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Vol. 31-03

February 8, 2023

450-978-9999

www.lavalnews.ca

editor@newsfirst.ca

120,000 readers

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Federal Immigration's Sean Fraser welcomes newcomers, but insists Quebec can act freely

The Laval News
EXCLUSIVE

'We need to embrace immigration,' he says, although province 'will make its own decision'

MARTIN C. BARRY

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Although federal Immigration Minister Sean Fraser insists Quebec is entirely within its constitutional rights to set limits on immigration into its territory, he says he personally favours higher levels of immigration for economic reasons.

Fraser was in Montreal last week to meet with business leaders belonging to the Chamber of Commerce of Metropolitan Montreal.

The C of C's view

In a statement issued following the Feb. 1 meeting, CCMM president Michel Leblanc noted that the federal ministry's current plan is to raise the number of immigrants entering Canada to 500,000 per year before 2023 comes to an end.

According to Leblanc, Minister Fraser revealed during his conversation that the federal immigration ministry learned from its experience processing Ukrainian refugees over the past year, and that Ottawa hoped to use those lessons to accelerate the processing of new arrivals from other areas of the world without compromising security.

Working with Quebec

Summarizing the exchange during an interview with Newsfirst Multimedia, Fraser said his message to the CCMM was that Ottawa wants to work together with the Quebec government

as well as businesses in Montreal "to ensure that the immigration system is delivering for Canadians."

Expanding on that statement, he said it would mean "making sure that we can bring workers into essential jobs in the economy, whether we can reunite families, whether we can continue to play a leadership role on issues of a humanitarian nature."

Perhaps more importantly, Fraser continued, "We want to make sure the system works, that it respects the agreement we have with the province of Quebec and that we want to continue to do our part to protect the demographic weight of Francophones, that we continue to grow our immigration ambitions for economic and demographic reasons."

An economic challenge

Saying that he enjoys an excellent relationship with Quebec Immigration and Francization Minister Christine Fréchette, Fraser said, "we both have a unique focus on economic immigration to make sure that we're bringing the workers into communities..."

"... This is a major economic challenge. Businesses have just been through several very difficult years. We have spared no expense to make sure that we supported businesses and households, to make sure that businesses could keep their lights on and their doors open and the families can keep food on the table and the roof over their heads."

Restrained immigration

Under Quebec Premier François Legault's



Federal Immigration Minister Sean Fraser (centre), met last week with Chamber of Commerce of Metropolitan Montreal officials to discuss immigration issues impacting Quebec.

immigration plan for 2023, the province could admit up to 52,500 new permanent residents this year. The target, which is exactly the same as Quebec's immigration plan for 2022, has come under fire, especially from the province's business community, which has serious ongoing concerns about acute labour shortages in the post-pandemic economy.

Newsfirst Multimedia asked Fraser whether he considered it possible that Quebec is missing opportunities by holding back immigration. "Look, it's a decision for Quebec to set their own immigration levels," he responded.

Fraser's personal view

"The agreement that we have empowers them to do so and we will process the cases that they ask us to and we will meet the levels of immigration that they ask us to meet. That's part of the agreement that we have. This past year, despite the largest number of newcomers who were welcomed in Canada's history, despite record demands on our system across different streams, we were able to meet the levels that Quebec has set."

That said, Fraser added, "My own view is that Canada needs more people for economic reasons ... My view is that we need to embrace immigration in the short term to address some of these gaps in the labour force, but as importantly in the long term, we meet these skills

gap that will exist over the next generation..."

'Embrace immigration'

"And my view is that we need to embrace immigration to help employers maximize their potential as we climb out of this pandemic, but also protect the ability of communities to continue to exist as they have for many years."

"Quebec will make its own decision for the reasons that it determines are most important. But my view is that it's an important moment in Canada's history when we have such demand in the world from people who would like to move to Canada and make their contribution, to have the skills we need. My view is that we should embrace immigration at this moment in time."

'If we don't change...'

He pointed out that 50 years ago, there were seven workers for every retired person in Canada, while today the number is closer to three, and that in a few decades the number will be two across the entire country.

"If that's the case," he continued, "if we don't change the trajectory we are on with an aging population, our conversation a generation from now will not be about labour shortages, it will be about whether we can afford to keep schools and hospitals, including in rural communities, including in Francophone communities."



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Deadline for commercial advertising by Friday at 3 p.m.
Deadline for classified advertising by Friday at 3 p.m.
ISSN number : 1923-0605
Annual subscription : \$89.⁹⁵ • Per copy : \$1

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Layout: Media Trek

Distribution: TC. Transcontinental/
DIFFUMAG

Printing: TC. TRANSCONTINENTAL

Project funded in part by

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Quebec Community
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& Canadian Community
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OPINION & Editorial



How to resolve the health-care deadlock in Canada

*The Canada Health Act must permit more room for experimentation
and innovation at a provincial level*

The provinces say they need more federal money for health. The federal government says it wants to be assured of improved outcomes first.

In my view, adding money, even with various provinces and metrics, will not be sufficient. We will still have huge problems with inadequate staff, waiting lists, procedures that are simply not offered, and lack of innovation, among other problems.

The health-care system cannot be fixed within the rigidities imposed by federal policy that does not allow the provinces enough room to provide the best mix of public and private payment. Almost all other developed countries allow for a reasonable mix. We in Canada have to find our own hybrid. Otherwise, we will continue the paradox: Compared to many other countries, on a per capita basis, we pay more and get less.

Let me propose a way forward for Canada. The idea is to seek an approach that can be widely agreed upon by people with different political views, beliefs, and practical experiences. It would invite decision-making based on evidence, not ideology.

First, the Canada Health Act must permit more room for experimentation and innovation by provincial governments. Federalism is a fundamental value of Canada. Provinces have primary authority over health-care delivery. In different provinces, new ideas can be formulated and tested. They may involve some options where patients pay for care directly or through private insurance. We can see what works and what does not.

