PROTECTION**

We repair:

- Cracks
- Pot holes
- Edges of garage entrances and foundations
- Replacement of drains









Call Natale for a FREE ESTIMATE **(514)**777-3774



PUBLIC NOTICE OF ELECTION

PUBLIC NOTICE is hereby given to the electors of the Sir Wilfrid Laurier School Board by Lorraine Sperano Gauthier, returning officer, that:

1. The following positions are open for nominations:

- e following positions are open for nom Chairperson of the school board Commissioner Electoral division 1 Commissioner Electoral division 3 Commissioner Electoral division 4 Commissioner Electoral division 5
 - Commissioner Electoral division 6 Commissioner Electoral division 7 Commissioner Electoral division 8 Commissioner – Electoral division 9
- Nomination papers for this position must be filed at the office of the returning officer on the following days and times, by

September 24, from 1 p.m. to 5 p.m. September 25, from 9 a.m. to 5 p.m. September 26, from 2 p.m. to 8 p.m. September 29, from 1 p.m. to 5 p.m.

- 4. Dennis Gosselin was appointed to act as the Election Clerk
- An elector who does not have a child admitted to the educational services of the English school board or the French school service centre serving their domicile may choose to exercise or revoke their right to vote within their English school board. This choice is made by sending a notice in writing to the returning officer of the English school board from September 20 to October 15, at 10 p.m.
- 6. You can reach me or my assistants at the following coordinates:

Given at Rosemère on September 5, 2024.

Lucine June Barthie Returning Officer Lorraine Sperano Gauthier

Looking for something to do? Here are some upcoming events happening in the Laval area.

SOIRÉE 5@7 FÉMININ

Networkina



Thursday, September 12 5:00 PM - 8:00 PM

Le Tiers Lieu Coop 1200 Boul. Saint-Martin O #130, H7S 2E4

Discover the professional journey of three determined female entrepreneurs,

in a context of business growth. \$20 - \$75

VIRÉE PATRIMONIALE SAINTE-ROSE

History



Friday, September 13 7:00 PM - 8:30 PM

Centre d'art de Sainte-Rose 214 Boulevard Sainte-Rose, H7L 1L6

Explore the streets of this founding district of Laval and meet characters straight out of the past!

Starting at \$11.98

LEE VALLEY TOOLS

Woodturning



Saturday, September 14 12:30 PM - 4:30 PM

Lee Valley

1600 bd le Corbusier, Local 31-B, H7S 1Y9

Learn how to turn your own pen and the basics of woodturning.

\$65

TOURNÉE GCR 2024

Conference



Tuesday, September 17 12:45 PM - 5:45 PM

Centre de congrès Palace

1717 Boulevard le Corbusier, H7S 2K7

The Garantie de construction résidentielle (GCR) Tour is back for a 5th edition.

\$123.97

DÉJEUNER CONFÉRENCE + TOUR DE TABLE

Breakfast and conference



Tuesday, September 17 7:30 AM - 9:00 AM

Hôtel Hilton Laval

2225 Autoroute des Laurentides, H7S 1Z6

Need money? Take a close look at government assistance programs.

\$78.86

AUTODÉFENSE POUR FEMMES

Self-defense class



Sunday, September 22 10:00 AM - 5:00 PM

Académie Martiale Sogobudo Jujutsu 2136 Boulevard des Laurentides, H7M 2R5

Increase your confidence and learn self-defense strategies and techniques specific to the needs of women.

Adults: \$60 / 14-17 year olds: \$40

JOURNÉE DE L'EMPLOI

Job Day



Thursday, September 26 10:00 AM - 5:00 PM

Centre de congrès Palace

1717 Boulevard le Corbusier, H7S 2K7

Laval économique invites you to promote your job openings during Laval Job Day.

Starting at \$114.97

36

SOIRÉE KHEAVEN

Hairdressing show



Saturday, September 28 7:00 PM - 11:59 PM

Le Cabaret C

1600 Rue Robinson, H7W 2W4

Attend a colourful hairdressing show by Kevins Kyle, then celebrate his birthday!

