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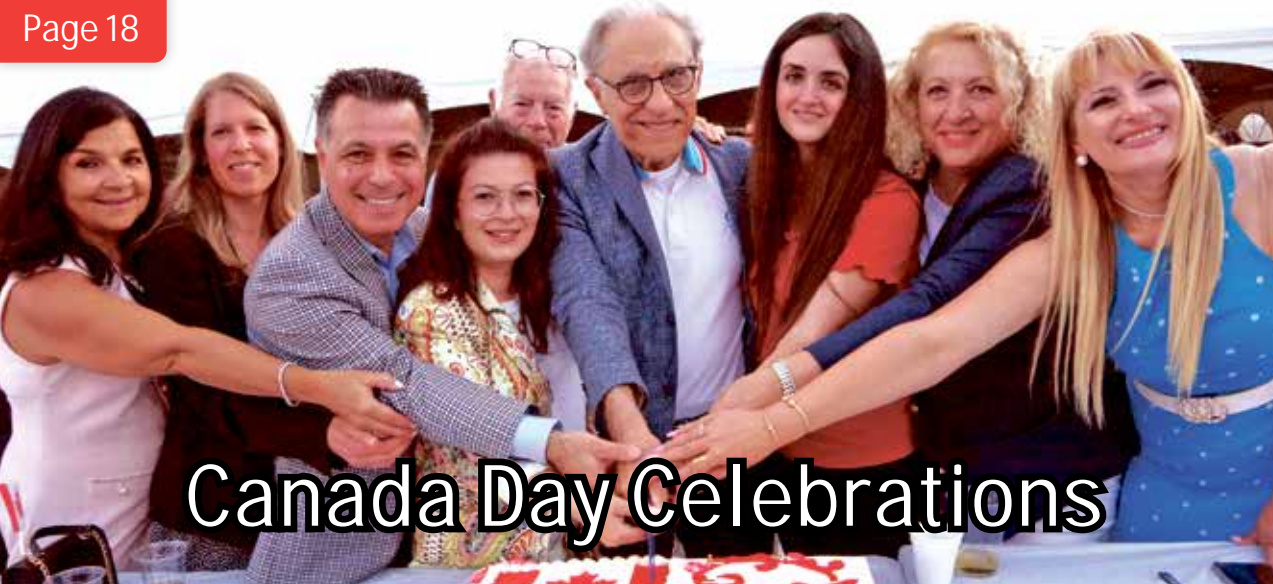
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OUR OFFICE WILL BE CLOSED FOR THE VACATION PERIOD.

OUR NEXT ISSUE WILL BE PUBLISHED ON AUGUST 14TH.

We wish you a pleasant and safe vacation!

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Canada Day Celebrations

Among the dignitaries on hand to cut the Canada Day cake on June 30 were (from the left) Chomedey city councillor Aglaia Revelakis, Saint-François city councillor Isabelle Piché, Saint-Bruno city councillor David De Cotis, HCGM Laval chapter president Katerina Hulis, Gus Milonopoulos (second row), HCGM president George Tsoukas, Saint-Laurent MP Emmanuella Lambropoulos, Chomedey MNA Sona Lakhoyan Olivier and Saint-Martin city councillor Aline Dib. (Photo: Martin C. Barry, Laval News)

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The Laval News EXCLUSIVE



Rodriguez stands by Trudeau


Pablo Rodriguez, Prime Minister's Quebec lieutenant.

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LAVAL'S MUNICIPAL BYLAWS



Have you recently moved to Laval?



Check out our welcome guide to discover your city and your new community.

Sunshine, Smiles, and Sworn Allegiances

Canada Day in Laval

On July 1st, the picturesque Centre de la nature de Laval transformed into a hub of excitement, colors, and community spirit. Families gathered under the bright sun to celebrate Canada Day—a day that resonates with pride, unity, and the rich tapestry of our nation. But this year, there was an extra layer of significance: a swearing-in ceremony for new Canadians, symbolizing their official entry into the Canadian family.



The Festivities

From noon until 7 p.m., the park buzzed with activity. Here's a glimpse of what unfolded:

- **Inflatable Games and Face Painting:** Children darted between inflatable castles, their laughter competing with the whoosh of air escaping the bouncy structures. Meanwhile, face painters transformed little faces into butterflies, superheroes, and maple leaves—the ultimate patriotic

accessory.

- **Kiosks and Street Trucks:** Local vendors set up colorful kiosks, offering everything from maple syrup-infused treats to hand-made crafts. Food trucks lined the pathways, tempting visitors with poutine, beavertails, and other Canadian delights.
- **Entertainers and Jugglers:** Stilt walkers towered above the crowd, their whimsical costumes capturing everyone's attention. Jugglers weaved magic with balls and batons, their dexterity mirroring the multicultural harmony of Laval.
- **Children's Shows:** The stage came alive with lively performances—puppet shows, magicians, and musicians. Kids sat cross-legged, eyes wide, as they absorbed the wonder unfolding before them.
- **Royal Canadian Mounted Police (RCMP):** Representatives from the iconic RCMP stood tall in their red serge uniforms. They chatted with curious kids, their Stetsons adding an air of mystique. For many, it was their first encounter with these legendary figures.

The Swearing-In Ceremony

As the sun dipped toward the horizon, the crowd gathered near the stage. Rows of chairs faced the podium, where a citizenship judge stood—a beacon of authority and compassion. The moment had arrived for new Canadians to pledge their allegiance.

- **The Oath of Citizenship:** Adults and children aged 14 and over stepped forward. Their hands rested on their hearts as they recited the solemn oath. The words



echoed in both English and French, bridging cultures and histories.

- **Certificates of Canadian Citizenship:** As each person completed the oath, they received a Certificate of Canadian Citizenship—a tangible reminder of their newfound identity. Parents beamed as they held certificates for their younger children, who would grow up as true Canucks.
- **Guests Reaffirming Commitment:** Canadian citizens in the audience joined in, reaffirming their commitment to this land. Together, they formed a chorus of unity, celebrating the diversity that defines Canada.

Under the warm sun, Laval became a micro-

cosm of our nation—a place where old traditions met new beginnings. Families picnicked by the water, sharing stories of their journeys. Children ran with maple leaf face paint, their laughter blending with the gentle lapping of the lake.

And as the day drew to a close, the Centre de la nature de Laval stood as a testament to hope, resilience, and the promise of a shared future. Canada Day wasn't just about fireworks and barbecues; it was about weaving threads of belonging into the fabric of our great country.

So, if you ever find yourself in Laval on July 1st, join the festivities. Bask in the sun, cheer for the new citizens, and remember that every oath taken is a promise to uphold the values that make Canada extraordinary.



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Agape appeals for funds to city, as Senior Wellness Centre drains resources

Chomedey-based social services provider served 5,000 individuals last year

MARTIN C. BARRY

Local Journalism Initiative Reporter for The Laval News
marty@newsfirst.ca

The Youth and Parents Agape Association announced a \$93,809 deficit for 2024 on June 27 during the Chomedey-based charity's annual general meeting.

In light of this, they are calling on the City of Laval to provide financial support for the Agape Senior Wellness Centre, which is drawing on more of Agape's financial resources than had previously been expected.

Situation 'stable'

In spite of the shortfall, the social service provider's executive-director was upbeat during an interview with *The Laval News*, describing Agape's situation as "stable."

"It's going to get better," said Kevin McLeod, adding that "of course, a lot of that money was due to our Senior Wellness Centre, a lack of funding that we're having there. But we need more money for the Senior Wellness Centre."

A drain on funding

McLeod explained during the meeting that rent alone for the Senior Wellness Centre in a Notre Dame Blvd. high-rise building costs \$100,000 per year. (The Agape administration also uses the centre's offices.)

"I'll be honest," he said. "This place cost us a lot of money. I'm not going to lie. It's a big reason why we closed our year at a very big negative."

He said Agape has been talking with the City of Laval, including Mayor Stéphane Boyer and Souvenir-Labelle city councillor Sandra El



From the left, Agape board members Roderick McLeod, Gregory Young, Elizabeth McLeod, are seen here during the AGM with executive-director Kevin McLeod and assistant director Ian Williams. (Photo: Martin C. Barry, Laval News)

Helou, about the city providing funding for the Senior Wellness Centre, as it has for years to the nearby Axion 50 Plus seniors centre.

Seeking help from city

"I think that there's misconception that the City of Laval sometimes would love that everyone goes to one place for joint services at Axion 50," said McLeod.

"I think, realistically speaking, my argument is

it's not going to happen, because trust has been broken and it's hard to build it back. And I think that English-speaking seniors want a place of belonging, that belongs to them, where there are English signs up, they speak in English and not feel discriminated against. I think that's what it comes down to."

Overall \$1.2 million budget

According to Agape's 2024 audited financial statements, operating the Senior Wellness Centre cost \$96,995, at a \$53,000 loss for Agape. The association's projected revenues for 2024-2025, from close to two dozen provincial, federal, private and self-financing sources, are a little over \$1.2 million.

In spite of the challenges, the board said in



Agape executive-director Kevin McLeod. (Photo: Martin C. Barry, Laval News)

their foreword to Agape's published report of activities that "this has been an exceptional year for Agape, with 2023-2024 marking a record in the number of English speakers served by our organization."

'Pride in our achievements'

From April 2023 to March 2024, according to the directors, Agape provided services, resources, presentations, referrals, emergency food relief and other essential support to more than 5,000 individuals.

"We take great pride in our achievements and firmly believe that our initiatives have significantly contributed to the mental and physical well-being of many English speakers," said the directors.

Agape benefited from a major cash windfall when the board decided to divest the organization of its children's daycare centre, selling it to a private operator. The six-figure sum, according to McLeod, has been deposited into a special fund to accumulate interest.

Handling clothes donations

While explaining some of the inner workings of Agape's operations, McLeod revealed that a certain portion of the items received as donations, such as clothes, are sometimes thrown out immediately if they are unusably defective because of damage, dirt or infestation. Better quality clothing may be sold to raise money.

Although he pointed out that food is never sold and always given away to the needy, McLeod said clothing is sold at a nominal cost, although "families in need are given clothing a hundred percent." Assistant director Ian Williams added that thrift shoppers hunting for fashionable used clothing will often drop by the Agape outlet on Notre Dame Blvd.



The Agape 2024 annual general meeting also saw the launch of a bound version of a series of intergenerational interviews published over the past year in the pages of *The Laval News*. (Photo: Martin C. Barry, Laval News)



(Photo: Martin C. Barry, Laval News)

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OPINION & Editorial



How alarmist influencers are distorting the climate debate

*Influencers fueling climate panic with their extremist rhetoric are
a danger to science-based public policy*

Toronto Globe and Mail columnist Gary Mason recently penned a column titled The country is on fire. Pierre Poilievre doesn't care. Columnists often don't choose their headlines, but this one was drawn directly from Mason's assertion about "the planet burning up."