Second, the flexibility permitted by Health Canada could be guided by the "mutual reinforcement" principle. More private-pay options will be allowed to the extent that a provincial government has reasonably determined

that it will not harm the quality, timeliness, and accessibility of the publicly insured system. The standard is "a private-pay option can be permitted or facilitated by a provincial government if it does not damage, and preferably promotes, the publicly insured system."

So, the current publicly insured system remains the starting point. The aim is to make it as good as it can be in terms of accessibility, quality, timeliness, efficiency, and outcomes, given all the other constraints on public spending. But the provinces would be permitted to explore whether some private-pay options would, in fact (not merely under ideological presumptions), improve the publicly insured system.

For example, in some circumstances, it might make sense to permit a physician to practice in both the mainstream (publicly funded) and their own private-pay clinic. If the two roles are properly co-ordinated, the physician might end up doing more procedures overall and reduce the demand on the mainstream system. The private-pay clinic might be a space where innovation takes place in response to provider creativity and patient preference and may eventually be incorporated into the mainstream system.

Some freedom to practice outside the mainstream system might encourage the physician to remain in Canada or attract other physicians to locate here. Patients who might otherwise seek care outside of the country might instead take advantage of private practices here, with the taxes from private practices helping to support the mainstream system.

You can propose scenarios, of course, in which the private-pay option damages the mainstream system. For example, in some circumstances, it could result in fewer overall procedures being done in the mainstream system. In other scenarios, you might show that the private-pay option

substantially reduces voter or government enthusiasm for maintaining and improving the mainstream system.

The key point is that increased freedom and flexibility for provincial regulators, providers, and especially patients would not be ruled out or ruled in by a reformed federal policy. Instead, there would be a standard: Does an innovation help in some ways and either improve or at least not hurt the mainstream system? There would be requirements for applying that standard. Particular innovations would be introduced and monitored on a transparent and evidence-based method, not based on rigid ideology.

An analogy is relevant. It is widely accepted that economic development and environmental improvement can reinforce each other. There is no guarantee, however, that this is always the case. Instead, provinces and the federal government both do environmental assessments. Evidence is reviewed to ensure that a particular development is not, in fact, likely to harm the environment.

A more flexible federal health-care framework could – at least initially – include additional safeguards. Private-pay options might initially be limited to certain kinds of procedures or operations such as diagnostics, hip replacements, and other such elective surgeries.

It is not an exaggeration to say that the rigidity of the current health-care system is having a significant effect on some citizens' quality of life and, in some cases, even life itself. We can now proceed in a way that is evidence-based and reconciles different value systems.

The current stifling of debate and policy innovation is causing deadly consequences for Canadians. We can do much, much better for everyone in need.

Bryan Schwartz

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Montreal PR expert Jonathan Goldbloom named to Hockey Canada board

National association's last board resigned over sex assault and payout allegations

MARTIN C. BARRY

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For someone who has spent a considerable amount of his life slumped over a computer keyboard dealing with words while honing his communication skills, Jonathan Goldbloom is no stranger to the very physical world of ice hockey.

Goldbloom, one of two Quebecers appointed in December to the new board of Hockey Canada following the national sports organization's implosion last year, is self-deprecating as he describes his initiation into the sport while attending Montreal's private Selwyn House School during his teenage years.

A hockey player and fan

"Not well, but yes," he says, referring to his relative lack of skill on the ice, although he later also played on the Harvard University freshman team while completing undergraduate studies in the U.S.

To this day, Goldbloom continues to be active as an amateur in the sport of hockey, playing within a league of Montreal-area business executives who face off regularly in matches at the Westmount municipal arena.

He refers to ice hockey as "a passion of mine," although he acknowledges he's not as sharp on his skates as he used to be. "As I was saying to someone the other day, I know what to do, I just can't do it anymore. I play my wing, but I'm just not as agile or as fast as I once was. But I still love the game."

Hockey Canada meltdown

Last October, Hockey Canada's previous board resigned amid blistering criticism, including reactions from the Prime Minister's Office (PMO), related to the scandal-plagued organization's handling of sexual assault allegations and secretive payouts to victims using funds from player registration fees.

As a result, Hockey Canada saw its federal and corporate funding drastically cut back, as Canada's parliamentarians launched an investigation, while the organization's last CEO, Scott Smith, was left with little choice but to resign. In addition, Henein Hutchison, a Toronto-based law firm known for its criminal defence work, has also completed a report on the allegations.

The Goldbloom dynasty

When announcing the appointment of the incoming nine-member board led by a new chairman, retired Ontario Court of Justice judge Hugh L. Fraser, Hockey Canada described the new directors as "custodians of the game who want nothing more than for this game to prosper."

Descended from a family that included his father, Victor, who served in the Quebec Liberal cabinet from the early to mid-1970s, as well as his brother, Michael, former publisher of the Montreal Gazette and the Toronto Star, Jonathan Goldbloom made his name as a public relations specialist in Montreal, and as a member of the board of some distinctly Canadian institutions, including Via Rail and the Stratford Festival.

'Disturbed' by handling

Asked whether he was shocked by the revelations, Goldbloom said, "Disturbed would probably be a more accurate word. It's not as if these revelations were not out there for some time. Disturbed in the sense of how they were investigated and how they were handled."

"I think that the issues of mistreatment and abuse are something, you know, that have become more in the forefront of society across all different sectors. So, it's hard to say shocked. Disappointed, disturbed and a feeling that these need to be addressed."

Regarding his role on the board, Goldbloom said, "I wouldn't be on the board if I didn't think there was a crisis and that it needed to be addressed. Yes, there was a lack of trans-



The Laval News
EXCLUSIVE

Montreal-area communications specialist Jonathan Goldbloom, who was selected in December to sit on Hockey Canada's new board of directors, is also chairing the search committee to recruit the national association's new CEO. (Photo: Martin C. Barry, Newsfirst Multimedia)

parency. Yes, there should have been a proper investigation from day one and it should have been followed through with whatever ramifications there are.