\$50.50

MEDIA-TREK®

NOW OFFERING TOP BRANDS OF APPAREL! XS to XL

while quantities last

no additionnal cost

mediatrek.ca | (450) 978-0070 | info@mediatrek.ca



including logo embroidery or silk screen

48 shirts for \$12ea



Recent Laval Fire Dept. calls





Around 5:40 pm on Friday Sept. 6, the Laval Fire Dept. was called to respond to a fire which had broken out in an industrial building located on Lachaine St. in an industrial sector of Saint-Vincent-de-Paul.

Although the blaze wasn't considered highly dangerous, smoke was spotted by firefighters as soon as they arrived, and a 10-07 code was sent in, meaning an intervention would be necessary to put out the fire.

A more serious fire broke out and burned overnight from Aug. 26-27 at an apartment complex on Bois-de-Boulogne Ave. in Chomedev.

The blaze is believed to have been caused by some items of clothing which were left too close to bedside lamp in a bedroom in a third-floor apartment.

The LFD received the first call just after 10 pm, and were on the scene within eight minutes, although tenants had started evacuating before the firefighters arrived.

A dog that was found unconscious in the unit where the fire had broken out was revived by the firefighters with respiratory equipment adapted to rescuing pets. Damages were estimated at \$10,000 to the building and an additional \$9,000 for furnishings.

During the early evening of Aug. 31, firefighters from the LFD responded to a fire call from a commercial address near the intersection of Industriel and Saint-Elzéar boulevards.

It turned out to be a blaze which started in a pile of debris.

The firemen had some difficulty at first putting it out, directing several streams of water, before having any success. However, a large volume of smoke could be seen from a considerable distance.

On Sunday Aug. 25 just before 10 am, a shed located behind a home on Léandre-Descostes St. in Chomedey was the source of a large explosion which caused a fire that spread to several other sheds in a rear lane.

According to an initial assessment of the cause, a propane heater used improperly to warm up a swimming pool was the probable cause. Electric wiring hanging from poles near the blaze were damaged, with some falling to the ground.

Firefighters from the LFD's No. 2 firehall on Souvenir Blvd. responded. They managed to get the situation under control within minutes and backup units weren't necessary. Property damage was limited to the affected sheds and nearby houses weren't damaged.



Burglars snatch high-end clothing at kidswear store

The Laval Police late last week were still trying to identify several suspects who took part in a brazen early morning burglary at a designer children's wear boutique near the Carrefour Laval mall.

According to initial reports, the perpetrators were able to get into the outlet through a commercial address next to the Kid Biz

store.

They apparently broke through a wall between the two businesses, through which they managed to get into the high-end children's clothing retailer around 1:40 am.

The store is known for selling designer kids' apparel and accessories, retailing in some cases for more than \$1,000 per item.

On its website, Kid Biz bills itself as "Quebec's leading boutique for high-end childrenswear," as well as "the largest children's retail boutique in Canada."

According to the website, the designer brands children's wear featured in the store include Givenchy, Balmain, Moncler, Armani, Moschino, Versace and Hugo Boss.

Speeding offences on Highways 13 and 15

On Friday September 6, around 9 p.m., a 20-year-old man was intercepted at 190 km/h on Highway 13 North, in Laval, while he was participating in a race. The Saint-Eustache resident could face criminal charges for dangerous driving.

About four hours later, two motorists were intercepted in the middle of a race in the same area. One was travelling at 209 km/h and the other at 186 km/h.

Another race was recorded at 11:15 p.m., this time in Saint-Jérôme, on Highway 15 North.

Only one of the drivers involved was intercepted, an 18-year-old man who was driving at 197 km/h.

The Sûreté du Québec gave the motorists stopped a statement of offence for \$1576, and imposed12 demerit points. In addition, there was a report for excessive speeding.