The Frontier Centre for Public Policy recently released my study on Canada's looming threat of eco-extremism. It reveals how a distorted intellectual foundation on climate change fosters public fear and anxiety. Mason employed a familiar tactic: seizing on extreme weather incidents, like the recent forest fire near Fort McMurray, Alberta, and attributing them to climate change.

The United Nations Intergovernmental Panel on Climate Change (IPCC), the leading authority on climate science, presents a nuanced and tentative view. In her well-researched book Inconvenient Doubts, Joanne Marcotte outlines three key points about IPCC reports:

- They include varying degrees of confidence and probabilities, rarely mentioned by the media;
- Some statements refer to specific regions but are often generalized globally; and
- An extreme weather event becomes a disaster only if a region cannot respond effectively. Instead of providing nuance, Mason directly links the forest fire to climate change, calling it the "new normal." This reckless use of catastrophic language mirrors that of ideologues. The severity

and intensity of heat waves attributed to climate change and their regional impacts are still being debated. Describing the earth as "burning" or "on fire" is unscientific and misleading.

Journalists, often lacking scientific training, adopt alarmist language from their surroundings. Politicians eager to push climate policies resort to extreme rhetoric to generate urgency, while environmentalists abandon measured scientific language to build support and raise funds. Alarmism is so prevalent that prominent scientists criticize politicians and others for their language. Climate scientist Judith Curry, in her book Climate Uncertainty and Risk: Rethinking our Response, expresses concern about the current state of the debate. Scientists avoid terms like "burning planet" for good reason – it's ideological and activist language.

Just Stop Oil, a British extremist group, demands a halt to new fossil fuel licensing and production, using their bodies to block roads and bridges. The group claims that new fossil fuel extraction "will kill our children and condemn humanity to oblivion" and that human-induced climate change "will destroy human civilization unless emergency action is taken." This rhetoric is far removed from scientific reality.

Thankfully, this group doesn't operate in Canada, though groups like Extinction Rebellion, which engage in extreme acts like gluing themselves to objects, do. In 2022,

anarchists motivated by "decolonization" rhetoric and extreme hatred towards the energy industry attacked a pipeline worksite in B.C. Extremist groups in Canada and abroad are normalizing attacks on energy infrastructure based on distorted beliefs. "World on fire" rhetoric fuels this extremism.

Mason also weaponizes the virtue of caring, suggesting that because Poilievre doesn't endorse certain policies, he doesn't care about the planet. This ignores the complexity of the debate. No one can read minds to know Poilievre's true feelings.

Lastly, Mason erroneously links carbon taxes to combating climate change. One cannot confidently claim that higher carbon taxes would have prevented or mitigated the effects of this forest fire. Alarmist rhetoric not only distorts public policy debates but also harms the public.

My report on eco-extremism highlights the growing climate change anxiety among young people constantly exposed to unscientific alarmist language that is causing them to grow up in fear. Some young families are tragically even foregoing having children.

A fearful society – especially one driven by unfounded beliefs – is dangerous. Manipulators can exploit fearful people to support unnecessary and harmful policies. Influential voices must think carefully before they write, lest they contribute to this misguided discourse.

Joseph Quesnel

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Pablo Rodriguez says he stands by Justin Trudeau

PM's Quebec lieutenant pitches Liberal successes – after Toronto by-election loss

MARTIN C. BARRY

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A few days after the Trudeau Liberals' humiliating by-election defeat in the "safe" Liberal stronghold of Toronto-St. Paul, Pablo Rodriguez, the Prime Minister's lieutenant for Quebec, was talking apologetically on the phone – long before he even got around to the actual purpose of the call.

The by-election impact

"I totally get what happened on Monday," said Pablo Rodriguez, the Member of Parliament for the Montreal riding of Honoré-Mercier.

"I mean, it's been rough for us," he told *Newsfirst Multimedia*. "But then again, it's not a general election, it's a by-election where people pass messages. And I think we understood very clearly that people are not happy with our stuff, that they feel the pain of the increased cost of life and all of that."

Undoing the damage

"But at the same time, when they're going to come into an election and make the final button when you change the government, that's a different thing, right? Because in a by-election, you send a message, and in an election, you choose your government. So, these are two different things."

While the ostensible purpose of the call was to remind us of the Liberals' more noteworthy accomplishments, the timing – coming virtually right after the by-election fiasco – left little doubt that the gears had been turning during recent Liberal caucus meetings in Ottawa, where

the operative phrase undoubtedly was damage control.

Pre-election year pitch

Thus Rodriguez, who is currently Minister of Transport in the Trudeau cabinet, went on to list the Liberal government's most significant achievements (this being a pre-election year, mind you, with the next official election date not expected before late next year – if the government hangs on to the end with crucial NDP support).

Among the accomplishments: Nationwide programs aimed at combating child poverty; massive investments in new and moderately-priced as well as low-income housing projects; the Canada Dental Care Plan (albeit largely at the insistence of the NDP, as a condition for their ongoing political support); and the Canadian Pharmacare Plan, initially covering medications for diabetes and contraception.

"I think we have a pretty good *bilan*," said the bilingual Rodriguez, using an interchangeable Québécois term that roughly translates to a balance sheet.

No election until late 2025

Regarding the ongoing viability of the Trudeau government's arrangement with the NDP, and whether it will last until the next scheduled election, Rodriguez said he felt confident there would be no election before October 2025.

"One of the most important things that Canada needs these days is stability," he said. "Stability, because the world – not just the country – is going through a tough situation, with the economic crisis that followed the pandemic, the cost of living that has increased, and the

impact of climate change."

"You can feel it through the wildfires and through the droughts. So, I think we need a stable government to lead the country during this period. And this deal with the NDP is offering that kind of stability."

Dealing with the deficit

In the Trudeau government's 2024 budget tabled in April by Liberal Finance Minister Chrystia Freeland, the federal deficit was projected to be \$39.8 billion in 2024-25, and \$38.9 billion in 2025-26, after which it would decline to \$20 billion by 2028-29.

When asked how the Liberals plan to pay for the massive amount of debt they have accumulated while in office for nearly a decade, Rodriguez noted that the official opposition Conservatives are demanding immediate spending reductions, without however specifying what they would cut.

"So, what we're saying, of course, is that we're going to reduce and put an end to the deficit, but not put at risk the people that need it the most, not have people really suffering, because the role of the government is to be there for those that need us," said Rodriguez.

Still on side with Trudeau

Several days prior to the interview with Rodriguez, former Ottawa-area Liberal MP Catherine McKenna became the first ex-Trudeau cabinet minister to go on record stating she felt it was time for the Liberals to seek a new leader – although she also expressed support for Justin Trudeau's accomplishments.

Rodriguez insisted he still strongly supports Justin Trudeau, noting that the Liberal prime minister "led us to three victories in the last three



elections – which is huge, right? ... and he has the strength and the energy to keep fighting. So, he will decide on what he wants to do. But I will follow him."

Finally, Rodriguez, who was first elected in 2004, confirmed that he has already made up his mind to seek a seventh term as the MP for Honoré-Mercier. (He lost once, in 2011, to the NDP, when the party surged during the so-called Orange Crush.)



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Emergency sirens now installed all over Laval's territory

The City of Laval reports that following the enactment of by-law L-12933 in the autumn of 2022, a significant number of industrial companies located in Laval have complied and have installed emergency sirens designed to go off to alert the public if industrial accidents happen.

Sirens in the network have been designed to go off for events such as accidental toxic fume releases or explosions at companies where hazardous materials are stored or used in manufacturing processes.

Should a major industrial accident occur, according to the city – one of that threatens to cause widespread harm beyond the actual site of the industry – the siren will go off.

Its purpose is to quickly warn the population of the need to seek shelter. Laval joins the cities of Montreal and Victoriaville in implementing this policy.

“The security of the population is a priority, but also a shared responsibility,” said Laval city councillor and executive committee member Sandra Desmeules, who is responsible for public

safety dossiers.

“I salute the commitment of the industries involved here in this regard, and I invite all people in Laval to become informed on the right things to do in order to assure their security and that of those close to them in emergency situations.”

What to do if you hear the emergency siren

Proceed to and get into the nearest building. Close the windows and doors and shut down

the ventilation. Seal the doors and windows with caulking if possible.

Get away from the doors and windows.

Get information from the City of Laval website as well as from emergency text messages.

Sirens have been installed at companies located in industrial parks around the centre of île Jésus (around the border of Chomedey and Vimont), as well as in another industrial zone in the Saint-Vincent-de-Paul district. The sirens have a distinctive sound, rising and falling in tone over a period of several minutes.

Laval's marketing and communications dept. gets a second recognition

For the second year in a row, the City of Laval's marketing and communications division received a Gold Quill Award of Merit. This time it was for a campaign the city mounted last year to recruit summer employees.

The Gold Quills are awarded annually by the International Association of Business Communicators (IABC) to recognize excellence in strategic communications at the international level.

“All my congratulations to the teams for this global recognition,” said Mayor Stéphane Boyer. “Receiving this award the first time was a great honor. But getting it a second time shows without contradiction the expertise of the City of Laval's communications and

marketing service.

“Without doubt, everything is in place to get our citizens to contribute to their living space in order to turn it into an exceptional environment,” he added.

The goal of the 2023 recruiting campaign was to emphasize the attractiveness of the city's seasonal jobs to a target audience of young people who are currently being sought by many employers, while also promoting the positions as valuable work experience on professional as well as personal levels.

“It was on this basis of a shortage of seasonal labour that the City of Laval decided to hire 500 seasonal employees,” said Nathalie Monette, the City of Laval's chief of communications.

City reaches agreement in principle with its recreation workers

The City of Laval announced last week that it has reached an agreement in principle for a new collective agreement with 1,200 unionized employees working in the city's recreation services department.

“After more than two years of negotiations, I am happy with the conclusion of this agreement which allows us to assure all citizens that they will be getting quality recreation services, all while respecting their capacity to pay,” said Mayor Stéphane Boyer.

“Our main goal was to be able to achieve gains in efficiency for the city, while also being able to offer working conditions comparable to bordering cities.”

According to the city, the agreement, which is for six years, has resulted in gains for the employer and the residents, especially as regards the simplification of salary scales, greater mobility by the employees between recreational disciplines, and improved staff planning.



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YUL Montréal-Trudeau International Airport: Summer season travel tips and mitigation measures

With passenger traffic at YUL Montréal-Trudeau International Airport continuing to grow and many summer destinations awaiting travellers, ADM Aéroports de Montréal and its community partners are expecting a busy summer at YUL.

ADM would like to remind travellers of some important tips to help them start their holiday on the right foot by preparing properly for their journey through the airport.

Mitigation measures implemented by ADM for the summer season

To help travellers avoid road congestion, ADM teams have implemented several mitigation measures to provide them with new options for easy access to YUL.