'It's complicated,' he says

"To the credit of Hockey Canada, the investigation by a Toronto law firm is completed and it's now before a panel and we're waiting for the panel's recommendations on how to move forward," he continued.

"It's complicated because there's also a police

investigation at the same time. So, it's finding the balance of all of that." In addition to sitting on the Hockey Canada board, Goldbloom is chairing the search committee which is working to recruit the association's next CEO.

In this regard, he said he's been choosing representatives from all the different stakeholders at Hockey Canada, including former athletes and representatives of hockey associations from across the country. "It's one of the ways of building the stakeholder unity that we're looking for," said Goldbloom.

Bank of Canada ignores inflation data and widens class divide

The Bank of Canada's decision to impose a quarter-point interest rate hike last week "will fully ignore inflation data, unfairly jeopardizes workers' jobs and fails to address the root causes of price increases," according to at least one Canadian labour union official.

"The Bank's stubborn and aggressive rate increases are already having an impact on the economy contributing to increased costs for working families while at the same time corporate profiteering has been given a free pass," said Unifor national president Lana Payne.

"Workers jobs and incomes are at stake here. It's time to stop the rate hikes before the economy is pushed into a deep recession." The decision was the eighth consecutive interest rate hike by the bank, raising interest rates from 0.25 to 4.5% in less than a year.

"At the last rate hike, the Bank of Canada Governor pointedly stated the next rate decision would be data driven," said Payne. "The data clearly shows that inflation is slowing and that sources, namely supply chain bottlenecks and soaring gas prices, are easing."

Between December 2021 and December 2022, inflation was 6.3% while wage growth failed to keep pace at 5.1%. Meanwhile, corporate profits continued to soar. In Q3 2022, profits were more than 20% of GDP, up from the 15% average in the five years before the pandemic.

The Unifor head said that instead of recognizing corporate profiteering as a source of inflation, the Bank of Canada continues to focus on wages as the most worrying indicator of entrenched inflation.

"The Bank of Canada remains hell-bent on its recession creating strategy to stifle wages, putting the onus on workers while continuing to ignore blatant corporate profiteering," said Payne. "Corporations are taking advantage of inflation hysteria, using it as cover to increase profit margins and extract even more of workers' hard-earned cash."

Unifor is calling on the federal government to address corporate profiteering by expanding the excess profits tax and to prepare for a potential recession by fixing Employment Insurance.

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Again this year, 'Laval en Blanc' delivered family fun

Party time for moms, dads and kids at the Centre de la Nature



Several of Laval's elected officials (including councillors Nicholas Borne and Cecilia Macedo, brought members of their families to this year's Laval en Blanc winter carnival at the Centre de la Nature on the weekend of Jan. 27-28-29. (All photos: Martin C. Barry, Newsfirst Multimedia)

Thousands of moms, dads and children from all over Laval turned up at the Centre de la Nature in Duvernay on the weekend of Jan. 27-28-29 for Laval en Blanc, a celebration of winter that serves as an annual counterpoint to the city's popular Fête de la Famille during the summer.

There was snow sledding, ice skating and even some musical performances and children's shows to be enjoyed in the warmth inside a large pavilion.

Although there was no ice fishing along the frozen Rivière des Mille Îles as there was in years

past when Laval en Blanc was held in Sainte-Rose, the beauty and vastness of the Centre de la Nature made up for it.

Some mid-winter fun

For some, the idea of having fun outdoors during the winter, in temperatures hovering around zero degrees celsius, remains a novel idea and a discovery in itself – although it is the very reason the event is held each year in mid-winter by the City of Laval.

The bumper cars were definitely a hit with young and old alike, as was the zip-line, while



The zip line was as popular as ever.

the strolling clowns and stilt walkers got the attention of one and all.

Several of the City of Laval's elected representatives, including Laval-Les Îles councillor Nicholas Borne and Marigot councillor (and council president) Cecilia Macedo, were on hand on Saturday Jan. 28 with members of the families.

Used to be in Sainte-Rose

"This is the 16th edition of Laval en Blanc," Borne said during a brief interview with the Laval News, noting that the three-day event used to take place in Sainte-Rose, although that wasn't possible this year because of extensive exterior renovations underway there now.

"So, we're happy to have it at the Centre de la

Nature," he continued. "It's a bigger area so we can accommodate more people." On the evening of Friday Jan. 27, fireworks dominated the sky over the Centre de la Nature, as a large display was ignited to celebrate mid-winter in Laval.



A show for the kids took place under a heated tent during the celebration.



An ice queen on stilts.

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Statistics Canada: Postsecondary students received payments from the Canada Emergency Response Benefit (CERB) and the Canada Emergency Student Benefit (CESB) in 2020

by Melissa Van Bussel, George Marshall and Eric Fecteau

In 2020, the federal government implemented the Canada Emergency Response Benefit (CERB) and the Canada Emergency Student Benefit (CESB) to provide financial support to employees, self-employed individuals and students directly affected by COVID-19.

The CERB was available for individuals who stopped working or were working reduced hours because of COVID-19, and who met various other eligibility criteria. CERB applicants received \$2,000 for an initial four-week period and could reapply for additional periods, eventually extending to 28 weeks, for a maximum benefit of \$14,000. The benefit covered the period from March 15 to September 26, 2020.

The CESB was available to students enrolled in a postsecondary educational program leading to a degree, diploma, or certificate, who were ineligible for the CERB or EI benefits, but met various other eligibility criteria. The benefit was active between May 10 and August 29, 2020. Eligible CESB applicants received \$1,250 for an initial four-week period and could reapply for additional periods, up to 16 weeks, for a maximum benefit of \$5,000. Additionally, applicants with a disability or dependant(s) could receive a benefit top-up, in which case they were eligible to receive \$2,000 every four weeks, up to a maximum benefit of \$8,000.

