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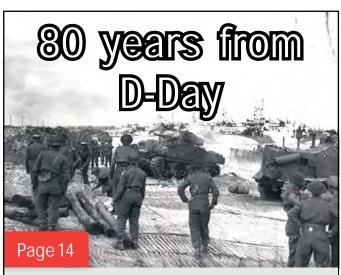
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1st Hussars tanks and men of the 7th Infantry Brigade landing on a crowded beach at Courseulles-sur-Mer, June 6th,1944. (Photo: Ken Bell, Department of National Defence / National Archives of Canada, PA-128791)





Pink in the City president Denise Vourtzoumis was on hand in the Jules Verne Elementary school yard last week to help the students cheer on their classmates who agreed to have their hair shaved or cut. (Photo: Martin C. Barry, Laval News)





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## Jules Verne Elementary students raise more than \$9,000 for Pink in the City

Seven pupils and a teacher get hair shaved and cut in 'Spring Raise Craze'

MARTIN C. BARRY

Students at Jules Verne Elementary School succeeded in raising more than \$9,000 for the Pink in the City breast cancer cause during the second annual 'Spring Raise Craze' head shave event held at the school in Laval's Pont-Viau district on May 24.

Jules Verne Elementary was just one of eight Sir Wilfrid Laurier School Board schools that took part in head shaving events for Pink in the City in recent weeks. The goal was to help provide support for research into finding a cure for metastatic breast cancer.

#### Shave and a haircut

In all, several of the Jules Verne Elementary students agreed to have their heads shaved completely, although some agreed only to a haircut or partial hair removal.

The students whose heads were shaved were Michael D'Angelo, Nico Marandola, Mark Macovetchi, Shakir and Rahim Michelot. Students who received haircuts were Evelyn Grande, Jenylee L'Heureux Plouffe and Paisley McGovern. Teacher Lisa Morello also agreed

to get her hair cut.

"We have a hairdresser for everybody," Jules Verne Elementary principal Melissa Roux said in an interview with *The Laval News*. She was among the many staff members, parents, and school children who wore pink as a sign of their solidarity with the cause.

#### **Volunteers turned away**

So many students at the school were keen on signing up to be cut or shaved, that the administration had to set up a short list, with some students going ahead with it immediately, while others will be taking part in the third Jules Verne Elementary 'Spring Raise Craze' in the spring next year.

According to Daniel Johnson, a longtime SWLSB spiritual animator with an extensive background in student leadership development, the board's schools raised at least \$130,000 for Pink in the City through head shaving events this year alone.

#### Win for Pink in the City

Pink in the City succeeded in raising \$120,000 from the EMSB's Raise Craze last year, said Denise Vourtzoumis, a Chomedey resident who is president of Pink in the City. She expected



Seven students and a teacher at the Sir Wilfrid Laurier School Board's Jules Verne Elementary in Laval's Pont-Viau district agreed to get their heads shaved or their hair cut last week for the benefit of Pink in the City's fundraising for breast cancer research. (Photo: Martin C. Barry, Laval News)

there to be even more momentum this year. Resource teacher Lisa Morello, who sat for a haircut, donated eight inches of her cut tresses. Ten years ago, she found out she had the breast cancer gene 2 (BRCA2), which makes her more at risk of developing breast cancer. She said she wanted the students to learn about the need to be proactive when it comes to health.



The Jules Verne Elementary School students raised more than \$9,000 in pledges for Pink in the City. (Photo: Martin C. Barry, Laval News)



While some of the Jules Verne Elementary School were upbeat while getting their heads shaved, others were a little more dour. (Photo: Martin C. Barry, Laval News)

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## OPINION & Editorial



#### QCGN to Quebec:

#### English-speaking community part of solution, not the problem

 $\mathbf{W}^{\mathrm{e}}$  must tell you, we were disappointed – not so much by what was contained in the Quebec government's Plan pour la langue française, but by what was missing.

You already know we strongly disagree with the way the plan punishes world-class universities like Concordia and McGill with discriminatory tuition increases and unrealistic demands imposed, without consultation, for 80 per cent of undergraduates to achieve an intermediate level of French proficiency.

And we take issue with the government's scapegoating of immigrants, especially temporary immigrants, for not speaking French, when they make such an important contribution to Quebec's economy and society.

So, we wholeheartedly applaud measures to improve the provision of and access to classes to help non-French speakers master the language, but we ask you to ensure that those among the 1.3 million members of Quebec's English-speaking community who have not yet mastered French, or would like to improve their proficiency, will also be able to get rapid access to these essential services.

We want also to talk to you most about an important element missing in your plan. It contains nine priorities, with specific measures

We believe a 10th priority should be added. Why? Because there are no constructive references to our community in your plan, and there should be. The English-speaking community of Quebec has a role to play in the promotion and protection of the French language. We can make reasonable and constructive suggestions to further this objective. We are also Quebecers. We are part of the solution, not the problem.

A key first step of this priority would be to determine a role for the Secrétariat aux relations avec les Québécois d'expression anglaise to play in the Groupe d'action pour l'avenir de la langue française policy-making process. We saw no reference to the Secrétariat in your document.

A second specific measure would be to improve the general understanding among Quebecers of the history, accomplishments and contributions of the English-speaking community, and its continuing strong attachment to Quebec.

Third would be initiatives for rapprochement and understanding between our two great communities.

An important element would be the use of the most balanced statistics possible in the measurement of the strength of French. The

government often uses language-at-home and mother-tongue; we think use of French in public is a more neutral and nuanced yardstick.

Regardless of where we agree or disagree, the English-speaking community should be part of the process.

We should not be invisible. We play an important role in this society and we have the right to contribute to the broader values our society needs to share.

We hope you will understand that Englishspeaking Quebecers are not the enemy. We haven't been for decades, and we should not be treated as such.

Our differences with the government are real, some of them quite sharp, but that does not mean we cannot find common cause and work together.

Eva Ludvig, President, Quebec Community Groups Network

This is an abridged version of a public letter sent to Jean-François Roberge, minister of the French Language, by the Quebec Community Groups Network following the recent presentation of the provincial government's Plan pour la langue française.

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## CITYWA

#### **Laval Firefighters' Race**

#### Streets Closed and Parking Prohibited on June 2

To ensure maximum safety and the smooth running of the 12th edition of the Laval Firefighters' Race, streets in some neighbourhoods will be closed to traffic and unavailable for parking on Sunday, June 2, from 6 a.m. to 1 p.m. The City therefore invites motorists, cyclists and pedestrians to collaborate and plan their trips to avoid any inconvenience.

A detailed schedule of street closures as well as a map illustrating the affected areas on Laval territory are available on the website of the event.

Participants are recommended to get to the site using transportation such as carpooling, public transit, cycling or walking. On the day of the Run, they will be able to use the Société

de transport de Laval (STL) bus service free of charge upon presentation of their bib.

#### Safely

On June 2, volunteers and the police force will ensure the security and smooth running of the event. In particular, traffic surveillance will be provided at all intersections along the route.



#### **Additional Information**

To learn more about the Firefighters' Race: coursedespompiers.laval.ca

#### Fête nationale celebrations June 23 and 24 at Centre de la nature

The City of Laval is planning for a major blowout at the Centre de la nature in Duvernay for Quebec's Fête nationale celebration. A big nighttime stage show will be taking place on Sunday June 23, with day-time activities scheduled for Monday June 24 during the day.

The stage show on the main field at the Centre de la nature will feature a range of musicians and performers, including Qualité Motel, Zachary Richard, Ariane Moffatt, Galaxie, Laurence Jalbert, Marie-Pierre Arthur, Fanny Bloom, Safia

Nolin, Kanen Lumière, Connaisseur Ticasso, Ya Cetidon and Sensei H.

The evening will come to a close with a performance by someone whose identity city officials are keeping as a surprise up to the last moment.

They have also announced that there will be no fireworks display this year (which is perhaps not surprising considering that other municipalities have cancelled their fireworks for environmental reasons, as well as fears in recent years of triggering off wildfires).

"I am pleased to be able to share this unique and innovative evening with everyone in Laval so that one and all can come together to have fun during this great and memorable annual concert," says Mayor Stéphane Boyer.