- The first level of the P4 multi-level parking lot has been converted into an express drop-off zone. The West Express drop-off zone offers an additional option to drop off a loved one in preparation for their departure. It is served by a frequent shuttle service, and access to the terminal takes less than 5 minutes.
- It is also possible to walk from the parking lot to the terminal. The estimated walking time is less than 10 minutes.
- A second Express drop-off zone (East) has been established near Highway 520 and Côte-de-Liesse. It offers a free shuttle service every five minutes, with a five-minute journey time.
- Both express drop-off zones will be open between 1 p.m. and 8 p.m. during peak periods.
- A 40-minute free parking period is also being offered for most parking lots on the YUL site until the end of September 2024. This measure aims to limit circular vehicle movements on the site.

Picking up passengers

- Make sure that the passenger you are meeting has arrived and completed arrival procedures before heading to the arrivals level pick-up area. If they haven't arrived yet, use the CellParc waiting lots. You can stay there for up to 2 hours free of charge.
- To make it easier to locate passengers, the pick-up area is divided into 5 loading areas: A, B, C, D and E. Pay attention and arrange a precise meeting point.

Passenger tips before leaving

Getting ready

- Check the status and schedule of your flight before you go to the airport by visiting the ADM website or by contacting your airline.
- Check the current occupancy of our available parking lots, including our new P4 multi-level parking, and reserve your parking space to ensure a spot during your trip and to take advantage of various promotions.
- Plan your movements and take the time to check road conditions and traffic by consulting Québec 511 before heading to the airport.
- Find out about the various public transportation options available in your area to get to the airport.
- Carefully pack your carry-on baggage to make it easier to pass through security.
- Check with your airline to determine the allowable size of your carry-on baggage and the maximum weight of your checked baggage.

Arrive early

- Arrive at the airport 3 hours prior to departure, regardless of your destination, to complete the airport pre-boarding process.
- Once you have completed your check-in, immediately go through security. You will then be able to explore and enjoy YUL's



retail offerings and family activities in the restricted area.

- To take advantage of expedited airport procedures, make use of two complimentary services offered at YUL:

- Mobile Passport Control (flights to the U.S.), an application that allows you to submit your passport information and customs declaration in advance. This saves you time and gives you access to a priority line at the airport.
- YUL Express (international, domestic and U.S. flights), an online booking platform that provides a schedule for security checkpoints.

Passenger tips for returning home

- Simplify your arrival in Canada by completing your Canada Border Services Agency (CBSA) Customs' Advance Declaration, up to 72 hours prior to your arrival in Canada using ArriveCAN. The use of this application reduces the processing time for travellers in the border control area.
- To avoid waiting, you can pay for your parking online on your mobile device, 15 minutes before you leave the airport. Simply scan the QR code on your parking ticket and follow the instructions.

Beware of offers of private loans on fraudulent websites

The Autorité des marchés financiers ("AMF") is warning Quebecers about fraudulent websites that offer private loans with attractive interest rates.

The scam is always the same:

- The victims apply for a loan from a fraudulent website
- The criminals require certain fees to be paid to "open a file", "pay professional fees" or "pay an insurer in order to secure the loan"
- The victims are asked to send the fees by Interac transfer to various e-mail addresses, including personal ones
- After paying the fees, the victims never receive the loan funds

Identity theft

Websites used by criminals include:

- paolofolco-courtier.ca
- landry-courtier.com
- courtiercanada.ca
- courtier-canada.com
- tremblay-solutions.ca
- sirois-finance.ca

Some fraudulent websites are counterfeit sites

that use the names of actual representatives and/or firms registered with the AMF, which can cause confusion. For example:

- Paolo Folco has been registered in mortgage brokerage since February 1, 2013 and in insurance of persons since August 19, 2014
- Bruno Landry Courtier Assurance-crédit inc. has been registered in commercial-lines damage insurance since March 6, 2003
- Tremblay Solutions Financières inc. has been registered in insurance of persons since February 5, 2009

The AMF wishes to emphasize that none of the duly registered representatives and firms listed above solicits or advertises to the public on the aforementioned fraudulent websites.

Furthermore, no firm by the name of "Paolofolco-courtier", "Courtier Canada", "Landry Courtier", or "Sirois Finances" is registered with the AMF.

The AMF also wishes to emphasize that the offering of private loans is not regulated by the AMF. For an individual or firm to offer private loans, it must be registered with the Office de la protection du consommateur.

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July 10, 2024 • The Laval News • 7

Record amount donated to the Red Cross

Fundraising campaign at the City of Laval

For the 36th edition of the Canadian Red Cross' corporate campaign, Quebec Division, the active and retired employees of the City of Laval once again demonstrated their great generosity by raising the exceptional sum of \$128,508. Raised through individual donations and during various collective activities, this amount will help meet the urgent needs of people who have been victims of a disaster in Quebec.

"The dazzling success of this year's campaign would not have been possible without the dedication and generosity of the City's active and retired staff, and without the motivation and creativity of our team of ambassadors. I thank them from the bottom of my heart. In the event of a crisis, every dollar raised counts to provide relief to those affected. We hope that the amount raised can make a real difference," said Pierre Brabant, Vimont City Councillor and President of the 2024 Campaign.

An essential organization in times of crisis in our territory

When a disaster strikes, the Red Cross

responds quickly to provide comfort, shelter, food aid, clothing and essential items to those affected. In Quebec, teams of volunteers are mobilized, on average, three to four times a day. The organization is present 24 hours a day, 365 days a year, to respond to immediate needs until the affected communities fully recover.

In Laval, for the period from April 1 in 2022 to March 31, 2023, 15 emergency situations took place, providing direct assistance to 112 Laval residents and training 55 volunteer recruits. Since the beginning of 2024, the Red Cross has already been mobilized several times in various neighborhoods of the city, demonstrating the continued importance of this support.

Highlights

The City of Laval's campaign is one of the largest corporate campaigns in Quebec for the Red Cross.

For an 8th consecutive year, the amount raised by active and retired staff is more than \$100,000.

Over the past 15 years, the City of Laval's corporate campaigns have donated more than \$1.2 million to the organization.



Left to right: Mathieu Clermont, Johanne Frappier, Pierre Clermont, Ghassan Brax, Pierre Brabant, Stéphane Boyer, Benoit Collette, Emy Auger, Louise Harvey, David Ménard. (Photo: Martin Alarie)

CFIB issues recommendations as Canada reviews Temporary Foreign Worker program

Country's agri-businesses want streamlined processes, small business lobby group says

MARTIN C. BARRY

Local Journalism Initiative Reporter for The Laval News
marty@newsfirst.ca

As the Trudeau government looks to overhaul its Temporary Foreign Worker (TFW) program, most agri-businesses say they are in favour of multi-employer work permits as an option, enabling employers to share foreign workers, according to new research undertaken by the Canadian Federation of Independent Business (CFIB).

Foreign worker 'poaching'

However, cautions the CFIB, the majority of agribusiness owners don't support sectoral and/or regional work permits, whether it's under the current or a new program structure, where a third party would recruit and dispatch a pool of foreign workers, as they fear such permits could facilitate employee poaching and thus hinder retention.

"While government is reviewing its TFW program, it needs to consider the practical needs of agri-businesses and the future of Canada's food security," said Juliette Nicolay, a CFIB policy analyst.

"Farmers are already struggling with chronic staffing shortages and when they turn to foreign labour, it's only as a last resort because they can't find anyone locally," she added. "That's concerning given Canada's ageing population and a perceived lack of interest among Canadian workers in a career in agriculture."

TFW hiring in Quebec

CFIB research found that three in 10 Canadian agri-businesses hired foreign workers in 2023. The reliance on foreign workers was even more pronounced in certain regions, such as Quebec (51%), and in agriculture sub-sectors characterized by labor intensive tasks, such as the fruits, vegetable and horticultural specialties (64%).

According to Employment and Social Development Canada (ESDC), among employers who hired TFWs, 92% said foreign workers helped them meet demand for their products or services, while 89% said that TFWs helped them stay in business.

CFIB maintains that there are many misconceptions around the TFW program, for example that TFWs aren't paid sufficient wages or they're mistreated by their employers.

Debunking TFW myths

In fact, the federation says, most (85%) TFWs are paid the same wage as Canadian full-time residents or citizens, and only 3.5% are paid less. They also note that the federal government conducts regular inspections to ensure health and safety of foreign workers, with 94% of employers inspected found to be compliant on 26 different criteria.

"While there may be isolated bad actors that should not be tolerated, agri-businesses highly value foreign workers, and they take time and effort to bring TFWs to Canada," said Francesca Basta, a CFIB research analyst.

"They cover costs that go beyond wages like housing, transport and health care. It is also common for farmers to have the same TFWs come back year after year. Some also sponsor foreign workers to become permanent residents."

CFIB's suggestions

To improve the TFW program's efficiency, the CFIB recommends that the federal government should consider:

- Reducing red tape associated with hiring

TFWs, notably streamlining the Labour

Market Impact Assessment (LMIA) process;

- Allowing for the sharing or transferring foreign workers as an option (e.g., multi-employer work permit);
- Indexing the housing deduction to inflation – it is currently \$30, which does not reflect real housing prices;
- Allowing employers to match the wages offered by another employer with an LMIA in the same area to strengthen retention and curtail poaching. Provisions under the Employer Compliance Regime currently limit this;
- Reimbursing the employer for the costs associated with the administration and enforcement of the compliance inspection, should the LMIA not be issued;
- And introduce a mechanism to compensate initial costs covered by the employer whose employee has been poached and streamlining access to new TFWs.

The CFIB's full mitigating agricultural labour shortages report, Harvesting a solution: Temporary Foreign Workers (TFWs), can be found on the CFIB's website.

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MAKE YOURSELF at home!

A note of welcome to new residents (and new Laval News readers)

THE LAVAL news

TEL. (450) 978-9999
Email us at editor@newsfirst.ca
or visit us on the web at www.lavalnews.ca

We would like to take a moment to extend a warm welcome to all of you who have recently chosen to make Laval your new home.

Every year at this time, we publish the contact info for your city councillors, MPs and MNAs. All taxpayers should know who represents them.

We've also published for you the most important municipal by-laws.

At the same time, we would like to take this opportunity to thank our faithful readers for sticking with us and keeping us on our toes, as well as our local merchants - your advertising supports and enables us to provide the very best the community has to offer in terms of English media. We may not be the biggest, but we've got heart - and we'll go to the mat for Laval and our readers, each and every time. If there's a story you'd like to see us cover, something that bugs you, or a feature you love and would like to see more of - give us a call, drop us a line, or even drop by our offices... our doors are always open. Established in 1993, we are Laval's oldest English newspaper, thanks to you, our readers.

Visit us on the web anytime at www.lavalnews.ca to browse through our latest issue online, or even browse our archives.

All citizens should know that their Federal, Provincial and Municipal representatives are there to hear their concerns and try to solve their problems. They're just a phone call away.

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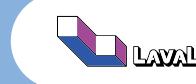
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citycouncil.laval.ca

To make a request to Ville de Laval 24/7, go online.

Mon dossier. The citizen portal.

mondossier.laval.ca



LAVAL'S MUNICIPAL BYLAWS

Both new and established residents will benefit from a glance at this handy list of services and Bylaws. Please note that the following information does not replace the provisions found in the official Bylaws.