The CESB addressed a gap left by the CERB, which excluded students who were not employed at the start of the pandemic but would typically be looking for work during the summer of 2020. In 2019, for example, the Labour Force Survey showed that 69% of persons aged 20 to 24 who were full-time students in March 2019 and planned on returning to school in the fall were employed in August 2019.

This paper provides insights into the differences in the rate of receipt of CERB and CESB of postsecondary students who received emergency benefit payments in 2020. Emergency benefit receipt is examined along various educational and socio-demographic characteristics to highlight some of the key differences. The analysis is limited to Canadian citizens and permanent residents who were enrolled full-time or part-time in a public postsecondary institution in the fall of 2019 in a program leading to a degree, diploma, or certificate.

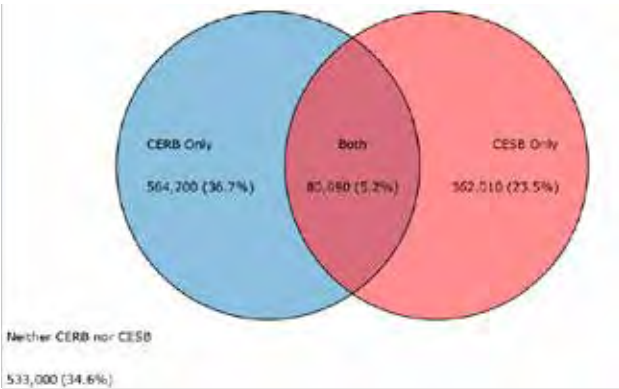
In this paper, "emergency benefits" is the general term to refer to either CERB, CESB, or both.

The majority of postsecondary students received emergency benefits

Almost two-thirds of postsecondary students (65.4%) received emergency benefits. This is likely because, at the start of the pandemic, students worked in industry sectors that were heavily impacted, and, by the summer, these industries had not sufficiently recovered so as to allow students to find summer jobs. The number of students aged 20 to 24 who were employed in May 2020 (276,200) was 42.3% lower than in May 2019 (478,600).

More students received CERB (41.9%) than CESB (28.7%), due, in part, to the fact that one of the eligibility requirements for CESB was that the individual could not apply for, receive, or qualify for CERB during the same eligibility period, but could qualify for different types of benefits in different eligibility periods. Therefore, only those students who were ineligible for CERB could apply for CESB. It was uncommon (5.2%) for students to receive both benefits.

For those who received CESB, the average amount (\$4,200) corresponds to students receiving CESB benefits for between three and four



Number of postsecondary students enrolled during the fall of 2019 receiving emergency benefits.
Source for all charts: Statistics Canada, Postsecondary Student Information System (PSIS), 2019-2020, Emergency and recovery benefits (ERB), March to September 2020 and T4A Slip data, 2020.

of the four CESB eligibility periods. For those who received CERB, the average amount (\$8,200) corresponds to students receiving CERB benefits for between four and five of the seven eligibility periods.

As shown in Table 1, on average, students who only received CERB received twice as much (\$8,800) as students only having received CESB (\$4,400).

Students in graduate-level degree programs were less likely to receive emergency benefits

For all selected educational qualifications, except for doctoral degrees, students received CERB payments at higher rates than CESB payments. Graduate-level degree program (master's and doctoral degrees) students were less likely to receive emergency benefits than students enrolled in an undergraduate degree or a college-level program. However, students in graduate-level degree programs received CESB at a higher rate than students enrolled in college-level certificate programs. Undergraduate degree students received CESB payments at the highest rate (34.4%), while college-level diploma students received CERB payments at the highest rate (48.3%). A recent study demonstrated similar trends for CERB payments by educational qualification for recent graduates.

Since college-level diplomas and undergraduate degrees represent the most numerous of all educational qualifications in Canada, and since students pursuing these educational qualifications accessed emergency benefits at the highest rates, the remainder of the analysis focuses on students enrolled in these two educational qualifications during the fall of 2019.

A higher percentage of postsecondary students received CERB than CESB in all provinces of study and for nearly all fields of study

Grouping	Individuals		Average amount of CERB received	Average amount of CESB received
	number	percent of total		
All students enrolled during the fall of 2019	1,539,300	100
Students who received emergency benefits (CERB, CESB, or both)	1,006,300	65.4	5,300	1,900
Students who received CERB	644,280	41.9	8,200	400
Students who only received CERB	564,200	36.7	8,800	...
Students who received both CESB and CERB	80,090	5.2	4,000	3,500
Students who received CESB	442,100	28.7	700	4,200
Students who only received CESB	362,010	23.5	...	4,400
Students who received both CESB and CERB	80,090	5.2	4,000	3,500
Students who received CESB disability or dependant top-up amount for at least one eligibility period	58,980	3.8	1,000	6,500
Students who did not receive emergency benefits	533,000	34.6

Table 1: Average amount of emergency benefit received by postsecondary students enrolled during the fall of 2019, by type of benefit.

Women received CERB more than men, but men received CESB more than women

A higher percentage of female postsecondary students received CERB (43.0%) than their male counterparts (40.3%). By contrast, a higher percentage of male postsecondary students received CESB (30.6%) than their female counterparts (27.4%). This may be due to women having been more severely affected by employment losses in the service sector than men during the COVID-19 pandemic; therefore, more likely to be eligible for CERB.

Additionally, according to the Labour Force Survey, younger workers were hit harder during the early stages of the pandemic. As shown in Chart 2, younger students were more likely to receive emergency benefits. This may be partly due to older students having had a stronger attachment to the labour market and being less likely to have had their employment status affected by the pandemic.

For all provinces and territories, students in a college-level diploma or an undergraduate degree were more likely to receive CERB than CESB. The percentage of students receiving emergency benefits varied by the province of their educational institution. For both educational qualifications, students attending postsecondary institutions in Prince Edward Island received CERB at the highest rates. Individuals pursuing undergraduate degrees in Ontario received CESB at higher rates than students attending institutions in other provinces and territories. The differences between provinces may be due to differences in public health measures or differences in job opportunities in different parts of the country at specific points during the pandemic. Statistics Canada has developed the COVID-19 Restrictions Index to measure the stringency of the public health

➔ Continued on page 10



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LET'S
CELEBRATE

Valentine's Day

Valentine's gifts to match your partner's love language

Have you and your partner ever talked about your love languages, the unique ways you each like to receive and express love? This Valentine's Day, try giving a gift that resonates with your lover's personal love language.