The Centre de la nature will be accessible beginning at 6 pm and the concert starts at 8:30 pm. Food trucks will make stops at the site for those who want to have a bite to eat before the evening starts. Free shuttle buses will take those arriving

by public transit to the Centre de la nature from the Montmorency Metro every 30 minutes. The buses will make return trips at the end of the evening.

The celebrations continue at the Centre de la nature on Monday June 24, with activities for children, including face painting, music shows, inflatable games and food trucks. The city has given the Société nationale du Québec à Laval a \$20,000 subsidy to coordinate this year's local Fête nationale celebrations.

#### Laval expands availability of electric scooters Already well-known and highly-appreciated There are expected to be twice as many scooters sible for mobility dossiers on council.

by many Laval residents, self-service electric scooters are back again in Laval this summer, with up to 400 scooters being made available in various locations.

The city first signed on to allow rentable electric scooters on its territory in 2023. They are now being gradually deployed at 33 stations.

this year.

"Access to scooters this early in the season will allow the service to be tested out over the course of a complete season, and it is very possible this will lead to even more promising results," says Laval city councillor for L'Abordà-Plouffe Vasilios Karidogiannis, who is respon-

The scooters are being furnished by Bird Canada and Lime. To use them, users need to download an app made available by either company at the App Store for iPhone and Google Play for Android devices.

Those using the scooters must follow certain  $% \left( 1\right) =\left( 1\right) \left( 1\right) \left$ rules, such as mandatory helmets, minimum

age 14, and driving only on bike paths or roadways where the speed limit doesn't exceed 50

All the electric scooters are fitted with GPS geolocation devices, so they can be found at any time by the companies that own them, and they must be returned to any of the 33 stations on Laval's territory in an upright position.

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## Common law moms and kids inadequately protected by Bill 56, says rights commission

'The well-being of children should be the primary consideration' in reform of family law

MARTIN C. BARRY

A provincially-constituted commission with a mandate to uphold Quebecers' human rights concludes in a memorandum that Bill 56, now before the National Assembly, will not provide adequate protection to women and children involved in common law relationships – although they say it is a step in the right direction.

#### **Common law recognition**

In the memo, tabled during recent public hearings for Bill 56 in Quebec City, the Commission des droits de la personne et des droits de la jeunesse said the legislation to reform the province's family law system "represents a first step towards the recognition of the implications of domestic partnership in family law."

"However, the Commission notes that the parental union regime would be offering insufficient protections to attenuate the economic impacts of separation for common law mothers, to the detriment of their rights and those of their children," the commission says in a statement.

#### Moms and kids at risk

"Common law mothers are significantly more at risk of impoverishment following a separation and this has an impact on the respect of the rights of children," said Myrlande Pierre, the commission's vice-president for Quebec Charter of Human Rights and Freedoms issues.

"It is necessary to ensure that that the separations of common law parents do not amplify inequalities between men and women, while harming the capacity of mothers to give their children the protection, security and attention to which they have a right," she added.

#### A major sticking point

According to the commission, one of the problems they take issue with in Bill 56 is the fact the proposed family law reform will only take into account couples whose children were born or adopted after June 29, 2025.

"An important portion of the mothers and children in Quebec would never benefit from the new regime," the commission continues in its statement, while adding that for more than 20 or so years, the majority of births in Quebec



Myrlande Pierre, vice-president for Quebec Charter of Rights and Freedoms issues at the Commission des droits de la personne et des droits de la jeunesse. (Photo: NEOQUÉBEC/YouTube)

have involved mothers in common law relationships. In 2021, they maintain, 59 per cent of babies were born in common law, 34 per cent to married mothers, and 7 per cent to mothers without a partner.

#### Children first, they say

Again, according to the commission, new elements brought into Bill 56 should apply to all common law couples who have at least one child. "The well-being of children should be the primary consideration in all decisions that concern them, including the elaboration of the legislation," added Suzanne Arpin, vice-president at the commission for youth issues.

The commission points out that the Quebec Charter of Human Rights and Freedoms states clearly that all children have a right to "protection, security and the attention that their parents or persons acting on their behalf may give them." Hence, according to the commission, the exercise of this right should not be affected by the conjugal status of parents.

#### Parental status sought

The commission is therefore recommending that parental union status should be granted equivalence to the status provided for married

### City agrees to leave two-side parking in place on Eiffel Ave.

MARTIN C. BARRY marty@newsfirst.ca



Chomedey city councillor Aglaia Revelakis reported this week to the *Laval News* that a dispute between the city and Eiffel Ave. homeowners over a planned street narrowing project has been resolved to the overall satisfaction of the residents.

As reported in the *Laval News*'s

May 15 issue, the City of Laval had planned to narrow the street while widening the sidewalks during a road reconstruction project set to take place over the coming summer months.

However, as a result of the widening, the roadway was going to be narrowed, the consequence of that being the elimination of all parking spaces on one side of the street. Needless to say, that did not sit well with Eiffel Ave. residents, many of whom own more than one vehicle, and a petition signed by a large number of them was tabled at the May 5 Laval city council session.

Following a meeting between administration officials and residents, according to Revelakis, the city has agreed not to narrow the street as much as originally planned, and to continue allowing parking on both sides of Eiffel, although a final decision on the width of the sidewalks hasn't been made.

"Today I got the final response from the engineering department that they have reconsidered and revaluated the situation," said Revelakis. "They will keep the parking spaces as is, while at the same time trying to enlarge the sidewalks." She said they agreed not to widen the sidewalks to the originally-planned 1.8 metres. The current width of the sidewalks on Eiffel Ave. is 1.4 metres.

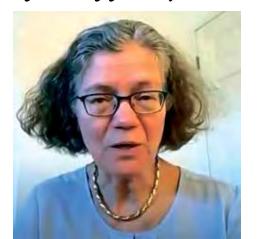
persons as well as those in civil union. They are also recommending that a provision for payment of nutritional support between former parental partners be included in Bill 56 for common law status, just as it is currently for civil unions and marriages.

The memorandum on Bill 56 tabled by the Commission des droits de la personne et des droits de la jeunesse with the Quebec National Assembly's Commission on Institutions, pertaining to reform of family law and parental responsibilities, is available online at: cdpdj. qc.ca/fr/publications/PL56-droit-famille

#### A multi-faceted mission

The Commission des droits de la personne et des droits de la jeunesse is independent from the Quebec governement. According to a statement on the commission's website, it fulfills its mission "for the sole benefit of citizens and in the public interest." The Commission's mission also includes the following responsibilities:

- Inform the public about rights recognized by the Charter, the Youth Protection Act and Youth Criminal Justice Act;
- Carry out investigations in cases of discrimination and exploitation (under the Charter) and in cases of violations of children and youth rights (under the YPA or the YCJA);
- Make recommendations to the Quebec government regarding conformity of laws with the Charter and regarding any issue related to rights and freedoms and youth



Suzanne Arpin, vice-president at the Commission des droits de la personne et des droits de la jeunesse for youth issues.

protection;

- Undertake and promote research and publications on fundamental rights and freedoms and on children right:
- Offer an advisory service on reasonable accommodation to employers and decision-makers:
- Monitors the application of equal access to employment programs;
- Cooperate with any organization, dedicated to the promotion of human rights and freedoms, in or outside Québec.

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ENTRY INTO FORCE OF CERTAIN PROVISIONS OF THE ACT RESPECTING FAMILY LAW REFORM WITH REGARD TO FILIATION AND AMENDING THE CIVIL CODE IN RELATION TO PERSONALITY RIGHTS AND CIVIL STATUS

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Main changes brought about by these provisions:

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- Refusals to disclose identity registered by a parent of origin for adoptions completed before June 16, 2018 will cease to have effect on the adoptee's eighteenth birthday;
- Adoptees, and their first-degree descendants if deceased, will be able to obtain a copy of the original birth certificate and adoption judgments;
- The rules governing reunions between original siblings have been modified, and the concept of concordance has been abolished.

Finally, the rules governing the communication of medical information requested by a doctor will be more flexible.  $\[ \]$ 

As of June 8, 2024, official forms for requesting backgrounds, disclosures and reunion services will be available on Québec.ca.