AIR CONDITIONERS AND HEAT PUMPS



Air conditioners include heat pumps, central air conditioning systems, split units, and wall-mounted air conditioning units used to condition the air in a residence or heat a swimming pool.

Residents from the former municipality of Laval-sur-le-Lac must contact the Service de l'urbanisme as a specific bylaw applies to that sector. The water-cooled air conditioners are prohibited.

ALARMS

There are several types of residential and commercial alarms.

Alarm other than the "armed robbery" type

Burglar alarm: alarm triggered automatically in response to noise, movement or a break-in.

Panic button: alarm triggered by a person having a health problem or facing a life-threatening event.

"Armed robbery" alarm

Alarm triggered by a person to report that an armed robbery is underway.

False alarm

An alarm is false when it is triggered unnecessarily, incorrectly or for a reason other than the intended use of the device. This includes alarms set off by tests that generate a call to the 911 emergency call centre of Laval, by defective or substandard equipment, or by bad weather, excessive vibrations, power failures or neglect.



Fees

Fees are charged for all police interventions within a period of 183 days from the first intervention resulting from an unnecessary communication.

A communication is considered unnecessary when there is no evidence of an intruder, of a crime being perpetrated or attempted, or of any other threat to justify triggering the alarm system.

Visit the laval.ca website for more information on the fees.

CANNABIS

Like other cities in Quebec, the City of Laval is responsible for regulating the use of cannabis in public and establishing a zoning for the cultivation and sale of cannabis on its territory.



It is forbidden to smoke or vaporize cannabis in all public places, indoors and outdoors, including on public roads and at events, and in all parks, green spaces, wooded areas and riverbanks on Laval territory. The same applies to large outdoor spaces, such as the Nature Centre and the Maison des arts.

Entry into force of the regulations on the production and sale of cannabis in Laval

On June 1, 2021, Laval city council adopted 2 municipal by-laws concerning cannabis. The first concerns its production and sale, the second the odour associated with its production. The new regulations apply to the production of cannabis in specific areas of the city, and are now in force within Laval city limits.

Zones for points of sale and production

The regulations require that a minimum distance or "white zone" be observed between points of sale of cannabis and school establishments as well as youth centres. The Laval by-laws call for white zones (305 metres) that are larger than the minimum 250-metre zones required under the Cannabis Regulation Act. In addition, the sale of cannabis is prohibited in zones located near school construction projects and vacant lots, which could eventually house schools. The implementation of retail branches is authorized only in specific commercial zones, mainly on large arterial roads where retail sales are authorized.

The by-law concerning odours associated with cannabis production is intended to prevent Laval residents from being exposed to odour nuisances stemming from the cultivation and warehousing of cannabis. Production is strictly limited to specific industrial zones and to four small agricultural zones far from residential neighbourhoods. The new production sites are required to use certified systems for eliminating odours generated by cannabis cultivation.

Visit the laval.ca website for more information on cannabis use, sale, and production.

CARBON MONOXIDE DETECTOR

All property must be equipped with a mandatory carbon monoxide detector when there is a combustion appliance or direct access to an indoor parking garage.

If the property has several dwellings, its owner

LAVAL

I would like to wish a warm welcome to all our new residents in the district of Chomedey

Aglaia Revelakis
Conseillère Municipale - Chomedey
514-242-5761 | a.revelakis@laval.ca

Wishing a warm welcome to all new residents that chose to live in our beautiful riding!

ASSEMBLÉE NATIONALE DU QUÉBEC

SONJA LAKHOIAN OLIVIER
Députée de / MNA for Chomedey
450-686-0166 | Sona.LakhoianOlivier.CHOM@assnat.qc.ca

LAVAL'S MUNICIPAL BYLAWS

must install a carbon monoxide detector in each dwelling.



Several cases of carbon monoxide poisoning are reported each year in Quebec. A carbon monoxide detector is the only device that can detect the presence of this gas and alert the residents. In order to keep all residents safe, homeowners are advised to install a carbon monoxide detector.

Any individual who violates a provision in this bylaw is committing an infraction and may be subject to fines.

Visit the laval.ca website for more information on the fines.

Bylaw L-11015 concerning safety, well-being and sanitation in health and social services establishments has been repealed, effective September 1, 2019. Consequently, a childcare operating permit is no longer required.

However, a certificate of occupancy is still required. Visit the laval.ca website for information on the certificate of occupancy.

CODE OF ETHICS AND PROFESSIONAL CONDUCT FOR ELECTED OFFICIALS



The goals of the Code of ethics and professional conduct for Laval elected officials are to:

- Prioritize the values underlying the decisions of a member and contribute to a better understanding of the City's values.
- Establish standards behavioral norms that promote the integration of these values in the elected officials decision-making process and, in general, in their conduct as such.
- Prevent ethical conflicts and if they occur, help solve them effectively and responsibly.
- Ensure the implementation of control measures in regards to ethical breaches.

CHILD CARE



COLLECTION OF RESIDUAL MATERIALS



The City of Laval has adopted one new Bylaw L-12424 governing the sorting, handling and collection of residual materials. Residents are now required to sort materials and participate in the organic waste collection aimed at reducing the quantity of materials destined for landfills.

This bylaw concerns owners of single-family homes, plexes and apartment buildings, as well as industries, businesses and institutions (IBI).

Discover the tricks and tips on sorting materials on the laval.ca website.

Each residence serviced by Laval's water network is fitted with a connection system supplying water. The water inlet valve also called a "service box" is usually buried on the front side of the building and usually on property limits, between the City's right-of-way and that of the owner. Its location is marked by a 10-cm diameter metal disc located at ground-level, which also provides access to it.

The owners are responsible for the private portion of the connection system located on their property, as shown on the diagram. It is also the building owner's responsibility to ensure that the service box is clearly visible and unobstructed in order to facilitate its handling. Only city employees are allowed to handle the service box.

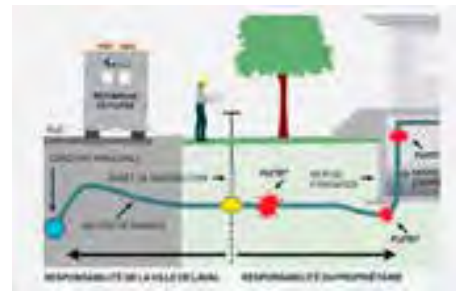
DISCONNECTION OF GUTTERS (EAVESTROUGHS)

Ville de Laval launched its gutter disconnection program in 2014, which is based on Bylaw L-11870 and is intended to upgrade gutter connection standards.



An issue with non-compliant rainwater gutters exists, specifically in sectors with pitched roofs.

CONNECTION TO THE WATER NETWORK



The Members of Parliament would like to wish a warm welcome to all the newly arrived citizens of Laval!



FAYÇAL

EL-KHOURY

MP FOR LAVAL-LES ÎLES

faycal.el-khoury.c1@parl.gc.ca



CHAMBRE DES COMMUNES
HOUSE OF COMMONS
CANADA

ANNIE

KOUTRAKIS

MP FOR VIMY

annie.koutrakis@parl.gc.ca

LAVAL'S MUNICIPAL BYLAWS

Since 2014, inspections have been carried out in the Auteuil, Vimont, Laval-West, Chomedey, Sainte-Rose, Fabreville, Laval-des-Rapides, Pont-Viau, Duvernay, Saint-François, Saint-Vincent-de-Paul and Sainte-Dorothée sectors.

In 2024, Laval plans to follow up on the recommendations suggested in the letters to citizens of the targeted neighbourhoods for a second inspection in 2023.

Ville de Laval also plans to conduct an initial inspection of rainwater gutters in residences located in the following neighbourhood.

Visit the laval.ca website for information on compliant connections and solutions.

EQUIPMENT USING DRINKING WATER CONTINUOUSLY



In August 2012, Ville de Laval adopted the Stratégie lavalaise d'économie d'eau potable to reduce the waste of drinking water.

In order to meet the objectives required by the Stratégie québécoise d'économie d'eau potable (SQEPP), the City of Laval has amended its by-law L - 12778 (PDE, 1Mo) on the consumption and use of water.

The by-law prohibits the use of devices that use drinking water continuously. If you are using

this type of equipment, they will have to be removed, replaced or modified to bring them into compliance.

FOSTER CARE FOR ADULTS



Bylaw L-11015 concerning safety, well-being and sanitation in health and social services establishments has been repealed, effective September 1, 2019.

However, a certificate of occupancy is still required. Visit the laval.ca website for information on the certificate of occupancy.

GARAGE SALE

Garage sales, being the exhibiting of vari-



ous merchandise with the intention of selling it in places other than a public market or a commercial establishment, are permitted as complimentary use of the dwelling. They are permitted for a single period of 2 consecutive days per residential building during the same calendar year.

No permit is required for a garage sale on the land of a residential building. However, to organize a garage sale on a municipal site, an authorization must first be requested.

INDOOR HEATING APPLIANCES AND FIREPLACES



Ville de Laval is concerned with providing a healthy environment for its population. Aware of the harmful effects on air quality and on the health of the community, bylaw L-12792 was adopted by municipal authorities to regulate the use of heating appliances and solid fuel fireplaces, located in inside a property, on Laval territory.

Mandatory declaration concerning heating appliances and indoor fireplaces

Effective May 4, 2021, all building owners who

have a heating appliance or an indoor fireplace must transmit a declaration to the City of Laval. This declaration form must be completed when an old appliance is removed or replaced or when a new appliance is installed.

To complete the form, you will need:

- Manufacturer's name
- Model name or number
- Appliance certification
- Number of grams per hour of particles emitted into the atmosphere

To complete the declaration form, log in to Mon dossier on the laval.ca website. Please note that you will need to create an account if this is your first visit.

MUNICIPAL PARKS



Ville de Laval has enacted a bylaw in order to enable you to fully and safely enjoy the many facilities at your disposal. This bylaw deals mostly with park hours, prohibitions and offences.

Park hours

Laval citizens can enjoy our municipal parks during the following times:

- From 7 a.m. to 10 p.m., except on sports

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Summertime is reading time
And much more...

 dehors.laval.ca



LAVAL'S MUNICIPAL BYLAWS

grounds where there is lighting and a game is under way, in which case, that area may stay open until 11:30 p.m.

NOISE

Under the bylaw regarding noise, residents must comply with the limits in effect in the daytime and at night.



Noise restrictions

At night (between 9 p.m. and 7 a.m.)

- **Outdoor noise:** Sound intensity measured within the limits of a property used in whole or in part for housing must not exceed 50 dB(A).
- **Noise inside an inhabited building:** Sound intensity must not exceed 40 dB(A) inside a bedroom and 45 dB(A) inside any other room used as housing.

During the day (between 7 a.m. and 9 p.m.)

- **Outdoor noise:** Sound intensity measured within the limits of a property used in whole or in part for housing must not exceed 55 dB(A).
- **Noise inside an inhabited building:** Sound intensity must not exceed 45 dB(A) inside a bedroom and 50 dB(A) inside any other room used as housing.