QUALITY TIME

If your lover responds to quality time, they appreciate it when you give them your undivided attention. Consider planning a road trip to a destination your partner adores. You could also book a weekend at a hotel or cabin in the woods.

ACTS OF KINDNESS

If your sweetheart responds to acts of kindness, focus on selfless gestures to make their life easier. For example, make a special meal or serve them breakfast in bed. Is there a job your partner's been meaning to do around the house? Perhaps you can finish it discreetly and then surprise your lover with the big reveal.

WORDS OF AFFIRMATION

Are words of affirmation your partner's love language? If so, verbal expressions of your love and appreciation are essential. Write a love letter or create a playlist of meaningful songs. If writing long letters isn't your strong suit, try short notes for each day in February.

PHYSICAL TOUCH

If your other half is the touchy-feely type, chances are their love language is physical touch. For Valentine's Day, look for ways to give your partner sensual pleasure. Book a couple's massage or plan a romantic bubble bath at home. For something more adventurous, take a dance class together.

RECEIVING GIFTS

Does your partner regard physical tokens of affection as the ultimate way to communicate your love for them? This expression of love may seem a no-brainer, but don't shift into autopilot. Valentine's Day is your opportunity to pull out the stops and make an extra effort to choose the perfect gift and present it meaningfully.



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LET'S CELEBRATE *Valentine's Day*

4 at-home Valentine's Day date ideas

Would you rather spend Valentine's Day at home this year? If so, there are many ways to make the occasion memorable. Here are a few ideas.

1. THE DINNER DATE

Cook a meal together or order food for pick-up or delivery. Though a traditional sit-down dinner by candlelight can be nice, consider something more frivolous like sharing fondue, making heart-shaped pizzas or having a living room picnic.



2. THE MOVIE DATE

Set it apart from a regular night in front of the TV by lighting candles and laying out extra blankets and pillows. Serve popcorn topped with fine herbs and cheeses, upscale chocolates and candies as well as chilled champagne or cocktails. Watch a romantic flick or the first movie you saw together as a couple.

3. THE SPA DATE

Pamper each other with massages, then share a scented bubble bath. Wear fluffy bathrobes and slippers while giving each other facials and manicures. Indulge in these luxuries while sipping on champagne, eating strawberries and listening to relaxing music.

4. THE GAMING DATE

Put the emphasis on fun by spending the evening playing chess, checkers, cards and other tabletop games. Alternatively, plug in your console of choice and have a video game marathon. For dinner, order pizza and pair it with beer, wine or pop.

No matter how you choose to celebrate Valentine's Day, make sure to set aside your phone and other distractions while you're with your sweetheart. This will allow you to make a deeper connection and more thoroughly enjoy the moment.



How to plan a hassle-free Valentine's Day meal

Do you and your sweetheart want to celebrate Valentine's Day with a romantic dinner? If so, consider keeping things simple by choosing one of the following options.

- **Cater the meal.** If you hire a caterer for Valentine's Day, you can enjoy a decadent, freshly prepared dinner without having to leave the comfort of your own home.
- **Go to a restaurant.** Take a break from cooking by enjoying your Valentine's

Day dinner at a restaurant. If you prefer not to go out, order a meal for pick up or delivery instead.

- **Order a meal kit.** You can choose a ready-made meal that simply needs to be reheated or have fun cooking a recipe that comes in a kit.

Since other couples will likely have the same idea as you, make sure you reserve your table or order your meal in advance.

Valentine's Day

Valentine's Day movies for every taste

Are you planning a cozy night in this Valentine's Day? No matter your taste in movies, there's a love story to fit the bill. Here are some recommendations to help you find the right film for your romantic vibe.

OLD-SCHOOL ROMANCE

Revisit Hollywood's golden era, a rom-com standard or Jane Austen adaptation.

- *Casablanca*
- *Sleepless in Seattle* (make it a double feature by pairing it with *An Affair to Remember*)
- *Sense and Sensibility*

LOVE STORIES FOR THE WHOLE FAMILY

These three titles will delight the young folks and the young at heart.

- *The Princess Bride*
- *Lady and the Tramp*
- *Shrek*

LOVE IN ALL ITS FORMS

Who says love has to be romantic? How about love among friends or the affection you feel for your faithful dog?

- *Thelma and Louise*
- *About a Boy*
- *Marley & Me*

UNLUCKY IN LOVE

If you're feeling a little cynical about love, try a wry comedy or a flight of fancy.

- *The Breakup*
- *The First Wives Club*
- *Eternal Sunshine of the Spotless Mind*

HORROR

What better time to get spooked than when you've got your Valentine's date to snuggle into?

- *Gaslight*
- *Fatal Attraction*
- *Bram Stoker's Dracula*

QUIRKY ROMANCE

Try one of these titles if you like your love stories a little out of the ordinary.

- *The Big Sick*
- *Clueless*
- *Isn't it Romantic*

There you have it. All that remains is to fill a big bowl with popcorn and nestle in with your sweet someone.