For more information on the subject, or to contact the entities responsible for providing services, visit Québec.ca/Bill2.

## Quebec judge rules part of Bill 96 calling for judgments to be translated is invalid

Judge Dennis Galiatsatos raised concerns over Article 10 of Quebec's French language charter earlier in May

A Quebec Court judge has ruled — of his own volition — that a clause of the province's revamped French language charter, calling for English criminal court judgments to be immediately translated into French, is invalid.

Judge Dennis Galiatsatos released a 34-page judgment Friday, ahead of a criminal trial set to take place in English beginning June 3.

In the English-only judgment, Galiatsatos found that Article 10 of the charter, set to take effect June 1, is incompatible with Canadian criminal law, which is under federal jurisdiction, and could disproportionately harm English speakers because of extra translation delays.

English trials could be delayed by amendments to Quebec's French language charter, judge warns

Galiatsatos had undertaken to evaluate the constitutionality of the charter's article himself earlier this month, after hearing arguments from the Crown and defence in a voirdire ahead of the upcoming criminal trial of Christine Pryde.

Quebec's attorney general attempted to prevent Galiatsatos from ruling on the provincial law, alleging before a Quebec Superior Court judge that he was not impartial in the matter.

But in a judgment also rendered Friday, the Superior Court judge found that while the attorney general's arguments were valid, it failed to demonstrated that Galiatsatos had serious or irreparable prejudice.

Galiatsatos first raised the issue on May 1, in another ruling that warned of potential delays in the trial of Christine Pryde, who has been charged with dangerous and impaired driving and criminal negligence causing the death of a cyclist, Irene Dehem, that occurred May 18, 2021 in the West Island of Montreal.

Pryde requested that her trial take place in English, a choice set out in Canadian criminal

Galiatsatos wrote in that ruling that Dehem and Pryde's families would have to wait several additional weeks or months to receive the final judgment since it would have to be translated, reviewed, corrected and approved.

Pascal Paradis, the justice critic for the Parti Québécois, said it's a problem that Galiatsatos made an unsolicited judgment on the charter, known as Bill 96.

"This is an issue. This is a real issue," Paradis told reporters at the National Assembly Monday. Paradis said it would have been different if Galiatsatos was making a judgment after the problem had been raised in court by either party in the trial.

Quebec Liberal Party Leader Marc Tanguay disagreed, calling the law a "very bad piece of legislation" with "many defects." Tanguay noted his party voted against article 10, and the law as a whole, and even tabled a suggested amendment replacing the article, which did not pass.



Quebec Court Judge Dennis Galiatsatos, pictured in 2016 when he was a Crown prosecutor. Galiatsatos ruled on Friday that Quebec criminal law judgments rendered in English should not have to be immediately translated into French. (Photo: Paul Chiasson)

He said the article's stipulation that court decisions rendered in English be translated into French immediately was unrealistic given the time needed to translate. Tanguay also noted that under the new French language charter, the government reduced the number of bilingual judges required in the province.

Meanwhile, Québec Solidaire co-head Gabriel Nadeau-Dubois said his party had not yet analyzed Galiatsatos's judgment, but he agrees with the principle "that judgments should be translated into French."

"It's important for all Quebecers that those judgments are available in French," he said.



## Former Laval mayor Marc Demers receives medal from Société nationale du Québec

History buffs and nationalists gathered in Sainte-Rose for Journée des Patriotes

MARTIN C. BARRY marty@newsfirst.ca



Former Laval mayor Marc Demers was fitted with a traditional "ceinture fléchée" prior to being presented with the Médaille du Patriote by the Société nationale du Québec's Laval chapter in Sainte-Rose on May 20. (Photo: Martin C. Barry, Laval News)

Three years after leaving municipal politics, former Laval mayor Marc Demers was back in the spotlight earlier this month when the Laval chapter of the Société nationale du Québec presented him with the Médaille du Patriote in recognition of his promotion of the language, culture, heritage and history of Québec

The presentation took place on the front steps of Église Sainte-Rose-de-Lima in Laval's historic Sainte-Rose district on May 20, the Journée nationale des Patriotes (National Patriots' Day).

#### **Uprising of 'Patriotes'**

Once a distinct village with its own municipal status before the 1965 mergers that created the City of Laval, Sainte-Rose was one of the places in early 19th century Lower Canada (nearby Sainte-Eustache being another) where the Lower Canada Rebellion received significant support from "patriotes" who decided to rise against the British colonial-era government.

While some visitors to Sainte-Rose occasionally mistake some of Sainte-Rose's distinctive street names (such as boulevard Je-Me-Souviens and Rue des Patriotes) as evidence of active Quebec political nationalism in the area, they are in fact an homage to Sainte-Rose's historic role in the Lower Canada Rebellion – which remains a source of great pride for many of the local residents.

#### Sabotage in Sainte-Rose

According to an account of the role played by rebel sympathizers in Sainte-Rose around the beginning of the uprising in November 1837, they didn't take up arms. Rather, they did their bit by sabotaging a bridge (the Pont Porteous) between Sainte-Rose and the North Shore, to slow the advance of British soldiers who were on their way to quell the armed insurrection that was underway in Saint Eustache.

In addition to the medallion presented to Demers (a former longtime Laval Police Dept. investigator), a plaque was presented to Annie Desrochers, host of the Radio-Canada's afternoon FM broadcast, *Le 15-18*, which airs Monday to Friday from 3 to 6 pm, in recognition of her valuable contributions to the community. She recounted how she grew up in Sainte-Rose, taking part in local events and attending École Latour in the heart of Sainte-Rose.

#### **Tri-color Patriots' banner**

Past recipients of medallions and other honours awarded by the Laval chapter of the Société nationale du Québec have included Jean-François Payette (2019), Madeleine Dalphond-Guiral (2021), Claude Tousignant (2022), Maud Debien (and Léon Debien posthumously) (2023), and Alberto Georgian Mihut (2023).

During the ceremony, it was pointed out that the tri-color flag of the Rebellion, which was



Radio-Canada afternoon drive host Annie Desrochers (second from right) is seen here after receiving a plaque with members of her family and Société nationale du Québec's Laval president Jean Desautels (far left). (Photo: Martin C. Barry, Laval News)



From the left, Société nationale du Québec's Laval president Jean Desautels, former mayor Marc Demers's spouse Jeanne D'Arc Bélisle, Marc Demers and SNQL vice-president Michel Leduc are seen here after Demers was presented with the Médaille du Patriote. (Photo: Martin C. Barry, Laval News)

also used by the Parti patriote (also called Parti canadien), contains bars of green (for the Irish), white (the French) and red (signifying English and Scottish support). The Parti patriote was

founded by expatriate American James Stuart and Louis-Joseph Papineau, a leading figure in the Patriote movement before the Lower Canada Rebellion.



May 29, 2024 • The Laval News •

## How the housing crisis is impacting the goals and well-being of younger Canadians

#### By Eddie Sheppard and David Coletto

As part of a month-long detailed investigation of the housing crisis in Canada, Abacus Data and the Canadian Real Estate Association (CREA) conducted a large, national survey of 3,500 Canadian adults (18+) from September 22 to 28, 2023. In our first report, we examine how the housing crisis has impacted Canada's youngest cohort – those aged 18 to 34 (n=863). The data reveals a story of profound challenges faced by these young Canadians that extends far beyond financial struggles, delving into the heart of their lives and aspirations.