Also again on Friday night, a motorist was intercepted at a speed of 156 km/h on Highway 15 North in Mirabel in a construction zone. He was driving at more than double the legal limit, set at 70 km/h.

At around 12:15 a.m. on Saturday September 7,

a motorist was intercepted while driving at 181 km/h on Highway 640 West in Saint-Eustache. The 39-year-old man from Sainte-Marthe-sur-le-Lac received a statement of offence totalling \$1601 and 18 demerit points.

At the same time, a 24-year-old man was stopped at 140 km/h on Highway 15 North in Mirabel, in a zone where the speed limit is 90 km/h due to construction. The Blainville resident had his licence suspended for 30 days, and was given 10 demerit points and a statement of offence of \$864.







A COMPANY YOU CAN TRUST

(514) 289-8585

25 years at your service!

Burglar

• Fire

Cameras

Intercoms





September 11, 2024 • The Laval News • 1



How to give old socks a second life

Have you outgrown your old socks? If they're still in good condition, pass them on to a friend or sibling. If not, you can give them a second life with one of these four easy-tocomplete projects.

1. FLOWERPOT COVER

Cut off the bottom part of the sock, making sure to keep the tubeshaped top section intact. Then, slip it around a small plastic or clay flowerpot. If necessary, ask your parents to help you attach it with hot glue.

2. TOY FISH

Cut an oval from thick cardboard and stretch your old sock around it. Fill the sock with scraps of fabric or cotton balls and close it with a rubber band. Make sure to leave a bit of extra fabric on the end for the fish's tail. Glue on buttons or other small round objects for the eyes.

3. POUCH

Do you need somewhere to store your phone, loose change, marbles or other small objects? Cut off the bottom part of your sock, making sure to keep the tube-shaped top section intact. Then, sew or glue one end shut. Depending on what you have on hand, you can close your pouch with elastic, Velcro or a pretty ribbon.



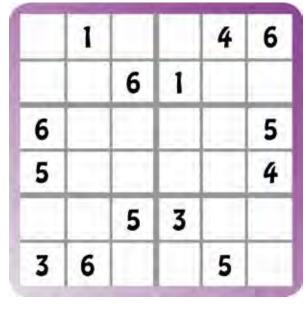
4. HEATING PAD

Fill your old sock with grains of rice and tie the end shut. Make sure there aren't any holes. Put it in the microwave for a few seconds, and then use it to soothe sore muscles after playing outside.

There are many fun ways to repurpose old socks. Get creative, and find out what other neat things you can make.



Sudoku 6x6



COMPLETE EACH GRID WITH NUMBERS FROM 1 TO 6, KEEPING IN MIND THAT:

- a number can only appear once per row
- a number can only appear once per column
- a number can only appear once in each

box of 6 squares

1	S	b	2	9	٤
S	9	٤	S	b	1
ħ	٤	9	1	2	S
S	1	2	ゥ	Σ	9
2	2	1	9	9	ゥ
9	ħ	S	٤	ı	2

JUST kidding





Serving the community for over 25 years...

Our priority is your healthy smile...

Dr. Savas Fortis, DDS

Chirurgien dentiste / Dental Surgeon

For your entire dental needs call:

450-682-3921



Saturday 8:00 am to 1:00 pm

MISTRESS'S WOES

I'm 27. I've been seeing a married man for three years. I am madly in love and cannot imagine losing him even though I don't have him all to myself now. Every time I've had enough of this tortured relationship and am ready to leave, something happens to keep us closely involved. It is strange.

He's been married 10 years and promising to leave his wife for the last year. Well, about three months ago she found out about us and threatened to call me out at work. Yes, we work together too. There is no company policy about this, but I imagine she could still cause problems.

Six weeks ago she called and asked me to please give her the chance to repair her marriage by stepping out of the way. I agreed. A week later, after they went to counseling, he told me his wife accepted that their relationship was dead. They started to split their assets and find her a house.

He tells me all the time how much he loves me, and how he wants to make me smile every day. He goes out of his way to please me whenever I get upset about the situation. He even says if I left now he would search the planet until he found me.