Visit the laval.ca website for information on exceptions and fees.

NUISANCES

Ville de Laval introduced a bylaw on nuisances in order to ensure a better quality environment and protect public health and safety.

Lawns and noxious plants



It is prohibited to maintain a lawn or weeds at a height of more than 20 cm on a property that has been built on, and at a height of more than 30 cm on a vacant property measuring less than 2,000 m². In addition to being unsightly, a poorly maintained property favours the spread of noxious or invasive plants in the neighbourhood.

Stagnant water

It is prohibited to keep a pond, a basin, an unmaintained swimming pool, or any other accumulation of stagnant water other than a stream on a property between June 1 and October 1. Stagnant water can become a breeding ground for mosquitoes.

Garbage

It is prohibited to let garbage accumulate on a

private property or to place garbage on a public road. A property where garbage and unused objects are allowed to collect is unsightly and can be harmful to the environment. In addition, it can cause stagnant water and foul odours to accumulate, and can attract certain harmful animals.

Soot and smoke

During combustion, a non-certified stove or fireplace that is poorly maintained or used will emit a large quantity of fine particles into the atmosphere. These particles can have harmful effects on human health and the environment.

Lighting

Most people prefer to sleep in darkness. However, blocking out light from outdoors completely can be difficult, even with opaque curtains. Please bear in mind that a light fixture must be positioned in such a way that the light falls only on the property where it is located.

OCCUPANCY AND MAINTENANCE OF HERITAGE BUILDINGS



In order to preserve buildings listed as holding heritage interest, the City of Laval has adopted a bylaw concerning the occupancy and maintenance of such buildings. This bylaw aims to maintain these buildings in good condition and prevent their deterioration.

Buildings targeted

About 2,600 buildings (primary and secondary buildings, residential or institutional, infrastructures, cemeteries, stations of the cross, calvaries, carnaries and burial vaults) are targeted under the bylaw concerning the occupancy and maintenance of buildings. They are listed in the pre-inventories and inventories carried out between 2015 and 2022 by specialized firms.

To view all the buildings with heritage interest targeted under the current bylaw, as well as some other details and more information on this bylaw, visit the laval.ca website.

OIL-FIRED HEATING APPLIANCES



The City of Laval, in an effort to promote the transition to renewable energy sources and help reduce greenhouse gas emissions, has adopted Bylaw L-12964 concerning the application of a tax on oil-fired heating appliances. This tax aims to foster greater awareness of the environmental

Your Laval Health Services

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300, boulevard de la Concorde Est
Laval (Québec) H7G 2E6
T 450 667-5310

GMF Centre médical Laval Centre médical Laval

1110, boulevard Vanier
Laval (Québec) H7C 2R8
T 450 661-2521

GMF Médi-Centre Chomedey Médi-Centre Chomedey

610, boulevard Curé-Labelle
Laval (Québec) H7V 2T7
T 450 687-6452

GMF Sainte-Dorothée Clinique médicale Sainte-Dorothée

1, boul. Samson, bureau 102
Laval (Québec) H7X 3S5
T 450 689-6334

GMF Polyclinique médicale Fabreville

Polyclinique médicale Fabreville
380, boulevard Curé-Labelle
Laval (Québec) H7P 5L3
T 450 628-5800

GMF SAINTE-ROSE CLSC Sainte-Rose

280, boul. Roi-du-Nord
Laval (Québec) H7L 4L2
T 450 622-5110

MEDICAL CLINICS WITH WITHOUT AN APPOINTMENT

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1755, boul. René-Laennec
Laval (Québec) H7M 3L9
T 450 668-1010

GMF CLINIQUE MONTEUIL

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4650, boul. des Laurentides, bureau 200
Laval (Québec) H7K 2J4
T 450 628-8717

Clinique médicale Saint-François

8048, avenue Marcel Villeneuve
Laval (Québec) H7A 4C5
T 450 665-1702

GMF LE CARREFOUR MÉDICAL

Centre médical Le Carrefour
3030, boul. le Carrefour, bureau 200
Laval (Québec) H7T 2P5
T 450 686-8899

Centre médical Samson

4599, boul. Samson, bureau 202
Laval (Québec) H7W 2H2
T 450 688-7170

Clinique médicale Ste-Rose

254, boul. Curé-Labelle
Laval (Québec) H7L 3A2
T 450 622-3603

GMF DES BOISÉS

4670, boul. St-Martin Ouest
Laval (Québec) H7T 2Y2
T 450 687-8585

GMF JOLIBOURG

1271, boul. Jolibourg, bureau 649
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T 450 689-2424

GMF BOULEVARD DE L'AVENIR Clinique médicale de l'Avenir

1435, boulevard Saint-Martin Ouest,
bureau 501, Laval (Québec) H7S 2C6
T 450 668-0964

GMF UNIVERSITAIRE DU MARIGOT CLSC du Marigot (boulevard des Laurentides)

1351, boul. des Laurentides
Laval (Québec) H7M 2Y2
T 450 668-1444

GMF PROMÉDICA - ProMédica

1200, boul. Chomedey, bureau 140
Laval (Québec) H7V 3Z3
T 450 934-7491

GMF CLINIQUE SANTÉ 440

4650, Autoroute 440, Desserte Sud,
bureau 310, Laval (Québec) H7T 2Z8
T 450 686 8444

MD-PLUS CLINIQUE PRIVÉE (LAVAL)

1575, boulevard de l'Avenir, bureau 220
Laval (Québec) H7S 2N5
T 450 933 8303

POLYCLINIQUE MÉDICALE FABREVILLE

380, boulevard Curé-Labelle Sud
Laval (Québec) H7P 5L3
T 450 628 5800

POLYCLINIQUE ST-MARTIN

1435, boulevard St-Martin Ouest, bur. 203
Laval (Québec) H7S 2C6
T 450 233 6527

CENTRE LOCAL DE SERVICES COMMUNAUTAIRES (CLSC)

CLSC du Marigot

250, boulevard Cartier Ouest
Laval (Québec) H7N 5S5
450 668-1803

CLSC de Sainte-Rose

280, boulevard Roi-du-Nord
Laval (Québec) H7L 4L2
450 622-5110

CLSC de l'Ouest-de-l'Île

4250, boulevard Dagenais Ouest
Laval (Québec) H7R 1L4
450 627-2530

CLSC des Mille-Îles

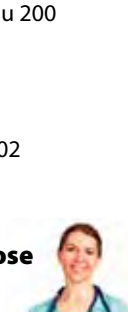
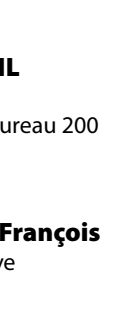
775 Rue Montrose,
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CLSC du Marigot (boulevard des Laurentides)

1351, boulevard des Laurentides
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450 668-1444

CLSC du Ruisseau-Papineau

1665, rue du Couvent
Laval (Québec) H7W 3A8
450 687-5690



LAVAL'S MUNICIPAL BYLAWS

impact of oil-fired heating systems among residents and encourage them to convert their appliances to more eco-responsible sources of energy.

The impact of fuel oil on the environment

Heating with fuel oil accounts for the largest proportion of greenhouse gases (GHG) emitted by residential buildings. It causes 100 times more pollution than heating with hydroelectricity. At the time of adopting the regulation, the City of Laval estimated 13,000 oil-fired heating systems within its limits emitted approximately 42,614 tCO₂e/year, which is equivalent to the annual emissions generated by 12,175 cars.

More information can be found on the laval.ca website.

OUTDOOR FIREPLACES AND COOKING APPLIANCES



The City of Laval reminds residents of the importance of complying with municipal regulations when using an outdoor fireplace. For the well-being of everyone, it is vital that residents observe the safety measures in force.

Before starting a fire, residents must be aware of the risks associated with the use of an outdoor fireplace, both in terms of safety and the environment. It is essential to consider the potential impact on neighbours so as to avoid any disagreements.

Non-compliance with the applicable regulations may result in fines and a prohibition on the use of a fireplace. In the event that the competent authority (firefighters) deems that the fire poses a danger to people and property, restrictive measures may be applied.

The City of Laval reminds residents that it is prohibited to use a fireplace during periods when smog warnings are in effect.

Visit the laval.ca website for a list of the compliances and prohibitions.

PARKING

A parking sticker is required to park vehicles on certain streets in Laval. Community organizations or public establishments with employees who offer physical, mental or psychosocial health care to residents at home can submit an application for an institutional parking sticker valid in residents-only street parking zones (SRRR).

Parking for Heavy Trucks



On-street parking is not allowed on Laval's public roads for road vehicle, or a combination of road vehicles, with a gross vehicle weight rating (GVWR) of 4,500 kg or more, recreational vehicle over 6 m in length and trailer.

Parking Permits

Street parking on streets reserved for residents is a bylaw allowing residents of a sector to park in zones reserved in their sector. Anyone possessing a car and a driver's license who lives in the designated zone can obtain a parking permit.

Snow Removal



Ville de Laval would like to remind snow removal contractors, business owners and citizens that piling snow on a public road is strictly prohibited, whether on the street, sidewalks or median strips.

Street Parking

Most on-street parking restrictions are in effect from October 1st to April 30th, as indicated by the signage in place throughout the majority of the area.

Since 2021, these parking restrictions are mandatory only during maintenance operations (street cleaning and sweeping, sidewalk main-

tenance, snow compacting, and snow blowing).



Trucking Network

Some of the highways in Laval are forbidden to heavy vehicles except for local delivery. You can consult the dynamic maps or downloadable PDF documents to verify which highways are accessible and their limitations to heavy vehicles.



PETS

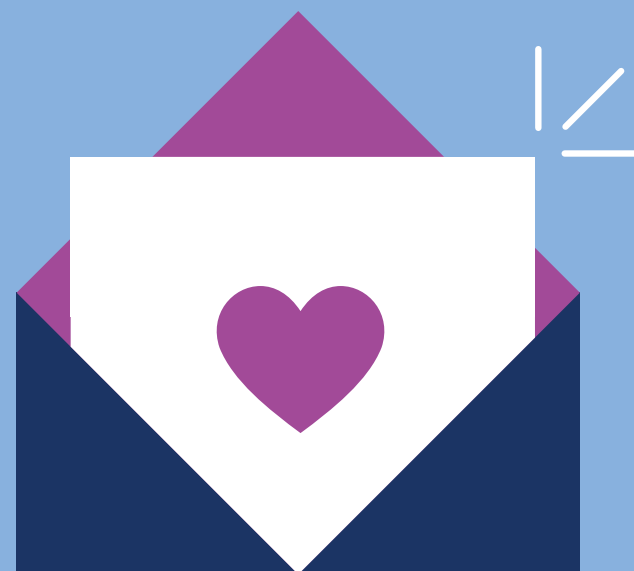
With the collaboration of an advisory committee made up in part of animal experts, Laval has drawn on best practices to establish its municipal by-law concerning animal control: L-12430.