#### Concerns with the housing market

The concern about the state of housing in Canada is evident among young Canadians. When contemplating the key issues that should top the federal government's agenda, a resounding 89% of young Canadians emphasize that ensuring housing affordability should be a top priority. Correspondingly, a significant four out of five express their unease about housing affordability, while 62% have

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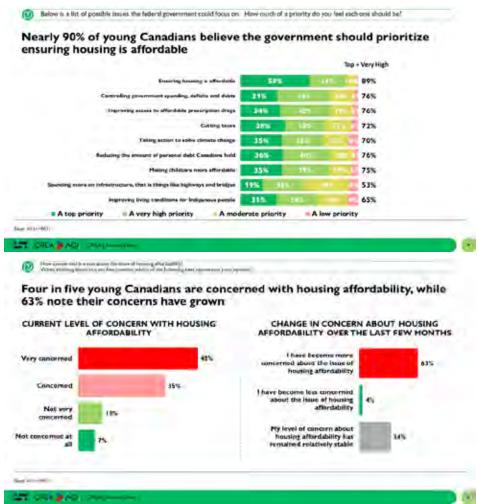
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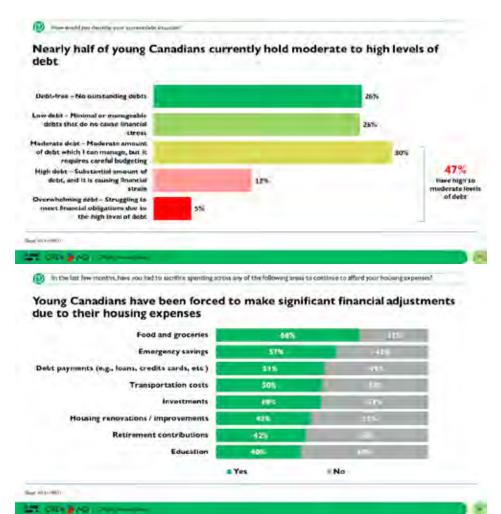
seen their concerns intensify in recent months. Considering these pressing concerns, it becomes imperative to delve deeper into the burden this situation places on young Canadians.

#### Financial struggles: a quiet burden

The current housing crisis has had a significant impact on young Canadians, presenting them with significant financial challenges. Notably, an alarming 47% of young Canadians find themselves burdened with moderate to high levels of debt, a striking contrast to their older counterparts. Additionally, the data paints a sobering picture, revealing that nearly two-thirds (60%) of young Canadians are currently grappling with the precarious reality of living paycheck to paycheck, signifying an unsettling financial instability.

Amidst these financial pressures, the need to adjust monthly budgets due to housing expenses has become an unfortunate reality for 53% of young Canadians. They reported having to make financial adjustments to food and groceries (68%), emergency savings (57%), investments (49%), and debt payments (51%).





#### Worries about housing payments and future stability

Housing payments continue to be a source of concern for young Canadians. An overwhelming 89% of young Canadians have worried about paying their mortgage or rent in recent months (among those who have a mortgage/pay rent). This enduring financial unease underscores the persistent nature of the housing crisis.

Adding to their worries is the lingering uncertainty that casts a long shadow over their future. An overwhelming four in five (81%) express deep-seated concerns regarding the enduring repercussions of the housing market on their financial stability, a

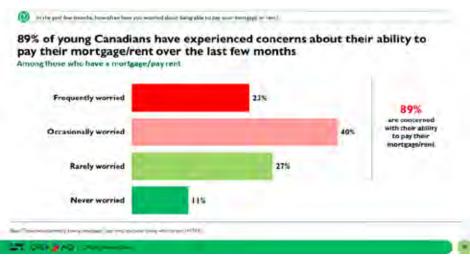
sentiment that resonates far more profoundly among young Canadians than their older counterparts.

#### Personal impact: a complex reality

For these young Canadians, the housing crisis isn't merely a financial struggle – it's impacting their mental health and overall well-being.

Nearly two-thirds of young Canadians (61%) revealed that their financial situation, shaped by the housing crisis, negatively affects their mental health. Further, the survey also finds that the housing crisis has impacted nearly every facet of young

Continued on page 11





#### **◄ Continued from page 10**

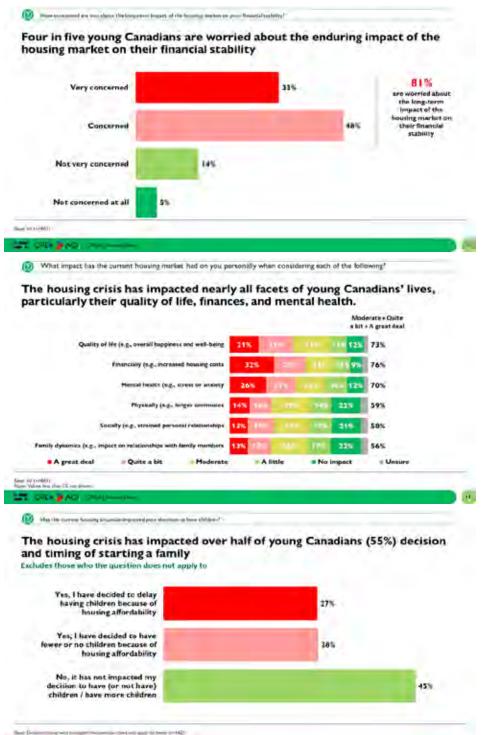
Canadians' lives, including their overall quality of life (73%), finances (76%), physical health (59%), family dynamics (56%), and social lives (58%) more than any other age group.

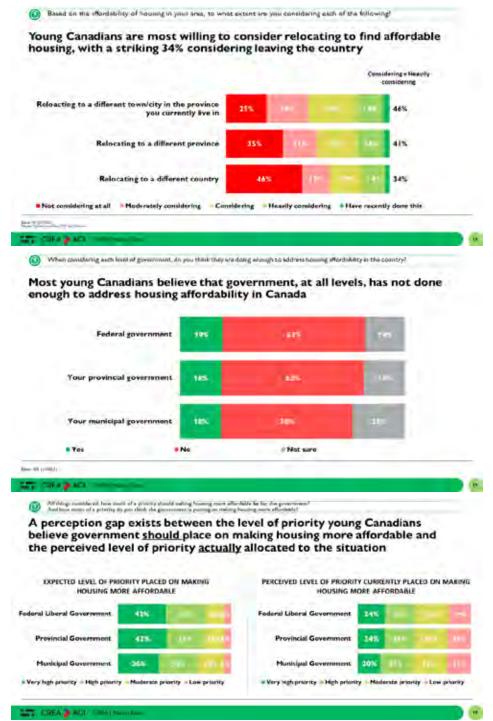
The housing crisis isn't only influencing day-today life; it's shaping major life decisions. A significant 55% of young Canadians who intend to have children admit that it has influenced the decision and timing of starting a family. Some are choosing to have fewer or no children (27%), while others are temporarily postponing family planning (28%).

The looming housing crisis is also driving young people to reconsider where they live and work. Most striking, younger Canadians are most likely to report that they are considering moving to find more affordable housing. Specifically, 46% are contemplating a move within their province, 41% are considering changing provinces, and 34% are even pondering leaving Canada all together. The risk of a brain-drain from unaffordable communities, provinces, and Canada entirely is real and acute.

#### A resounding message – governments haven't done enough

The message from young Canadians is unequivo-





cal: governments have not done enough to address the housing crisis. This sentiment cuts across all levels of government—federal, provincial, and municipal —painting a stark picture of disillusionment with the efforts made thus far. An overwhelming 63% express dissatisfaction with the federal government's response, while 62% believe that provincial governments have fallen short. Meanwhile, 58% feel that municipal governments have not done enough to tackle the crisis head-on. This collective critique underscores the urgent need for more robust, comprehensive measures at all levels.

#### A unified call for priority and action

Young Canadians have spoken with one voice when it comes to the priority placed on housing

be a top priority for the federal government, while 76% hold the same view for provincial governments. At the municipal level, 70% emphasize the importance of prioritizing housing affordability. However, a disconcerting perception gap emerges when evaluating the government's current actions. Only 51% believe that the federal government is treating housing affordability as a top priority today, while 50% believe their provincial government sees it as a top priority, and a slightly lower 47% share the same sentiment about their municipal governments. This disconnect underscores a sense of frustration and skepticism about the government's commitment to translating priorities into tangible actions.

Continued on page



#### **◄** Continued from page 11

#### Dissatisfaction with leadership – a shared sentiment

Across all levels of government, young Canadians express profound dissatisfaction with the leadership's response to the housing crisis. An overwhelming 73% express dissatisfaction with the federal government, while 72% share the same sentiment regarding provincial governments. Municipal governments also face considerable discontent, with 69% of young Canadians dissatisfied with their leadership. This collective frustration underscores a growing impatience with the perceived ineffectiveness of government efforts.