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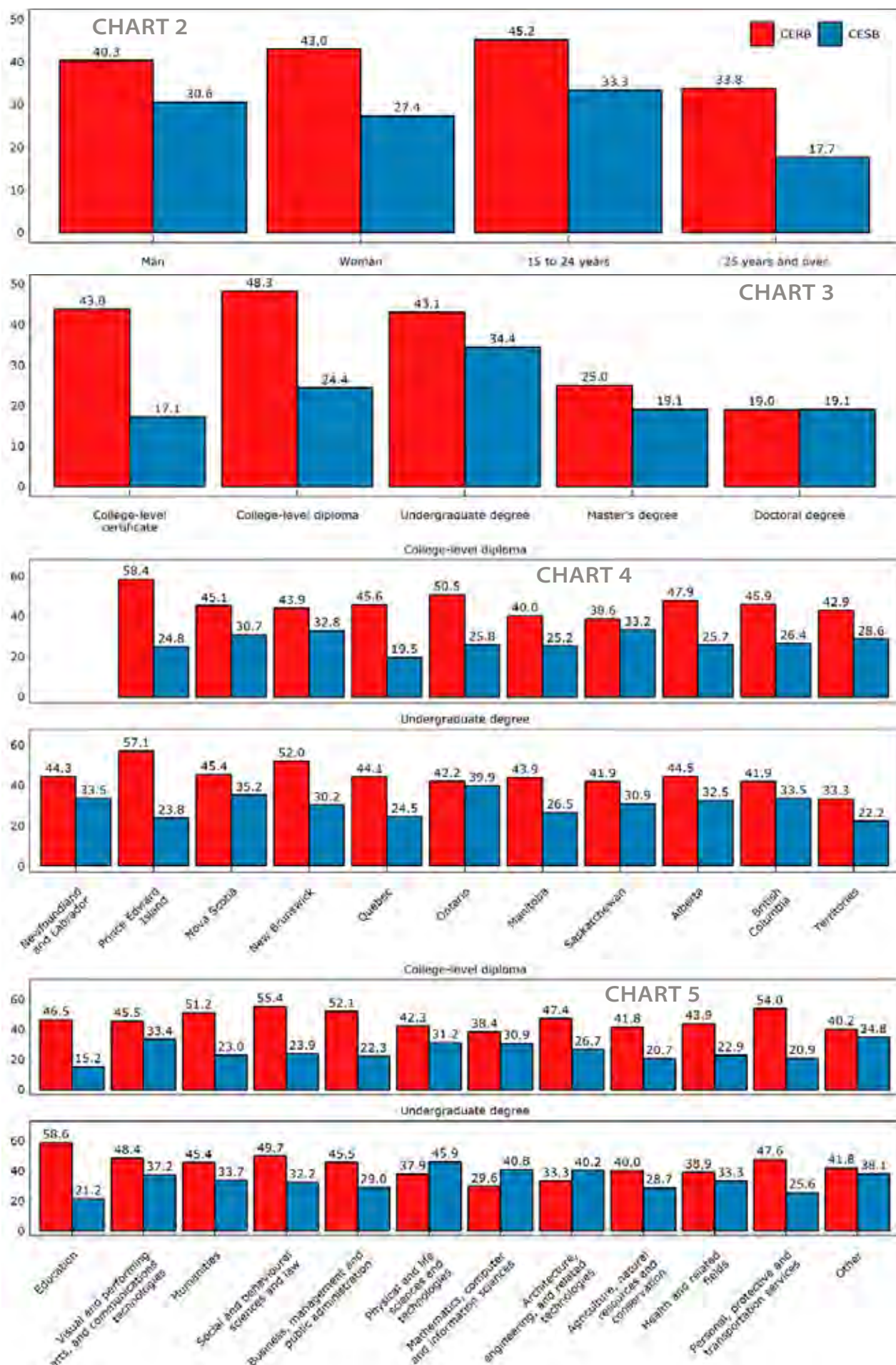
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measures by province. The index reveals that Prince Edward Island had among the most stringent public health measures at the initial onset of the pandemic, which overlaps with the first two eligibility periods for CERB. Additionally, during part of the summer of 2020, when students were able to apply for CESB, the COVID-19 Restrictions Index was the highest in Ontario.

Students pursuing college-level diplomas were more likely to receive CERB than CESB for all fields of study. For undergraduate degrees, students were more likely to receive CERB than CESB, except for those pursuing studies in “physical and life sciences and technologies”, “mathematics, computer and information sciences”, and “architecture, engineering, and related technologies”.

Students enrolled in undergraduate degree programs received CESB payments at a higher rate than college-level diploma students for all fields of study.

Conclusion

Among students enrolled in postsecondary studies during the fall of 2019, almost two-thirds (65.4%) received emergency benefits in response to the COVID-19 pandemic. This is due in part to the difficulties they experienced in the labour market. Students were more likely to receive CERB than CESB, regardless of gender, age group, and the province of study. Of the selected educational qualifications, students in college-level diploma programs were the most likely to receive CERB payments while doctoral degree students were the least likely. Additionally, CESB payments were received at the highest rate by undergraduate degree students and the lowest rate by students in college-level certificate programs. The rate of received CERB payments was comparatively high in Prince Edward Island. Future research could attempt to further understand why the identified groups accessed emergency benefits at different rates than others.

Melissa Van Bussel, George Marshall and Eric Fecteau are analysts with the Canadian Centre for Education Statistics at Statistics Canada.

Notes to readers

This report uses the Education and Labour Market Longitudinal Platform (ELMLP), which is an environment where the administrative data from the Canada Emergency Student Benefit (CESB) and the Canada Emergency Response Benefit (CERB) can be integrated with the Postsecondary Student Information System (PSIS). The CESB data used in this release come from the 2020 T4A slip from Canada Revenue Agency (CRA). The CERB data used in this release come from Employment and Social Development Canada (ESDC) and contain information on initial payments from both streams of the program, one administered by ESDC and the other by CRA on its behalf.

The study population is restricted to: “Canadian citizens” and “permanent residents”; students who were enrolled full-time or part-time in a public postsecondary institution in the fall of 2019; students in a program that leads to a degree, diploma, or certificate; and students not in a “basic education” or “apprenticeship” program. Individuals with insufficient information to create an anonymous key to integrate the CERB and CESB data to PSIS were removed from the analysis.

Only one record was retained for each individual. Since students can be enrolled in multiple programs at once, a set of sequential rules were applied in the following order to choose the most relevant record to retain for the analysis: 1) keep the record with a graduation flag (i.e., prioritise graduation over enrolments); 2) keep the record with the highest program type (e.g., graduate program level is retained over undergraduate level); 3) if program types are the same, then keep the record with the highest credential type (e.g., degree is retained over diploma). If after this process an individual still had multiple records, one record was selected randomly.