To get to the point, they are still in their house. Last night, after spending the week with me, his wife called and informed me they had sex last Sunday before he came to my house. He did not deny it. That makes me physically ill. He said they were boxing things up, and she kept bringing out old keepsakes and pictures from their past and he was "drunk and sentimental."

He apologized profusely and is trying to move out of the house by the end of the week in hopes of not losing me. I am confused and hurt. I don't know whether I can ever trust this relationship.

Alexa, while you were having an

affair with this man, you pushed unpleasant thoughts aside. His wife was a louse, unworthy of a faithful husband. Or so you thought. Your mind wouldn't go to: last night he had sex with

For three years he's been intimate with two women. One was at home making food, going to the grocery store, and picking up his underwear. The other woman was you. Now his wife has played her trump card. She's his wife. She isn't doing anything wrong by having sex with him. Maybe she's trying to win him back, or maybe she's simply trying to rain

on your parade. Either way it works for her.

her, this afternoon he's having sex with me.

What do you fear? You will be making food for him, going to the grocery store, and picking up his underwear, and he will be telling another woman he would search the world over to find her. What you fear is not retribution for what you did. What you fear is the recognition of his true nature.

Wayne & Tamara

LYING BY OMISSION

My husband's cousin just got married, and his new wife is pregnant. We just found out he's been cheating on her. She is a close friend of mine, and I don't know if I should tell her. The cheating husband asked me not to say anything because he intends to continue cheating. My husband and I are sick over this, and it is consuming our whole lives. We are supposed to go on vacation with them, and I don't know how to be around my girlfriend knowing what I know.

What is the right thing to do?

Trinity



Trinity, your friend's husband has no right to make you an unwilling accomplice in his cheating, and you have no obligation to protect him. Your friend is both an

innocent party and an ignorant party. She needs to know.

Wavne

WAYNE & TAMARA MITCHELL are the authors of Your Other Half (<u>www.yourotherhalf.com</u>) Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: GetInTouch@WayneAndTamara.com WAYNEANDTAMARA.COM

AU VIEUX JOB OPPORTUNITY **DULUTH**°

AU VIEUX DULUTH LAVAL RESTAURANT

> **MANAGER FULL TIME**

1755 INDUSTRIAL BLVD. LAVAL QC

CALL VICKY; 450 663 1165

ALIMENTS GOURMETS

MEDOR WAREHOUSE

CENTRAL KITCHEN HELPER FULL TIME

815 BOUL, ST MARTIN O. LAVAL QC

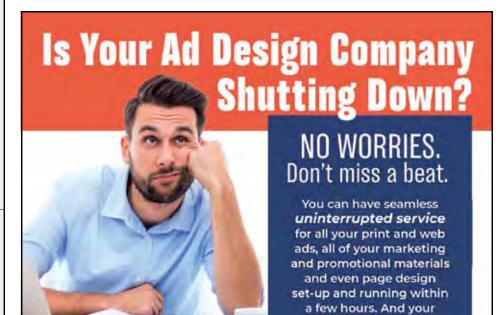
CALL JOHN; 450 663 1165

auvieuxduluth.com info@auvieuxduluth.com

CLASSIFIEDS • CAREERS • JOBS

News Parcetinsion hews Call 450 978,9999 Payment:





- Prices well below what you've been paying elsewhere. Save money!
- Same day service on most ads if submitted in the morning.
- No charge for changes and corrections before approval.
- No charge for stock photos.
- Professional design service.

MEDIA-TREK

ads will look terrific,

guaranteed!

Our 20th year serving more than 315 newspapers and magazines each week.

You're in good hands.