#### Blame allocation – federal, provincial, and municipal roles

Young Canadians exhibit a nuanced understanding of shared responsibility in the housing crisis. While they firmly place blame on the federal government (49%) for its role in the crisis, they also hold provincial governments (40%) accountable. Only 11% believe that municipal governments are more to blame, suggesting a recognition that housing affordability is a challenge requiring broader, higher-level government intervention.

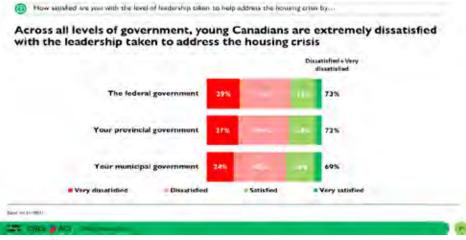
#### **Seeking solutions**

Among the solutions that resonate most strongly with young Canadians is the expansion of the Home Buyers Plan for first-time homebuyers, with a significant 60% supporting increasing the plan's limit from \$35,000 to \$50,000. This suggests that young Canadians are acutely aware of the need to make homeownership more accessible, especially for those taking their first steps into the real estate market.

Interestingly, young Canadians diverge from older generations on certain housing solutions. They are more inclined to support measures such as limiting tax-free gains on primary residences (47%) and changing the mortgage stress test to ensure buyers can afford an uninsured mortgage if interest rates rise (44%). These unique approaches reflect a willingness to explore unconventional avenues to tackle the housing crisis head-on.

#### Incentives and policies – a comprehensive approach

Young Canadians understand that solving the housing crisis requires a multifaceted approach. They align with older age groups in supporting a range of incentives and policies. A substantial 63%



express support for a First Home Savings Account, while 58% endorse the Housing Accelerator Fund. The Underused Housing Tax, Home Buyers Plan, and fostering collaboration among all levels of government and housing stakeholders also garner strong support, all with the aim of finding holistic solutions to the housing crisis.

#### The upshot

This research vividly highlights that the housing crisis in Canada transcends mere economic challenges. It has evolved into a deeply personal and emotional journey for young Canadians, profoundly shaping their lives, influencing critical decisions, and imposing significant financial strains. Beyond the statistics and figures, it's a multifaceted challenge that is redefining their very existence, compelling them to navigate difficult choices, and frustratingly delaying crucial life milestones.

The data underscores that young Canadians are not merely asking but demanding swift and comprehensive actions to address the housing crisis. Their profound dissatisfaction with government responses, their unwavering insistence on housing affordability as a top priority, and their collective attribution of blame emphasize the urgent need to confront this pressing issue head-on. The housing crisis is not an abstract concept for them; it's a stark reality that has significantly influenced their political perspectives, igniting a fervor for immediate public policy solutions.

As the concerns over Canada's housing crisis continue to grow among young Canadians, their frustration and disillusionment may find expression in political action. This potential surge in political engagement could herald a transformation in voting

patterns, with younger citizens increasingly throwing their support behind candidates who champion affordable housing policies. Such a shift could wield considerable influence over electoral outcomes.

Furthermore, the housing crisis could give rise to inter-generational tensions, as older generations, who secured housing more easily, may be perceived as benefiting from policies that disadvantage younger ones. These tensions could permeate political debates and policy discussions, creating a dynamic that demands careful consideration.

Lastly, the enduring impact of the housing crisis may extend beyond the present moment. It could shape the long-term political engagement and ideologies of young Canadians. If a substantial portion of this demographic continues to grapple

with economic challenges stemming from housing costs, their political convictions and participation could be molded for years to come, influencing their preferences for specific policies and political parties.

Overall, Canada's housing crisis among 18-34-yearolds is not just a policy challenge; it's a political awakening. Its impact on politics will depend on various factors, including the severity of the crisis, the responsiveness of political leaders, and the effectiveness of measures taken to address it. As young Canadians demand change, the political realm must listen to their call, recognizing that their votes, aspirations, and perspectives possess the power to transform the course of Canadian politics.

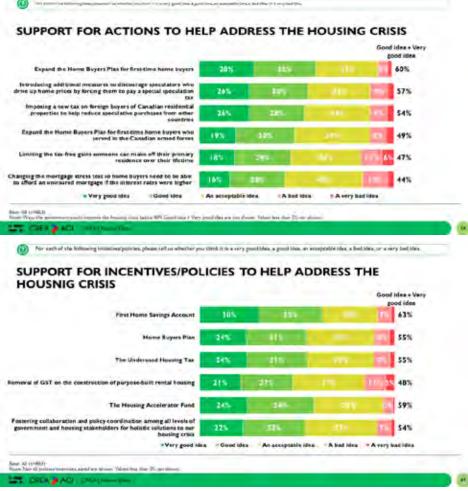
#### Methodology

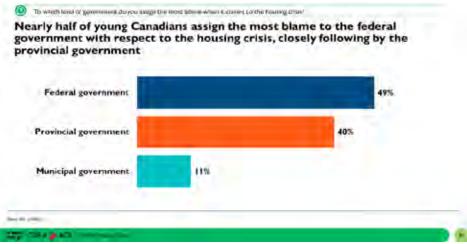
The survey was conducted with 3,500 Canadian adults from September 22 to 28, 2023. A random sample of panelists were invited to complete the survey from a set of partner panels based on the Lucid exchange platform. These partners are typically double opt-in survey panels, blended to manage out potential skews in the data from a single source.

The margin of error for a comparable probability-based random sample of the same size is +/-1.66%, 19 times out of 20.

The margin of error for a comparable probability-based random sample of those aged 18 to 34 (n=863) is +/-3.34%, 19 times out of 20.

The data were weighted according to census data to ensure that the sample matched Canada's population according to age, gender, educational attainment, and region.







#### Club d'aviron de Laval's rowers excel at Lachine Canada meet

CAL has been located near the Lachapelle Bridge in Chomedey since the 1960s

**MARTIN C. BARRY** 

marty@newsfirst.ca

Although the officials in Lachine had troubles with the timing and results were not complete, rowers with the Club d'aviron de Laval finished first last weekend in women's open quad (boat of four rowers) as well as mixed double (a boat with two rowers).

Located in Chomedey behind École Saint-Maxime at a small beach along the Rivière des Prairies known as the Berge des Cageux, the CAL is a local community sporting group that has been offering rowing activities to people of all ages and all skill levels since 1956.

#### Many ways to compete

In rowing, there are several boat classes in which athletes may compete, ranging from single sculls, occupied by one person, to shells with eight rowers and a coxswain (navigator).

There are a wide variety of course types and formats for racing, although most elite and championship level racing is conducted on calm water courses up to two kilometres long, with marked lanes.

The CAL was founded by a small group of German-Canadians led by Albert Conrad. He volunteered to allow the back yard of his home along the Rivière des Prairies to be used as the CAL's first base of operations. The club has been located at its current base near the Lachapelle Bridge since the 1960s.

#### A long club history

When the club first started, it was known as the Montreal Rowing Club and was affiliated with rowing clubs along the waterways of eastern Ontario. The CAL holds the distinction of being the first rowing club in Canada to allow women to take up rowing as a sport.

The club offers new members a variety of programs, depending on their rowing experience, their goals, age and the physical shape they're in. The club's resources and facilities include around thirty boats, with some for novices, for recreational practice, as well as for more advanced members who take part in grueling competitions.

#### **Good showings last Sunday**

Around 25 of the club's members took part in competitions held on a basin at the Lachine Canal last Sunday morning and afternoon. In



Some members of the Club d'aviron de Laval are seen here last Sunday next to the basin at the Lachine Canal after they took part in rowing competitions throughout the morning and part of the afternoon.

addition to the women's victories, the men finished second in junior under 17 doubles, and third in the men's master quad and mixed double.

Club members also participated in the women's junior U19 double and the master men's skiff events. At the *Laval News*'s deadline earlier this week, CAL athletes were waiting to hear whether the club won in the U23 women's skiff event, although the aforementioned timing problems were delaying the results.

#### A great overall sport

According to CAL spokesperson Florian Cys, the club's members, numbering as many as 100, compete in rowing events every two to three weeks during the summer and into the fall. He notes that rowing gets ranked alongside swimming as one of the best overall sports for low physical impact and positive development to cardiovascular health.