Percentages of postsecondary students enrolled during the fall of 2019 who received emergency benefits (chart 2: by gender and age group; chart 3: by selected educational qualification, chart 4: by province of educational institution, chart 5: by field of study (alternative primary groupings).

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Two men from Laval among 31 suspects facing child pornography charges

Two men from Laval are among 31 suspects arrested across Quebec late last week in connection with child pornography and other sexual offences involving minors.

The names of Loïc Moquin-Léger, 38, of Laval, and Jacques Normandeau, 69, also from Laval, appeared on a long list of men ranging in age from 37 to 79 years, released by investigators from the Integrated Child Pornography Team, a province-wide police force unit made up of municipal police forces at levels 3, 4 and 5, dedicated to combatting child pornography.

The arrests culminated an investigation that started last fall, involving the Sûreté du Québec in partnership with the Cybercrime Investigations Division (DECyb), the Internet Child Sexual Exploitation Investigation Team (ISCET), and the municipal police forces of Montreal, Quebec City, Longueuil, Laval and Gatineau. In total, more than 275 police officers were mobilized for the operation.

The arrests were made from Jan. 23 – 26. During the execution of court-mandated warrants, police conducted several searches

of the premises used by the suspects, and computer equipment was seized for analysis.

All the individuals have appeared in the last few days in the courthouse of their jurisdiction.

The charges include luring, conspiracy to commit a sexual offence against a child, making sexually explicit material available to a child, sexual interference, invitation to sexual touching, sexual assault, and possessing, distributing and producing child pornography.

“The close partnership between the various

police forces and the Director of Criminal and Penal Prosecutions increases the capacity and speed of intervention in order to combat the sexual exploitation of children even more effectively. It is thanks to the rigorous and hard work of all the police and prosecutors involved that such results are possible,” said Lieutenant Marc-Antoine Vachon, head of the Integrated Child Pornography Team.

The public is encouraged to report any situation of sexual exploitation of youth on the Internet to: www.cyberaide.ca

Pimping, sex assault fugitive from Laval arrested in Mexico

A 35-year-old man from Laval who was considered one of Canada's most wanted criminals has been arrested in Mexico to face charges of pimping and sexual offences.

Blake Charbonneau had been on a Canada-wide “be on the lookout” (BOLO) list of most wanted fugitives since 2020 and a \$50,000 reward was offered to anyone providing information leading to his location.

Charbonneau was arrested by Mexican authorities late last week and was flown to Toronto, where he was transferred into the custody of the the Sûreté du Québec.

He will be appearing in Quebec court to face charges that include sexual assault, sexual assault with a weapon and pimping.

The BOLO program which facilitated the arrest of Charbonneau is a private initiative overseen by a foundation which was started by Stéphan Crétier, the founder, chairman and CEO of Montreal-based GardaWorld Security, one of the five largest security service providers in the world.

Since the BOLO program's launch in 2018, the following Canadian police forces and Crime Stoppers programs have cooperated:

- Sûreté du Québec
- Service de police de l'agglomération de

- Longueuil (SPAL)
- Sun Youth
- Toronto Police Service (TPS)
- Toronto Crime Stoppers
- York Regional Police (YRP)
- Windsor Police Service
- Windsor & Essex County Crime Stoppers
- Ontario Provincial Police (OPP)
- Crime Stoppers Guelph Wellington
- Calgary Police Service (CPS)
- Calgary Crime Stoppers Association
- Edmonton Police Service (EPS)
- Crime Stoppers Association of Edmonton and Northern Alberta
- Combined Forces Special Enforcement Unit – British Columbia (CFSEU-BC)
- Integrated Homicide Investigation Team (IHIT)
- Royal Canadian Mounted Police – Federal Serious and Organized Crime (FSOC), British Columbia
- Royal Canadian Mounted Police – Mission Detachment (Mission RCMP)
- Royal Canadian Mounted Police – Surrey Detachment (Surrey RCMP)
- Royal Canadian Mounted Police – Coquitlam Detachment (Coquitlam RCMP)
- Metro Vancouver Crime Stoppers



Laval man charged in Gatineau with alleged identity theft

A 31-year-old man from Laval is one of two suspects were arrested on Jan. 25 in conjunction with a series of identity thefts committed in Quebec and Ontario, costing nearly 30 victims several hundred thousand dollars.

Following months of investigation, police officers from Laval, Montreal, Gatineau, the Outaouais region and with the Sûreté du Québec took part in two searches in Laval and Montreal at around 5 a.m. Wednesday.

Ahmad Mroue of Laval faces charges in Gatineau of theft over \$5,000, fraud over \$5,000, identity fraud, drug possession for the purpose of trafficking and failure to comply with an ordinance.

Also arrested was a 29-year-old woman from Montreal. The alleged identity thefts were first

reported in August 2022 and other incidents were reported up until this past Jan. 18.

Up to 15 thefts in Gatineau alone were found to be linked to an identical modus operandi. Further investigation connected the evidence to almost 20 additional files in Ontario and Quebec with similar circumstances.

According to police, the female suspect would park outside fitness centres, while the male suspect went in to steal wallets, cellphones, jewellery and car keys from lockers.

After the items were stolen, the police allege, the suspects would call financial institutions and talk client service representatives into changing the PINs for the stolen bank and credit cards.

The two suspects would then withdraw money from ATMs or make purchases.

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The Canadian Consumer Mindset in the Age of Permacrisis

by Oksana Kishchuk & David Coletto

We are already a month into the year, and it seems we are still holding our collective breath about what is to come financially for 2023. The labour market is still tight, inflation is running high (although it seems to be turning around again just last week and may be holding for a while, and the shortage economy continues to cause disruption. As we brace for some kind of impact, Canadians are starting to make changes for a potential downturn.