Meeting deadlines and exceeding expectations is our business!

mediatrek.ca

(450) 978-0070 | info@mediatrek.ca 304-3860 boul. Notre-Dame, Laval, QC H7V 1S1



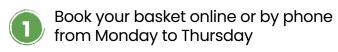
Fabreville(**Panier du fermier)**3151-B Boul. Dagenais Ouest
H7P 1T8

Duvernay(Action Sport Physio)
4731 Boul Lévesque E
Suite 201, H7C 1M9

Chomedey / Sainte-Dorothée (Action Sport Physio) 2316 rue Desserte Ouest, A. Chomedey, H7X 4G8

St-François / Duvernay-Est (**Marché Misti Perou**) 8076 Boul Lévesque E H7A 3K9

2 EASY STEPS:





PANIERDUFERMIER.CA

HOROSCOPF

Week of SEPTEMBER 15 TO 21, 2024

The luckiest signs this week: TAURUS, GEMINI AND CANCER



ARIES

Take the initiative to rebalance your friendships. If you're surrounded by energy-sucking friends, set boundaries to preserve your vitality and be respected.



If you have young children, it's essential to be disciplined and set clear rules. Being tactful with people around you can help avoid conflicts and hurt feelings.



GEMINI

You may be drawn to travel opportunities this week. At work, serving people in a language in which you're not entirely fluent will be a rewarding challenge, both personally and financially.



CANCER

If you've been working hard to eat healthy and exercise, you'll finally start seeing positive results. Perseverance is the key to regaining your well-being and self-confidence.



A friend will suggest an enriching experience. Responding to a particular need for adrenalin will provide a refreshing break from your routine and boost your self-esteem.



VIRGO

Expressing your opinions confidently and authoritatively can help you rise through the ranks at work. If you showcase your leadership skills, you may even find yourself in the boss's chair.



LIBRA

You'll indulge in luxury shopping this week. Renewing your wardrobe may be justified in taking on new responsibilities at work. Treating yourself can be highly gratifying and boost your confidence.



SCORPIO

Take the time to resolve problems at home or with family members. If necessary, consider refreshing your decor to prepare for fall.



Make sure your car, phone and computer are in good working order. Charge the batteries so your devices remain functional no matter where you are. Preventative measures can go a long way to avoiding potential problems.



CAPRICORN

Set a strict budget to enjoy your hobbies while maintaining financial stability. Sound financial management will help calm your nerves, and financial matters will become very important at work.



AQUARIUS

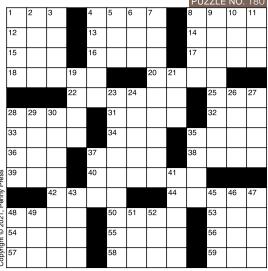
New and demanding responsibilities may come your way at work and home this week. Patience and perseverance are necessary to overcome fatigue and stress, but the rewards will be worth it.



If you're experiencing restless nights due to racing thoughts, try to find some escape. Consider signing up for a gym membership to help restore balance.

ee Break

CROSSWORDS



ACROSS

- Discontinue

- 14.Traveler Marco
- 17.Exclusively
- 18. Tightly packed
- 22.Robin Hood, e.g.
- 25. Subside 28. Take a sharp breath
- 31.Beep
- 32.Bread grain 33 Astounds
- 34.Cereal grain
- 35.Baker 36. Feather accompani-
- ment 37.Land measure 38."The

- Toward the stern
- 8. Begone, cat!
- 12.Mushv stuff
- 13. Time of day
- 15.Be in the wrong
- 16. Years long past
- 55.Army vehicle
- 56. Twosome 57. High-school student 20.Large containers
 - 58.Finishes 59. Weird

39. View closely

44.Not a child

50.A ways off

53.Neither here

54.General's assistant

48.Swing loosely

42.Christmas word

40.Pamper

DOWN

there

- 1. Grew older
- 2. Fairway cry
- Tattered
- More retiring
- 5 Overly
- _ House"
- Barred 7. 8. Notice

- 9. Manage wisely
- 10.Full amount of
- 11. Doll, e.g. 19.Drains
- 21. Noah's transport
- 23.lce-cream flavor
- 24.Stockpile
- 26.Quick farewells
- 27.Inclination
- 28.Entrance
- 29.On vacation
- 30.Romantic ballad
- 35.Was in the red
- 37.Head of a suit
- 41.Certain songbirds
- 43.Store sign
- 45.Remove fasteners
- from
- 46.Rowdy
- 47.Walked 48 Chew the
- (gab) 49.Whopper
- 51.Cooling device
- 52.Abbott Costello