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LAVAL'S MUNICIPAL BYLAWS



Found or lost animals

If you find a pet with a municipal ID tag, please contact 311 so that its owner can be contacted. If the pet does not have an ID tag, you may be able to identify it through its microchip. To find out if the animal has a microchip, please bring it to Le Berger blanc, the organization responsible for animal services in Laval. When Le Berger Blanc receives a lost animal, it posts the animal's photo on its website in an effort to find the owner. If the owner cannot be found, the animal is put up for adoption.

If you find a dead animal within Laval city limits, please contact Le Berger Blanc at 450-629-0075.

Pet owners who lose an animal are invited to visit Le Berger blanc's website to find out if it is there. If it is not, it is possible that a resident took in the animal. In this case, the pet owner can post a photo of the animal in a public space where doing so is permitted, making sure to include his or her contact information.

Learn about the permitted and prohibited animal species, as well as the obligations of dog owners and fines for infractions on the laval.ca website.

PRE-EMPTIVE RIGHT



On June 9, 2022, the National Assembly of Québec adopted Bill 37, an Act to amend various legislative provisions mainly with respect to housing. The legislation amends several laws in the municipal domain in order to give municipalities, intermunicipal management boards and public transit authorities the power to acquire buildings by means of a pre-emptive right.

RAGWEED



Under municipal Bylaw L-5659 concerning ragweed, allowing ragweed to grow on a vacant or partly developed lot constitutes a nuisance,

and this by-law applies to lot owners, tenants and occupants.

The owner, tenant or occupant of a vacant or partly developed lot must ensure that the lot is free of ragweed before August 1 of every year.

If you observe ragweed in a field or on a vacant lot, please inform the city.

To find out how to eradicate ragweed or for further information on this weed, please visit the laval.ca website.

SMOKE DETECTORS



All properties must have a smoke detector (also called a smoke alarm) in working order. In the case of a multi-family building, the landlord must install a smoke detector in each housing unit. In a single-family home, each floor must have a smoke detector and the devices must be interconnected.

Make sure you verify, at least twice a year, if your alarm is working properly. Furthermore, change the batteries as needed, or at least twice a year when you change the time.

New regulation

As of April 2025, all residential buildings constructed before 1985 will have to be fitted

with smoke detectors equipped with a 10-year non-removable lithium battery.

Have your chimney, connecting pipes and flues connected to an appliance using solid fuel swept each year, ideally after April 1 of the current year and just before the first cold days.

Information on fines can be found on the laval.ca website.

SNOWMOBILES AND ATVS

All-terrain vehicles and snowmobiles are authorized only between December 15 and March 31, and only along trails belonging to a recognized federation of which you must be a member. Please check with Laval quad snowmobile clubs to make sure the trails are open, since trails may be closed at any time for security reasons or weather conditions.



It is of interest to bear in mind, that the territory of Laval also includes waterfront areas and generally extends over half of the river and that no recognized trails run along these areas; consequently, it is prohibited to travel on the river. It should also be noted that our rivers often have strong currents in some spots and that the ice may be very thin there, exposing users of these vehicles to great risk.

A medal, that's bright.

Avoid a fine:
submit your request online.



 animals.laval.ca

 LAVAL

LAVAL'S MUNICIPAL BYLAWS

TOWING AND VEHICLE SEIZURE



The municipal pound is in charge of seized, damaged or towed cars on its territory.

TREES IN RIGHT-OF-WAY AREAS



The City of Laval is responsible for maintaining trees on a public right-of-way, in accordance with the regulations concerning the use, development and maintenance of the unused portion of the public right-of-way.

Maintenance of trees in the right-of-way is included in the cyclical maintenance program, but any maintenance deemed to be urgent can be requested. To know the limit of the public right-of-way, you must refer to your certificate

of location, since its width may vary from one property to another.

Definitions

- **Public right-of-way:** The portion of a lot adjacent to a public way (a street or a sidewalk), which occupies a property but is owned by the city. This right-of-way can vary in size from one street to another and can measure up to 10 metres or more. The city can exercise its right to use these public installations (sidewalk, wiring, etc.) at any time.
- **Borderline tree:** A tree on both private and public property, or a tree overlapping the property limit between the 2. Under these circumstances, all property owners must provide their written consent to have any action taken on the tree in question.
- **Certificate of location:** A document including a report and a plan in which a land surveyor states a professional opinion concerning a situation or the current condition of a land in relation to property titles, the cadastre, and the applicable regulations and by-laws.

WATERING BYLAW



Drinking water is a precious resource, and the City takes the necessary measures to preserve it. This is why there are year-round regulations with specific time slots for watering lawns between May 1st and September 30th.

Description of the watering methods

Non-automatic watering system

A system that must be turned on and off manually, and does not require hand holding during use.

- Hoses that are perforated, weeping, porous or microporous are considered non-automatic watering systems.
- Hose equipped with a hand-held, release type shut-off device used specifically for watering lawns is also considered a non-automatic watering system.



Automatic watering system

Integrated piped system, programmable with timer that ensures automatic start and stop.



Hand-held hose with shut-off

Refers to watering with a hose, connected to a water system, equipped with a hand-held release closure during the period of use.



Watering can

Usually, a vessel with a spout used to sprinkle or pour water especially on plants.

Find your time slot and other information on the laval.ca website.

WINTER CAR SHELTERS



Temporary car shelters may be erected as of October 15. The shelter must then be removed by April 30 of the following year.

Distance from public roads

The temporary car shelters are authorized only for residential buildings and must be located on the same land as the main building. The shelter must be installed so as to partially cover an access or parking driveway or space. No car shelter can be installed on a grass surface or a space not provided for this purpose.

Visit the laval.ca website for any additional information needed on all the bylaws.

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Sainte-Rose Art Symposium takes place from July 25 - 28

Works by 70 artists to be showcased in one of Quebec's most historic settings

MARTIN C. BARRY

Local Journalism Initiative Reporter for The Laval News
marty@newsfirst.ca

While the dates may vary a little from year to year, there's one thing about the Sainte-Rose Art Symposium you can always count on.

This popular summertime gathering of artists always guarantees four days of enjoyment of the visual arts for thousands of satisfied patrons.



Corporation Rose-Art president Oprina-Félicia Dolea. (Photo: Martin C. Barry, Laval News)

The 28th symposium

This year, the Corporation Rose-Art's art exhibition is taking place from Thursday July 25 to Sunday July 28. Those with a discerning taste for fine sculpture and inspiring visual creation will be arriving from all over Quebec, as well as other parts of eastern Canada, for the 28th symposium.



From the left (foreground), Sainte-Rose MNA Christopher Skeete and Laval city councillors Flavia Alexandra Novac and Louise Lortie are seen here during the launch of this year's Sainte-Rose Art Symposium. (Photo: Martin C. Barry, Laval News)

Many visitors will be purchasing works produced by the 70 participating artists, who express themselves in styles ranging from traditional and impressionistic to modern and abstract.

The event's honorary president this year is Member of the National Assembly for Sainte-Rose Christopher Skeete. "Art nourishes the soul," he said during a recent press conference at the Vieille Caserne art gallery on Sainte-Rose Blvd. where the 2024 lineup of artists was revealed.

Home to great artists

As always, the symposium will be taking place alongside the Rivière des Mille-Îles in the charming and historic Laval neighbourhood known as Vieux Sainte-Rose. The village is renowned as the birthplace of internationally-acclaimed Québécois painter Marc-Aurèle Fortin. Saint-Rose was also at one time the home of landscape painter Clarence Gagnon. Both influenced generations of artists.

After winning a range of awards for excellence over nearly three decades, the organizing committee, led by Corporation Rose-Art president Oprina-Félicia Dolea, continues to uphold the standards that have established the Sainte-Rose Art Symposium's reputation for excellence in art circles across eastern Canada.

Archeological exhibition

As an added bonus at this year's symposium, archeologists who've been working in the past few years on archeological excavations on the grounds of the historic Sainte-Rose-de-Lima Church have agreed to set up a display of some of the artifacts from past centuries which were recovered. According to sources, they include antique household objects as well as religious items.

The organizers have received some significant recognitions for their efforts. In 2019, the Laval Chamber of Commerce and Industry presented the organizers with a Dunamis award for helping to promote tourism in Laval. They were also a finalist for a second Dunamis in 2020 and 2022, as a sustainable organization or enterprise.

Guests from all over

More than 20,000 people are expected to



Artists belonging to the Corporation Rose-Art joined local elected officials, including Sainte-Rose MNA Christopher Skeete, and Laval city councillors Flavia Alexandra Novac and Louise Lortie, for the launch of the 2024 Sainte-Rose Art Symposium, which runs from July 25-28. (Photo: Martin C. Barry, Laval News)

attend. Although most are usually from the Laval and greater Montreal regions, the busy vacation season is also known to bring in visitors from Ontario, New Brunswick and Nova Scotia, as well as from the U.S. states of Vermont, New York and New Hampshire.

Tourism has been growing by leaps and bounds in Laval over the past few years, as travellers from all over Canada and the U.S. begin to rediscover hidden treasures such as the Symposium de Sainte-Rose, in an upsurge of interest in travel since the end of the Covid pandemic.

Some of the best times to go

The Symposium will be taking place along a stretch of the main street in downtown Sainte-Rose, next to La Vieille Caserne (216 Ste-Rose Blvd.), a stone's throw from Sainte-Rose-de-Lima Church, between Filion and Deslaurier-Hotte streets.

All the events are free. The hours are as follows: Thursday, Friday and Saturday, 10 am to 6 pm; Sunday, 10 am to 5 pm. Additional information is available on the website www.roseart.ca. E-mail: roseart@videotron.ca. Phone: (450) 625-7925.

Laval English-speaking Senior Wellness Centre

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Mother Nature smiles during 2024 Laval Hellenic Summer Festival

Thousands help mark Canada Day, while celebrating Hellenic culture and values

MARTIN C. BARRY

Local Journalism Initiative Reporter for The Laval News
marty@newsfirst.ca

In contrast to past years when the weather wasn't very cooperative, Mother Nature smiled warmly for the 2024 Laval Hellenic Summer Festival.

The four-day gathering outside Holy Cross Church on Souvenir Blvd. in Chomedey brought together thousands of Montrealers and Laval residents with Hellenic roots.

Taking place on the weekend just before

Canada Day, the festival was an occasion to celebrate the country's origins and multinational diversity – although it was primarily a celebration of Hellenic culture and values.

A large turn-out

Katerina Hulis, who has been president of the Laval chapter of the Hellenic Community of Greater Montreal since last May, helped lead the committee which organized the festival.

"I'm grateful for the fantastic team we had to organize this year's event," she said. "We're very pleased with this weekend's turn-out."