"The sport is open to everyone and to all ages," he said, pointing out that the CAL's members hold practices near the Lachapelle Bridge almost every morning beginning as early as 6 am. There are also early evening practice sessions around 5:30 pm for those arriving home after work.

The Club d'aviron de Laval is located in Chomedey at 3676 Boulevard Lévesque Ouest. Phone: 450-687-8812.

E-mail: info@avironlaval.com.



Master Rowers:
The older we get,
the faster we were.

**Photos: Martin C. Barry, Laval News** 



Men rowers belonging to the Club d'aviron de Laval withdraw their boat and gear from the basin at the Lachine Canal last Sunday at the end of a busy of competing. (Photo: Martin C. Barry, Laval News)



#### **Canadians fighting at D-Day, June 6, 1944**

#### Canada was a full partner in the success of the Allied landings in Normandy ('D-Day')

Determined to end four years of often-brutal German occupation, on 6 June 1944, Allied forces invaded Western Europe along an 80-kilometre front in Normandy, France.

The 1944 Battle of Normandy — from the D-Day landings on 6 June through to the encirclement of the German army at Falaise on 21 August — was one of the pivotal events of the Second World War and the scene of some of Canada's greatest feats of arms. Canadian sailors, soldiers and airmen played a critical role in the Allied invasion of Normandy, also called Operation Overlord, beginning the bloody campaign to liberate Western Europe from Nazi occupation. Nearly 150,000 Allied troops landed or parachuted into the invasion area on D-Day. including 14,000 Canadians at Juno Beach. The Royal Canadian Navy contributed 124 vessels and 10,000 sailors and the Royal Canadian Air Force contributed 39 squadrons to the operation. Total Allied casualties on D-Day reached more than 10,000, including 1,096 Canadians, of whom 381 were killed in action. By the end of the Battle of Normandy, the Allies had suffered 209,000 casualties, including more than 18,700 Canadians. Over 5,000 Canadian soldiers died.

#### Sailing towards Normandy

Monday, June 5th, 1944: near Southampton, England, the men of the 3rd Canadian Infantry Division and the 2nd Canadian Armoured Brigade had already boarded the ships. LCA slung from the davits, the ships sailed off at dawn, followed by the large landing crafts for infantry and tanks. They passed Portsmouth around 0900. On the way, subaltern officers and later troops were briefed. They broke open the seals and took out the maps where the actual targets were shown. This was no exercise...

The Channel was rough. Waves, some two metres high, made sailing difficult even at reduced speed. The ships and landing crafts were tossed around and many got seasick. In front of the fleet, minesweepers cleared a route through the mined area protecting the coast. The 31st Canadian Minesweeper Flotilla, as well as other Canadian ships incorporated into British flotillas took part in the operation, clearing ten lanes marked with lighted buoys.

At nightfall, everything was going according to plan. In the distance, the bombings could be heard: at 2331 Bomber Command launched an assault against the coastal batteries in the landing zone. Bombs fell until 0515; in all, 1,136 sorties, 5,268 tonnes dropped. The Royal Canadian Air Force 6 Group was part of the operation, targetting batteries at Merville, Franceville and Houlgate.

Meanwhile, French resistance fighters warned by BBC coded messages undertook more than a thousand sabotage actions during a single night. At midnight, the 6th British Airborne division. which included the 1st Canadian Parachute Battalion, dropped off north of Caen to protect the eastern flank of the landing area. On the western side, US paratroopers from the 82nd and 101st Airborne were dropped; their mission was to take control of the area inland from Utah Beach.



A LCA just launched off HMCS Prince Henry carrying troops towards the Normandy beaches. (Photo: Dennis **Sullivan, Department of National Defence** / National Archives of Canada, PA-132790)

At dawn, the weather was still bad; a northwesterly wind was blowing at 15 knots. Channel waters were choppy with waves over one metre. And clouds were piling up. At 0530, destroyers started pounding the coastal defence positions. As thousands of engines roared and bombs exploded in the air, the LCAs were launched and the soldiers boarded them. In a few minutes, 130,000 men would be landing on French soil to oust the Nazi invaders

#### **Operation Overlord**

Operation Overlord was only one step of a global strategic plan for the complete defeat of Nazi Germany. The Normandy landing was designed to establish a bridgehead from which two armies, the First US Army on the west flank and the Second British Army to the east could be supplied by sea. With the bridgehead firmly secured, the armies were to move on to liberate France and the neighbouring countries. Germany, attacked on three separate fronts, in Northwest Europe, in Russia, and in the Mediterranean, would soon be exhausted and defeated.

On June 6th, 1944, the 3rd Canadian Infantry Division and the 2nd Armoured Brigade were tasked with establishing a bridgehead on the beach codenamed "Juno". This was an eight-kilometre long stretch of beach bordering Saint-Aubin, Bernières, Courseulles-sur-Mer and Graye-sur-Mer. Assault troops were then to move towards the Carpiquet airfield, 18 kilometres inland. The 3rd Infantry Division, under Major-General R.F.L. Keller, was under command of the Second British Army. It was flanked on the left by the 3rd British Infantry Division that was to land on Sword beach (Lion-sur-Mer, Langrune-sur-Mer), To the right, the 50th British Division had as its target "Gold Beach" (La Rivière, Le Hamel, and Arromanches).



On board their assault landing crafts, men of the Royal Winnipeg Rifles heading towards their sector of Juno Beach, June 6th, 1944. (Photo: Dennis Sullivan, Department of National Defence National Archives of Canada, PA-132651)

Before the infantry actually set foot on the beach, all artillery launched a saturation barrage against enemy defences. Destroyers pounded the beaches and the large landing crafts approached with their 4.7-inch guns firing. Landing craft Tanks fired rocket rounds.

The four field artillery regiments, in all 96 guns of 105-mm, embarked on 24 LCTs, moved on simultaneously. From its craft the 12th Field Regiment opened fire against a fortified position in Courseulles. At 0655, the 13th Field Regiment attacked another position west of the cliff. At 0744, the 14th Regiment fired on the Bernières fortified position; and at 0739, the 19th Regiment attacked a similar post in Saint-Aubin. For half an hour they fired above the heads of the infantry and above the LCAs that were by the shore.



Two German officers in a group of prisoners who surrendered to Canadian troops in Bernières-sur-Mer, June 6th, 1944. (Photo: Ken Bell, Department of **National Defence / National Archives of** Canada, PA-114493)

In the west, the first assault troops of the 7th Infantry Brigade landed shortly after 0800 near Courseulles-sur-mer. Somewhat further east, in the sector of the 8th Brigade, the North Shore Regiment set foot on the Saint-Aubin beach at 0810 and the Queen's Own Rifles started to march on Bernières at 0812. As they ran under heavy enemy machine-gun fire, the men were quick to forget their nausea due to choppy waters and rolling ships. But bad weather still had an impact on the operations: landing the tanks was hindered

and the LCTs had to move in closer with the risk of hitting a submerged mine. As they set foot on the beach, men of the "B" Company of the Queen's Own Rifles had to run 200 metres against a German defensive position spared by the saturation fire earlier on. They suffered most from the delayed arrival of the DD tanks, Sherman tanks equipped with floating devices that the height of the waves had rendered useless.

Taking advantage of the surprise, the first assault troops silenced the 75-mm and 88-mm guns and ensured access to the beaches. Around 0830, they were followed by the reserve battalions. At 0910 and 0925, the 19th and 14th Field Regiments landed and positioned their self-propelled guns for combat. The ever-increasing number of troops and vehicles on the beach made circulation more difficult. To solve the problem, Royal Corps of Engineers personnel opened up breaches in the seawall protecting the beach.

While the fighting still raged, some French civilians left their homes. They were astonished to meet soldiers who spoke their language. Replying to an inquiring villager, a soldier from the Régiment de la Chaudière told him "P'tet ben que oui, p'tet ben que non" ("Maybe yes, maybe no") with an accent so similar to that of French as spoken in Normandy that the civilian could not believe he was dealing with a Canadian.