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

IO. 905			8		2				9
N N								1	
722LI		1	7	4					
ĭ	7		3		4			8	
	5	2		3					
		6				5		9	2
	3		9		8				
									8
					3		9	6	5

Last Issue's Answers

ROSSWORD

STAR MAUL CARE A X E ALSO P E N KEEPSAKES ANSWERSPLEAT H U T R E D O C H E E P D U D V O W AUNTFOGYEAH HATFORTY PER OPENFIG A B L E R B B A N A N A S CELEBRATE I R E E R A S HEEL I E ENDS F E L T SAD

9 6 4 3 2 7 2 6 9 8 6 2 5 3 8 9 1 3 2 4 9 8 6 5 7 7 9 6 3 1 5 4 2 8 5 8 2 9 4 3 6 6 4 3 2 9 8 5 2 5 7 4 3 8 1 6 9 6 2

Volume pricing available

\$244_{ea} **Fast Delivery!**

RETRACTABLE BANNERS

The lightweight pull up banner comes with a lightweight swivel foot unit, 3 piece interlocking pole, carrying bag and a 1 sided 33"x79" vinyl banner installed.

Taxes extra. Prices are for PDF files. Format based on specifications Graphic design not included but very affordable.

Minimum order \$100. Delivery charges may apply.

Place your order today!

mediatrek.ca info@mediatrek.ca



Call us for more information 450.978.0070

fido命

MAJOR PHONE minor price



SAMSUNG Galaxy S24

on approved credit and 0% interest with Fido Payment Program, on select plans

to see all current offers

Place Forest 10539, Pie-IX Blvd. 514 325-7100

Visit mobifone.ca

Decarie Square 6900 Decarie, Unit K001 514 739-6838

436, Jean-Talon St West du Parc Metro 514 272-2355

680, Jarry St East Jarry Metro 514 490-0099

MONTREAL

Complexe Desjardins 175, René-Lévesque Blvd. West Place-des-Arts Metro 514 669-1880

Place du Quartier (Chinatown) 1111, St-Urbain St Place-des-Arts Metro 514 667-0077

Place Alexis Nihon 1500, Atwater Av. Atwater Metro 514 939-5552

4257 Boul. St-Laurent Mont-Royal Metro 514 439-9934

Place Viau 7600, Viau Blvd. 514 376-6667

SOUTH SHORE

Valleyfield Centre 50 Dufferin, Unit 1200 Valleyfield 450 373-0519

Châteauguay Regional Centre 200 d'Aniou Blvd... Châteauguay 450 692-7769

NORTH SHORE

Galeries Terrebonne 1185, Moody Blvd. Terrebonne 450 964-8403

LANAUDIERE

Galeries Joliette 1075 Firestone Blvd. Joliette 450 760-3000

OUTAOUAIS

Les Galeries de Hull 320, St-Joseph Blvd. Hull 819 205-1390





CHECK IT OUT

Offer subject to change without notice. A Setup Service Fee of \$60 applies to set up your device and related services. Taxes extra. 1.0% Annual Percentage Rate (APR) on approved credit with a Fido Payment Program Agreement (FPPA) and an eligible Fido mobile plan. A larger down payment may be required based on our evaluation of your credit. FPPA based on full price less any down payment plus taxes (excluding promo credits, if applicable, which are applied monthly on your bill for as long as your FPPA and an eligible mobile plan are in place). Any down payment plus taxes is due in full upon purchase. If your FPPA is terminated or your mobile plan is cancelled, the outstanding Fido Payment Program balance becomes due, subject to any applicable adjustments to reduce your balance, and the promo credit (if applicable) will end. TMFido related names & logos are trademarks used under licence. ©2024