HCGM president Dr. George Tsoukas, seen here with Chomedey city councillor Aglaia Revelakis and some younger members of the Hellenic community, joined them in a folk dance on the evening of June 30. (Photo: Martin C. Barry, Laval News)



Dancers from one of the two Hellenic cultural groups who performed during the 2024 Laval Hellenic Summer Festival. (Photo: Martin C. Barry, Laval News)



Saint-Martin city councillor Aline Dib (left) and Chomedey MNA Sona Lakhoyan Olivier (right) spent time during the festival with leaders from a local Hellenic unit of Scouts Canada. (Photo: Martin C. Barry, Laval News)

Among the dignitaries who dropped by on the evening of June 30 to enjoy the Hellenic ambience and a piece of Canada Day birthday cake were Chomedey city councillor Aglaia Revelakis, Saint-François city councillor Isabelle Piché, Saint-Bruno city councillor David De Cotis, HCGM Laval chapter president Katerina Hulis, HCGM president George Tsoukas, Saint-Laurent MP Emmanuela Lambropoulos, Chomedey MNA Sona Lakhoyan Olivier and Saint-Martin city councillor Aline Dib.

Great day to be Greek

"It makes us all feel very proud to be here on a day like today," said Lambropoulos, noting that during the summer she has the opportunity to visit several Hellenic festivals organized by Greek Montrealers. "I am very happy to be here to celebrate Canada Day in the heart of my district," said Revelakis.

Although Saint-François councillor Isabelle

Piché has just a handful of Greeks in her east-end Laval district, she was enjoying the food, the music and the folk dancing steeped in ancient tradition. "It's a wonderful event even for people like myself who are not Greek," she said.



Pork souvlaki was just one of several delicacies served in generous quantities by volunteers during the 2024 Laval Hellenic Summer Festival. (Photo: Martin C. Barry, Laval News)

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Three dead following horrific truck/car collision on Route 335 in Laval



Accident investigators were on the scene all afternoon just before the start of the Canada Day long weekend, following a major accident involving a large truck and several cars on Route 335 in east end Laval, in which three people died. The southbound truck crashed head-on with a car headed in the opposite direction, followed by a second collision involving another car. One of the impacted cars collided again into the truck, after which both caught fire. The occupants of both vehicles, three people in all, died in the ensuing blaze. According to

reports, four other people, including a pregnant woman, suffered injuries, although not life-threatening. The Laval Police announced five days after the crash that they are seeking witnesses. The investigation is still ongoing and the police are hoping to speak to anyone who was near the crash scene. Anyone with information is asked to call the LPD's Info Line at 450-662-INFO (4636) or 9-1-1. The file is LVL-240628-055.

Minor arrested for allegedly fooling Laval seniors into giving up debit cards

The Laval Police have arrested an underage fraudster who allegedly convinced victims, including several seniors, to hand over their debit cards and personal IDs (PINs), which he then allegedly used to commit fraud. The LPD believe that up to 30 fraud incidents may all be connected to the same suspect. As part of the scheme, he would call victims at home and pretend to represent a financial institution. He would then tell his targets that their bank card had been defrauded. According to the LPD, the suspect used a classic ruse to deceive the victims.

"He would ask them to place their cards in an envelope and write the personal identification number (PIN) on the back," said an LPD spokesperson. "He then told them that a courier would pick up their cards at their home. Once retrieved, the cards were used to commit fraud at bank machines and businesses." However, in a few cases the courier called the victims back in a multi-party conference call, so that they could speak directly with a real representative of their financial institution to reactivate their card, which had been blocked on suspicion of fraud.

SQ seizes illegal marijuana in Laval and Saint Jérôme

Officers with the Laval Police Dept. joined colleagues with the Sûreté du Québec in the execution of warrants, during which large quantities of illegally-produced marijuana as well as other narcotic substances were seized in Laval as well as in Saint Jérôme. Officers executed the warrants at addresses on Fortin Blvd. in Laval and on 103rd Ave.

in Saint Jérôme. The following evidence was seized:

- Nearly 1,000 plants of marijuana;
- More than 100 kilos of marijuana;
- Nearly 30 tablets of methamphetamine;
- Nearly \$4,000 CDA in cash;
- Equipment used for the production of marijuana.

Laval man jailed in Gatineau for multiple locker room thefts

A 32-year-old man from Laval will be spending a good part of a two-and-a-half-year sentence behind bars after pleading guilty to a series of thefts from gymnasium lockers in Gatineau in Quebec's Outaouais region. Evidence showed that since early 2022, Ahmad Mroue stole 36 smartphones, seven computer tablets and an unspecified number of key fobs and credit cards. Among the incriminating evidence seized from him by police by the time they caught up was an Interac debit and credit card reader, which could be used to complete illegal financial transactions. Up to 15 police departments worked together on the

investigation leading to Mroue's eventual arrest. The investigators testified that Mroue confessed to having carried out \$220,000 worth of fraudulent acts in 16 different cities from January 2022 to January 2023. Crime prevention experts warn that gymnasium locker rooms have become one of the most frequent targets for the theft of personal items, such as smartphones and wallets containing debit and credit card information, because of the vulnerability of gym lockers. They recommend using a solid and reliable lock, or simply not storing key valuables in gym lockers because of the elevated risk of theft.

Laval police searching for potential victims of sexual crimes

Laval police believe that a man they arrested July 2nd as part of an investigation into sex crimes against teenage girls – may have had other victims, possibly elsewhere in Quebec. Last Tuesday, Laval police arrested 21-year-old Laurent Bélanger. He has since been charged with luring a child, sexual interference, invitation to sexual touching and sexual assault. According to authorities, Bélanger approached his alleged victims on social media in order to forge ties with them – establish trust – and meet them – during which he reportedly engaged in sexual contact. "Once trust had been established, the suspect would have arranged meetings with the victims, during which he would have engaged in sexual contact," Laval police said in a press release. These allegations have not yet been proven in court. Police specified that their investigators came into contact with alleged victims in several cities across Quebec, so that the management structure for investigations into serial crimes, coordinated by the Sûreté du Québec, was deployed. Anyone with information on this case is asked to contact the Laval Police Info Line at 450-662-4636, or 911. Bélanger is due back in court August 26th.



Photos of Laurent Bélanger (Credit: Laval Police)





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3 interesting migratory birds



Migration is when an animal moves from one region or habitat to another during a particular season. Many birds migrate twice a year. During the winter, they go south; in the spring, they return to the north. Here are some facts about three interesting migratory birds.

1. **Hummingbirds.** Calliope hummingbirds are the world's smallest long-distance migratory birds, travelling around 8,000 kilometres annually. They leave central and southern British Columbia in late summer, flying south along the Pacific Coast and the American West to reach Mexico.

Adult male calliope hummingbirds can be identified by their long purplish-red throat feathers.

2. **Arctic tern.** Every year, arctic terns migrate from the Arctic Circle to the Antarctic Circle. This is a round-trip journey of about 30,000 kilometres, making it one of the longest migrations of any bird species on the planet. Arctic terns can sleep and eat while gliding. They can also hover in midair, much like hummingbirds.
3. **Bar-headed goose.** Every spring, bar-headed geese fly from India through the Himalayan mountains and above Mount Everest to their nesting grounds in Tibet. They must cross some of the highest peaks in the world, rising to 7,000 metres in altitude. Bar-headed geese rely on flapping their wings, not on gliding, and can fly over 80 kilometres per hour without wind to help them.

Which migratory birds do you see where you live?



For the up-and-coming artist



10 activities to celebrate the end of the school year

The last day of school is fast approaching! Do you want to celebrate the end of the school year with family and friends? Here are 10 activity suggestions that may inspire you.

1. Organize a treasure hunt with a grand prize
2. Host a video or board game tournament
3. Enjoy a luxury picnic in the park
4. Sing happy songs at a karaoke night
5. Play a team sport without taking yourself too seriously
6. Expend energy at an amusement centre
7. Create a work of art as a group with paint or chalk

8. Make a funny video, like a parody of a popular show
9. Prepare a talent show with music, dance, singing and comedy numbers
10. Design a time capsule to be opened in several years

Have a great celebration!



JUST kidding

Q: What has one head, one foot and four legs?

A: A bed.



JUST kidding

Q: Why did the birdie go to the hospital?

A: To get a tweetment.



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Q *I hope you can find the time to seriously consider my problem. I was debating not mentioning my age because you may think, she's just a kid. Maybe so, but I'm going through the same thing adults are.*

I am 16. I've always been a strong believer in God and abstinence. I've always had the loud voice of conscience in my head. I get good grades, and I've always believed there is no such thing as love in high school.

Things are different now. I met this guy, a "redneck." I never felt a sense of belonging as strong as the one I feel when I'm with him. We met awhile ago at a nearby river, then he returned to his home in another city. Later I heard someone in a big black truck was stopping by, but I was never home to see who it was.

One day I was home. The truck pulled up, and he asked me to go fishing with him. I won't go into huge details, but I had a lot of fun and a couple of beers. Neither of us wanted the label of boyfriend and girlfriend so we didn't use it. He has taken something from me that I cannot take back, however I don't regret the decision I made.

He may be coming back in a few months, but he will for sure when he graduates in December and works as a mechanic. He is 17; he wants kids when he is 18 or 19. I am a very grounded person. Family and schooling are important to me, but I would consider moving in with him and not going to college.

I don't need someone to sound like my mom and preach to me. I need someone to step into my shoes and understand what I am thinking and feeling. I think I love him. I don't know for sure he feels the same way. He doesn't like opening up much, and even if he did, how will I know it's the truth?

He's not perfect. I have forgiven him way too many times for things as small as not calling

when he said he would, to things as big as full-blown cheating. But really is it cheating without the label? I need some good advice. I hope you're up to this one.

Haley

A *Haley, when Benjamin Franklin was 17, he sailed from Boston to Philadelphia. His passage didn't include meals so Ben, a vegetarian, brought his own provisions. When the ship became becalmed, everyone ran out of food. Other passengers threw a line over the side and caught cod.*

Ben's vegetarian morals prevented him from eating fish, but his hunger drew him to the side of a cook gutting a cod. Inside the cod were smaller fish. Ben changed his mind. If you can eat one another, he reasoned, then I can eat you. Later Ben observed how convenient a faculty reason is, since it enables us to make or find a reason for anything we have a mind to do.

Husband and wife, mother and child, best friends, and neighbors are all established relationships. You are having sex with a young man who doesn't even call you his girlfriend. How would you label that?

You've found a reason to give up college for a man you cannot trust. Perhaps you think he's good-looking, or you think bad boys are hot, or you don't think you deserve better. His justification may be something you can't even imagine. He could think she's not my girlfriend so I don't owe her anything, not even respect.

Many women desire to make any man they are intimate with "the one," in spite of all evidence to the contrary. It is a pattern which repeats itself again and again. Ben Franklin's reason for discarding his beliefs was hunger. What's yours?

Wayne & Tamara

WAYNE & TAMARA MITCHELL are the authors of YOUR OTHER HALF (www.yourotherhalf.com)

Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964

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Ordre des infirmières et infirmiers auxiliaires du Québec

AVIS DE RADIATION (21-24-0051)

Prenez avis que le 21 mai 2024, le Conseil de discipline de l'Ordre des infirmières et infirmiers auxiliaires du Québec a imposé à Sonie Eugène, exerçant la profession d'infirmière auxiliaire dans la région de Montréal, une période de radiation temporaire de deux (2) mois sous l'unique chef de la plainte portée contre elle.