With the fighting moving inland, the 3rd Division deployed its reserves: the 9th Infantry Brigade, supported by the 27th Armoured Regiment. The first battalions arrived in Bernières at 1140, but the crowding of the beach slowed them down as they moved towards the meeting point near Bény. Fortunately there were no enemy aircraft or ships to attack the massive concentration of men and material that slowly moved inland. As D-Day drew to an end, Canadians had succeed in advancing quite deeply towards Creully, Colomby-sur-Thaon and Anisy, short of their assigned targets but far enough to make the operation a definite success.

In a single day, the Allies had broken through the Atlantic wall and established a bridgehead in France. The Germans were caught unprepared as they thought the operation was merely a diversion, the real landing being planned near Calais.

#### Trudeau to travel to France for 80th anniversary of D-day at Juno Beach

Prime Minister Justin Trudeau will travel to France next month for the 80th anniversary of

Trudeau will spend two days in France to attend D-Day events including a Canadian ceremony at Juno Beach on the morning of June 6, marking exactly 80 years since 14,000 Canadians stormed the beach as part of a massive Allied forces

An international ceremony will be held later the same day on Omaha Beach.

On June 5, a memorial will take place at the Beny-sur-Mer Canadian war cemetery where 2.049 Canadian soldiers are buried.

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#### Laval driver, 18, gets \$3,053 ticket, 32 demerits after speeding

An 18-year-old driver from Laval received a four-figure fine from the Laval Police last week after he was clocked driving nearly 100 km/h above the posted speed limit.

According to the LPD, the driver was travelling 140 km/h in a 50 km/h zone on Dagenais Blvd.

on Tuesday last week.

He was nailed during a speed enforcement campaign mounted by the LPD.

Speeding cost him a \$3,053 fine and 32 demerit points, and his driver's licence was also suspended for seven days.

#### Convicted sword murderer escapes Federal Training Centre

An arrest warrant was issued last week for 32-year-old convicted murderer Yacine Zouaoui, who was unaccounted for at the minimum-security Federal Training Centre in Laval's St-Vincent-de-Paul district, with the Sûreté du Québec maintaining he may have fled to Ontario.

According to the Correctional Service of Canada (CSC), officials contacted both Laval Police and the Sûreté du Québec immediately after the discovery of Zouaoui's late night disappearance.

Zouaoui, who is English-speaking, is described as 185 cm (6 ft 1) in height and 84 kg (186 lbs) in weight, brown eyes, brown hair and visible tattoos, including a teardrop under his left eye, and three dots in the web of his left hand.

He was serving an indeterminate sentence for assault causing bodily injury and second-degree murder, according to the CSC. At age 19, he turned himself in to police following the killing of Zsolt Csikos who was stabbed in the back with a sword.

According to facts in the case, Zouaoui fled the

scene of the crime and abandoned the weapon at a shopping mall before seeking advice from an uncle, then subsequently cooperating with investigators.

Anyone with information on Zouaoui's whereabouts is asked to contact the Sûreté du Quebec



## Laval Police seize cocaine, meth crack and cash

The Laval Police say they arrested five suspects and seized large quantities of various types of illegal drugs during a series of raids conducted in Laval in recent weeks.

Warrants executed at two residences and in a vehicle in Laval's Sainte-Rose and Chomedey districts led to the seizure of 25 grams of crack cocaine, 140 grams of cocaine, 383 methamphetamine tablets and more than \$5,000 in

cash.

According to the LPD, the anti-narcotics operation was the culmination of an investigation that began last December after a tip from a member of the public.

Police arrested three men and two women from 24 to 50 years of age. The suspects were questioned by police and then released pending upcoming court appearances.

## City of Laval granted new powers for police dept.

City officials have announced that permission has been granted by the Quebec government to convert the Laval Police Dept's Intervention Group (GI) into a Tactical Intervention Group (GTI) effective May 25.

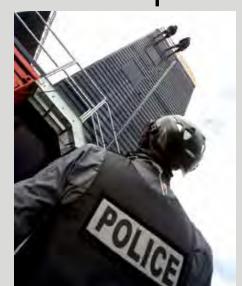
According to the city, Laval as well as the City of Longueuil had both applied to the Quebec Ministry of Public Security for the new status. Laval made the request taking into account that its population will be 500,000 in a few years, with more demands being place on the police force.

Although the Laval Police Dept. currently has the manpower to deal with special operations that carry higher risks, such as armed standoffs, special ops have been carried out until now by a special unit defined as an Intervention Group.

The newly-defined unit will more closely frame the powers its officers have to deal with such sensitive operations as well as the training they receive.

"Security is a major preoccupation for me," says Mayor Stéphane Boyer. "I've very happy to see the powers of the Laval Police Dept. expanded through this long-awaited transition for the tactical intervention team.

"We are fortunate to be able to count on a



Laval tactical intervention group.

police organization that is committed and devoted and in a position to assume a large range of responsibilities in order to ensure the security of the population of Laval on a daily basis," added the mayor.



Looking for something to do? Here are some upcoming events happening in the Laval area.

#### L'AUDACE D'ÊTRE SOI

Conference



Saturday, June 1 3:00 PM - 5:00 PM

#### **Grand Hôtel Times (Centropolis)**

1700 Rue Jeanne-Mance, H7T 0R2

An inspiring and unique conference on self-esteem.

On sale now: \$47 \$60

#### **#LINKEDINLOCAL**

Networking



Tuesday, June 4 6:30 PM - 9:00 PM

#### Salle AGORA, Porte #14

1000 bd de l'Avenir, H7N 6J6

Interact with your LinkedIn contacts and meet new business people in this gathering space for entrepreneurs.

\$21.99

#### **RENDEZ-VOUS RH**

Workshops



Wednesday, June 5 8:00 AM - 1:30 PM

#### **Château Royal**

3500 boulevard du Souvenir, H7V 1X2

Conferences, workshops and discussions on the theme of skills development and productivity.

\$201.20

#### **3 ANS DE LA CLINIQUE**

Celebration



Thursday, June 6 5:00 PM - 9:00 PM

#### Clinique CD Médico-Esthétique 3882 Boulevard Saint-Elzéar O, H7P 4J5

Celebrate the clinic's 3 years during a special day filled with joy, gratitude and memorable memories.

**General admission: FREE** 

#### **RETOUR EN ALEXANDRIE**

Film screening



Thursday, June 6 7:30 PM - 9:30 PM

#### Cinéma Guzzo Pont-Viau 16 (IMAX) 1055 bd des Laurentides, H7G 2W2

As her blue-blooded mother lies on her deathbed, Sue has to confront her painful past during an inner journey

\$19.44

leading her back to Egypt.

#### **SAAD RAMADAN**

Festival Libanais



Friday, June 14 7:00 PM - 11:00 PM

#### **Festival Libanais**

2805 Boulevard du Souvenir, H7V 1W8

A Lebanese festival to celebrate joy, culture, delicious food, and music with Saad Ramadan!

General admission: \$70.56

#### EMPOWERMENT AU FÉMININ

Conference



Saturday, June 15 9:00 AM - 4:30 PM

#### Le Cabaret C

1600 Rue Robinson, H7W 2W4

Join Stéphanie Méthé for a unique day of female coaching with 10 inspiring women ready to share their experiences.

General admission: \$32.15

#### **MANGO CELEBRATION**

**Party** 



Saturday, June 29 10:00 PM - 3:00 AM

#### **Pandora Supper Club**

579 Boulevard Saint-Martin O, H7M 1Y9

A night of Amapiano and Raboday for a party with hot beats and tropical vibes.

General admission: \$36.60

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#### KISSING THE COBRA

I am currently separated from my husband who is having an affair. We've been married four years, and we just bought a condominium. Things were looking hopeful. We've had some challenges, including him not working much while I supported him emotionally and financially.

For the past seven months he's had a steady income, thus we bought the condo. He cruelly announced to me in an unsafe place--at a conference where I had professional commitments--that he loves another woman and would have married her if he hadn't married me. I am heartbroken.

We've been to marriage counseling. I've been in shock, dismay, anger, and terrible grief as I adore my husband and have been faithful to him throughout our marriage. Yet I am not willing to tolerate his behavior, so I filed for divorce.

I found out the condominium we bought is near where this woman lives. My husband wants us to continue and have her in our marriage, too. He calls her his concubine. It's so insane!

I've seen them together, and I go into shock and then extreme anger at this violation. The violation is further increased by the fact she is a doctor of divinity, a minister, and active in a local spiritual community. My husband is a professional, and we both have a spiritual path we follow. I am so confused and sorrowful. I don't even know what to ask, except I keep reading about other couples who overcome infidelity.

Leslie, a well-known television executive, now deceased, was famous for his affairs. When he finished with a woman, he would invite her to

lunch at a posh restaurant. There, over lobster or foie gras, he would announce the end of their affair. He counted on the public surroundings to control her dismay and anger. This executive's nickname was the "Smiling Cobra."

Your husband is another smiling cobra. Telling you at the conference was a mean-spirited and selfish thing to do. You say you are suffering from emotional numbness, sleep disturbances, and disruption of social functioning. That condition has a name: post-traumatic stress disorder.

PTSD happens to people who have suffered life-threatening events like military combat, natural disaster, or violent personal assault. You have suffered a personal assault and a marital disaster. You are proceeding on the correct course. Your husband's desire to keep a "concubine" ended the marriage.

Reach out to helpful people and seek individual counseling from a process.
dealing with traumatic stress.
Wayne & Tamara counseling from a professional experienced in

#### LIKE VERSUS LOVE

I've been in a relationship with a loving, sweet man. From the start we spent a great deal of time together, usually at his house because he has a lot of issues with panic attacks and driving. As time went on he told me he loved me and could see spending the rest of his life with me.

I thought he was incredibly hot, and to be honest, I could not keep my hands off him. A month ago I woke up one morning and felt numb. Everything that seemed perfect about him before seemed imperfect. I started analyzing him and finding a million things wrong. I even started dreading his daily calls.

He did nothing wrong, I mean, he's been the same person all along. Why do I feel this way?

My friends think I may have commitment issues.



Samantha, we had a golden retriever named Einstein. He had hip dysplasia and arthritis, even as a youngster. Some might have seen

a million things wrong with him, but we never did because we loved him so.

With this man you narrowed your focus to the pleasurable elements, but at the first inkling of making this permanent, you were forced to see the rest of him. That's not a commitment problem. That's realizing you don't want to own all the things you see wrong with this man.

WAYNE & TAMARA MITCHELL are the authors of Your Other Half (<u>www.yourotherhalf.com</u>) Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: GetInTouch@WayneAndTamara.com

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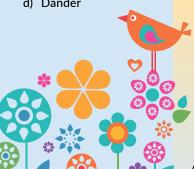
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#### Spring quiz

- 1. What's the first day of spring called?
  - a) The vernal equinox
  - b) The spring solstice
  - c) The Easter equinox
  - d) The Easter solstice
- 2. On the first day of spring, day and night are nearly the same lengths. How long are they?
  - a) 10 hours
  - b) 12 hours
  - c) 14 hours
  - d) 8 hours
- 3. Is spring considered the year's first, second, third or fourth season?

  - b) Second
  - c) Third
  - d) Fourth
- 4. Which of the following holidays doesn't happen in spring?
  - a) Easter
  - April Fool's Day
  - c) Mother's Day
  - d) Valentine's Day
- 5. What does spring symbolize?
  - a) Peace
  - b) Love
  - c) Rebirth
  - d) Hope
- 6. Spring is often associated with allergies. What's considered the biggest allergy trigger?
  - a) Mould
  - b) Dust
  - Pollen c) d) Dander



- 6. c). Hay fever is what you call a pollen allergy.
  - starting fresh.
  - 5. c). Spring is all about new beginnings and
    - ends on June 21.
- 4. d). Spring lasts for about three months and
  - summer, fall and winter. 3. a). The seasons go in order from spring,
- on the first day of spring.
- 2. b). The day is slightly longer than the night
  - start early on March 19.
- begins on March 20 or 21 but can sometimes 1. a). In the northern hemisphere, spring usually
  - **ANSWERS**



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#### HOROSCOPF

Week of JUNE 2 TO 8, 2024

The luckiest signs this week: GEMINI, CANCER AND LEO



#### ARIES

You could have a sudden epiphany or dream that reveals a solution to your financial or emotional problems. You'll gain a better perspective on your situation, and everything will fall into place.



#### **TAURUS**

You'll take the necessary steps to move forward and improve your situation. Inaction isn't the answer. You'll overcome your fears and move towards your aspirations and ambitions.



#### **GEMINI**

You may discover new artistic talents. Your creativity will shine, and you could volunteer for a cause close to your heart. You could find new skills by following your intuition.



It's time to get rid of friends who don't respect you. Avoid lending money to those close to you. Transparency will help strengthen any relationship.



You could be given more stimulating responsibilities at work. A promising opportunity will present itself if you're looking for a job. A friend could also help you professionally.



#### **VIRGO**

A summer getaway is on the horizon. You're on a tight deadline, so don't overlook your preparations. All forms of learning will lead to contentment. Your social life could lead you towards physical, psychological and spiritual well-being.



You'll be determined to rise to any challenge despite feeling some intense emotions. Moving house or changing jobs could bring you closer to a dream. Sometimes, you must step out of your comfort zone to change and grow.



#### SCORPIO

You'll be thinking a lot about your love life. Thoughts of love may make you feel anxious. Relationships involve commitment, and you'll take time to reflect before taking this all-important step.



#### **SAGITTARIUS**

Your health is top of mind, and you'll start a diet better suited to your goals. Although you're considering starting a home-based business, it will take some time and patience to turn it into a stable source of income.



#### **CAPRICORN**

You'll experience a boost in your self-esteem, making you more aware of your worth. This will increase your selfconfidence. Your nearest and dearest will express their appreciation for you, helping you to feel better about



#### **AOUARIUS**

You'll focus all your attention on your family this week. You may have a spat with someone close to you and need a little distance to calm down. If a move is imminent, anxiety could increase as time goes on.

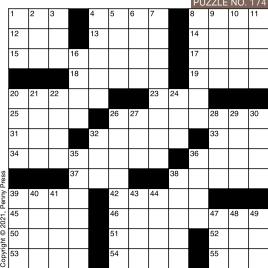


#### **PISCES**

If you're worried about something, you'll find someone to confide in. You won't go out of your way to talk about what's bothering you, knowing you can use words that won't hurt anvone.

## ee Break

#### **CROSSWORDS**



#### **ACROSS**

- 1. Existed
- 4. Fills with wonder
- 12.Select
- 13.Exhibit
- 14.Every individual
- 15.Arch need
- 17.Milan money, once
- 18.Leave off
- 23. However, poetically
- 25. Checkup
- 31.Bumped into
- 34.Acquires
- 38.Is bested 39.Bouncing sound
- 42.Arm joint

- 8. Petty quarrel

- 19.Depicted
- 20.Powered by the sun
- 26.Romantic ones
- 32. Twist of fate
- 33. Passing through
- 36.Squeal
- 37.Race (a motor)

- 45.Weight
  - 46.Forest
    - 50. Aussie's buddy 51.Greatly anticipating
    - 52."Now I me..
    - 53.Winter slider 54.Draft animals' har-
    - ness 55. Soap ingredient

#### DOWN

- 1. Chinese skillet
- Mock 3. Sow's place
- 4. Fall flower
- Rider's command
- 6. Billions of years 7. Sugarcoats
- 8. Rarely
- 9. Poker holding
- 10.Ranch unit 11.Melt
- 16.Ripoff
- 20. Teamster's rig

- 21.Water buffaloes
- 22.Thin board
- 24.Cut grass
- 26.Private road
- 27.Disintegrate 28.Dusks
- 29.Annoy
- 30.Drains
- 32.Bad humor 35.Wore away
- 36.Distressful cry
- 38.Henry Cabot
- 39. Stately trees
- 40." Miner's Daugh
- 41.Loathe
- 43.Corporate symbol
- 44.Novel, e.g. 47."\_\_\_\_ the king's hors-
- es . . . 48 Denial
- 49. Tinting agent

#### Sudoku

#### HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

	_	_		_	_		_	_	_
. 844		6							
						2	4		
PUZZLE NU				3	1			8	
ĭ			9	4		5			7
						7	8		3
			4			1			
					9	3	5		
	7						2		
	2		1			4	9		

#### Last Issue's Answers

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