Mme Sonie Eugène a été déclarée coupable de l'infraction suivante :

- Entre le ou vers le 6 janvier 2022 et le ou vers le 22 novembre 2022, à Montréal, a posé un acte dérogatoire à l'honneur et à la dignité de la profession d'infirmière auxiliaire en consultant, sans autorisation et/ou sans justification professionnelle, le Dossier Santé Québec de plusieurs usagers.

Mme Sonie Eugène est donc radiée du Tableau de l'Ordre des infirmières et infirmiers auxiliaires du Québec pour une période de deux (2) mois, du 22 juin 2024 au 22 août 2024.

Cet avis est publié en vertu de l'article 156 du Code des professions.

Montréal, ce 22 juin 2024.

Me Caroline Leblanc
Secrétaire du Conseil de discipline de l'OIIAQ

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Things to do **THIS MONTH**

Looking for something to do? Here are some upcoming events happening in the Laval area.

THE WAY Conference



Friday, July 19
7:00 PM - 10:00 PM

Couronnés d'Amour

3362 Boulevard Sainte-Rose, H7R 1M9

Couronnés d'Amour invites you to their conference THE WAY - The path to your #RelationshipGoal.

1 ticket: \$33.28 (2 tickets: \$43.93)

LEE VALLEY TOOLS Woodturning



Saturday, July 20
9 AM - 12 PM or 2 PM - 5 PM

Lee Valley

1600 bd le Corbusier, Local 31-B, H7S 1Y9

Learn how to turn your own pen and the basics of woodturning.

\$65

MIXOLOGY & NETWORKING Workshop



Saturday, July 20
7 PM - 9:30 PM

Cups & Cuts

3319 Blvd. de la Concorde E, H7E 2C3

Interactive workshop where you can learn mixology skills while networking.

General admission: \$107.83

BEBESHITO Concert



Saturday, July 20
9:30 PM

Le Cabaret C

1600 Rue Robinson, H7W 2W4

Bebeshito performs for the first time in Canada with the entire band.

\$130.30

OPPORTUNITY BRIDAL Wedding dress sale



Sunday, July 28
9:00 AM - 4:00 PM

Holiday Inn Laval

2900 Boulevard le Carrefour, H7T 2K9

One day only wedding dress sale, up to 80% off.

General admission: Free

VIRÉE PATRIMONIALE History



Tuesday, July 30
10:30 AM - 12:30 PM

Réseau ArtHist

41 Avenue 71, H7V 2R4

Lift the veil on an ancient village with an evocative name that reveals delicious parts of its history.

\$14.11

MANGER! L'EXPOSITION QUI NOURRIT Museum



Every day until September 7, 2024
Opening hours: 10 AM - 5 PM

Musée de la santé Armand-Frappier

2150 Autoroute des Laurentides, Laval

This exhibition explores the link between well-being and food.

Regular tickets from \$13 to \$52

4, 3, 2, 1... SANTÉ! Museum



Every day until December 31, 2024
Opening hours: 10 AM - 5 PM

Musée de la santé Armand-Frappier

2150 Autoroute des Laurentides, Laval

Discover four scales of human health: molecules and cells, individuals, populations and the planet.

Regular tickets from \$13 to \$52

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HOROSCOPE

Week of JULY 14 TO 20, 2024

The luckiest signs this week:
CAPRICORN, AQUARIUS AND PISCES

♈ ARIES
This is an excellent week to consider taking a holiday or changing your environment. Learning a new language could be a good idea, especially if you plan to travel or relocate.

♉ TAURUS
If intense emotions arise, you may feel like isolating yourself. However, your friends will be there to support you and cheer you up.

♊ GEMINI
If you feel unwell, talk to your doctor immediately. Your intuitive nature will help you create a harmonious atmosphere around you. Your protective and nurturing attitude will help improve workplace morale.

♋ CANCER
At work, you must handle urgent or confusing situations before the holidays. Be careful while swimming so you don't catch an infection. If you're single, now's a great time to meet new people.

♌ LEO
Spoil yourself by going to the movies or enjoying other forms of entertainment. You could find yourself in the limelight in one way or another. Use your creativity to showcase your talents.

♍ VIRGO
You might have to travel frequently this week despite your love for staying home. Your family will ask for your help, and you won't be able to refuse them.

♎ LIBRA
If you have a public speaking event, you must thoroughly prepare. Improvisation won't cut it. Use tact and diplomacy to resolve conflict.

♏ SCORPIO
Be careful while interacting with certain people. Use tact and sensitivity to avoid misunderstandings. Be prepared for unexpected expenses.

♐ SAGITTARIUS
You might need to take vitamins to maintain your energy levels. Your ideas may seem confusing at first, but staying focused will help bring them to life.

♑ CAPRICORN
You tend to spend all your energy trying to do everything. Many people will need your help this week, and you'll devote yourself to them even if it exhausts you.

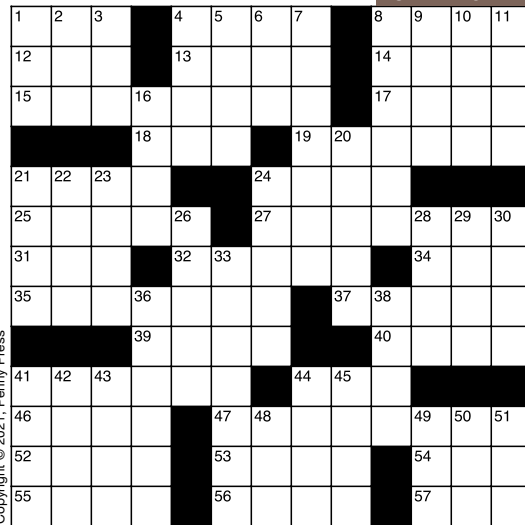
♒ AQUARIUS
You'll be given important responsibilities. It's crucial to clarify roles to avoid confusion, even at home. Be patient with those close to you as you manage these challenges.

♓ PISCES
If you're considering a career change, this is the perfect week to take a training course. Don't let this opportunity pass you by. It could help you land your dream job.

Coffee Break

CROSSWORDS

PUZZLE NO. 177



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ACROSS

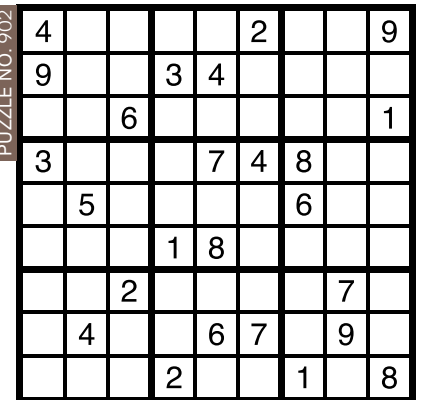
1. Fore's partner
4. Did the backstroke
8. Cut short
12. Deer's mother
13. Roman wear
14. Ocean surge
15. Sailor
17. Gape
18. Decorative vase
19. More wealthy
21. Little bits
24. Drop
25. Quick
27. Most uptight
31. Ventilate
32. Wear away
34. Cat's foot
35. Diamondback
37. Horned beast
39. Danger
40. Tennis points
41. First-class

DOWN

1. Newspaper items
2. Friend or ____?
3. Pekoe
4. Sheriff's badge
5. Frayed
6. Grow older
7. Left the singles scene
8. ____ and bonds
9. Near
10. Loiter
11. Look searchingly
16. Blend
20. Private
21. Ski lift: hyph.
22. Opera show-stopper
23. Grime
24. Long-legged bird
26. Unger of "The Odd Couple"
28. Heroic tale
29. Mentally healthy
30. Deuces
33. Set aside
36. Plod
38. Bonnets
41. Type of brakes
42. Canyon sound
43. Spearhead
44. Keats wrote them
45. Military staff member
48. Hurt
49. Jump
50. Cauliflower ____
51. Cloud's location

Sudoku

PUZZLE NO. 902



HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

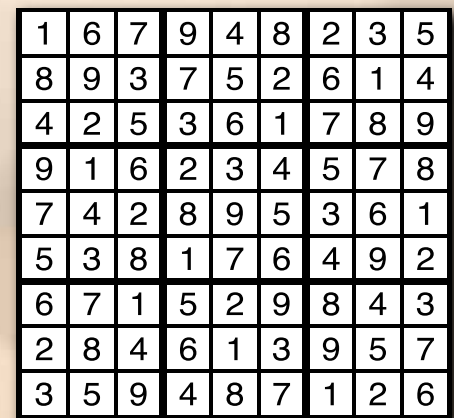
Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

Last Issue's Answers

CROSSWORDS



Sudoku



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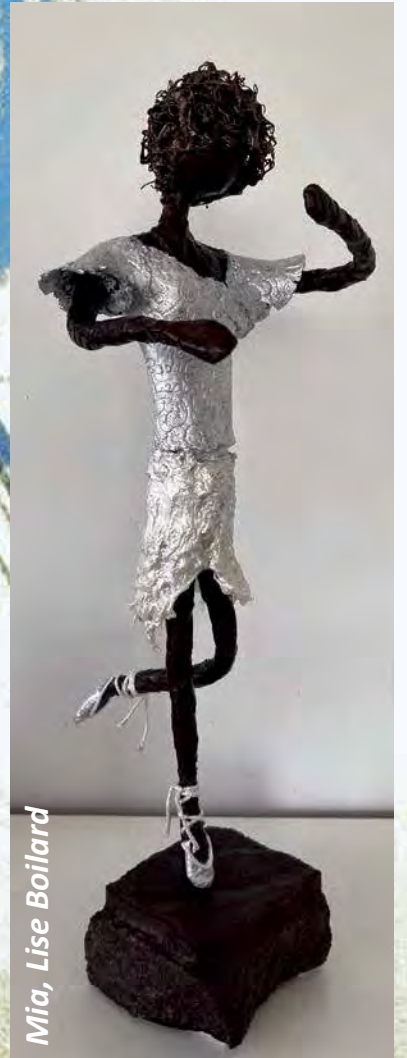
Theme: ART and HERITAGE

July 25 to 28, 2024

Thursday - Saturday: 10 to 6 — Sunday: 10 to 5



L'envolée, Anne-Marie Boisvert



Mia, Lise Boilard

70 artists at work in the Old Sainte-Rose

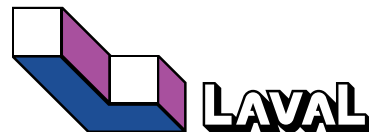
Exhibitions

'La Vieille Caserne' Gallery: Rose-Art Artists
 Adjoining rooms: Tribute to Claire Gauthier
 Sainte-Rose Art Centre:
 Ground floor: Small size exhibition
 Upstairs: Rose-Art artists' large size exhibition

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