We conducted a national survey in mid-January to better understand how Canadian consumers are feeling as the year started. As researchers, we know how important perceptions are for understanding opinions and behaviour. And as it stands, the majority of Canadians aren't confident about the economic big picture. Most Canadians predict a recession will hit in the next year- 46% predict the economy will shrink over the next 12 months.

will continue to rise over the next year. 40% say energy prices will rise over the next 12 months.

As a result, Canadians are making changes to their spending and savings habits to brace for what is to come.

On the savings front, reoccurring expenses are being targeted. A third of Canadians have cancelled a monthly subscription in the last 4 to 6 weeks. But most Canadians are already at their limit, and rather than cutting expenses are looking on how to stretch their money further.

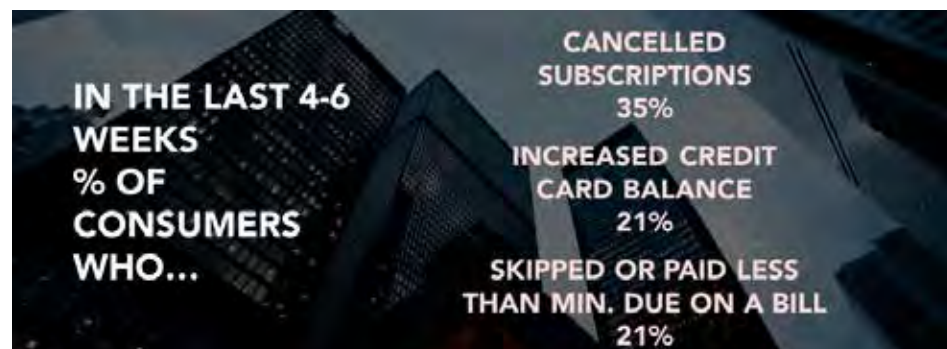
One in five Canadians have skipped a bill or paid less than minimum due for a bill in the last 4 to 6 weeks. A fifth have also increased their credit card balance to cover essential expenses.

These pressures are also impacting our savings habits both in the short term and long term. For the past 12 months, half of Canadians have reduced their savings (either drawing from savings, or reducing the amount added). Families making \$50K or less and parents of children under 18 are most likely to be dipping into their savings to make ends meet.



History tells us that prices of consumer goods tend to drop during recessionary periods, but Canadians anticipate high prices will continue throughout the year. 54% say the price of food

Canadians are also making changes to the funds left in savings. Of those with investible assets, 7% told us they lowered the risk profile of their investment savings in the last 4 to 6 weeks.



Another 24% of Canadians are considering it. Among Canadians with investment savings, nearly half (43%) have reduced the risk profile of their investments or are considering doing so.

It's clear that the financial outlook is impacting consumer behaviour but what if it were to quickly take a turn for the worse?

If they lost their job tomorrow, 20% of Canadians would only be able to live for a week on their savings. 42% wouldn't be able to make it past a month. Millions of Canadians are living at their financial limit, even with their efforts to pinch pennies. Assessing the impact of this new consumer mindset – one where far more are being asked to do more with less while also balancing the pent up demand left over from the pandemic – is more important than ever for business leaders and policy makers.

prospect of a recession. At the same time, we also know that many also have big plans – things they want to do but couldn't because of the pandemic. Some have called it "revenue inflation spending" – when consumers cut spending on day-to-day products and services but continue to splurge on travel, experiences, and luxury items.

Most important to any consumer facing brand is the need to deliver exceptional customer service when labour and product shortages make this harder to do. A hospitality mindset, focused on delighting customers will drive revenue and profitability, especially when almost half of Canadian consumers believe that customer service generally has gotten worse over the past few years.

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The upshot

There are a number of reasons to be concerned about the current financial outlook but one reason is just how many Canadians are living on the edge. One in five aren't able to keep up with payments, even after making cuts to their spending. And very few Canadians are able to make adjustments on the savings front- 20% don't even have enough savings to last more than a week. Consumers are well aware of the position they are in-governments and institutions should be paying attention to.

The Canadian consumer mindset today is one of a split brain. Millions are having to cut back their day-to-day spending to respond to rising interest rates, inflation, and the

Methodology

The survey was conducted with 1,500 Canadian adults from January 27 to 30, 2023. A random sample of panelists were invited to complete the survey from a set of partner panels based on the Lucid exchange platform. These partners are typically double opt-in survey panels, blended to manage out potential skews in the data from a single source.

The margin of error for a comparable probability-based random sample of the same size is +/- 2.6%, 19 times out of 20.

The data were weighted according to census data to ensure that the sample matched Canada's population according to age, gender, educational attainment, and region. Totals may not add up to 100 due to rounding.



DIRECT ANSWERS

FROM WAYNE & TAMARA

DOMESTIC HELP

Q I am so fed up with my husband I am ready to strangle him. He is totally lazy, selfish and self-absorbed. We both work, and we have two children ages two years and 10 months. Chores are difficult with two little ones. I do all of them by myself on the weekends while he lays on the couch "watching the babies."

I have to ask him to change diapers, put away his dishes, or pick up his clothes. I am trying to set a good example for my boys, but he is hindering this. He doesn't even mow the lawn. He pays someone to do it. It seems the less he has to do, the less he wants to do.

He makes such a mess I dread walking in the door. He never completes a task. I make \$1000 more a month than he does, work more hours, and come home two hours later than he does. Still, I have to do most of the work. We cannot afford to pay someone to clean the house.

I have been struggling with a root canal for the last two weeks, and he can't manage to take care of the boys, so I can take pain medication and rest. I can't take this. Please help me before I am arrested for spouse abuse.

LeAnn

A LeAnn, you cannot afford to let this problem continue year after year. It is time to budget for a solution.

Look at all your bills and decide which items you can reduce or live without. Plan economies which fall equally on you both. If there are chores you don't mind or actually enjoy, reserve those for yourself, then make calls to find out how much it would cost to hire out the rest.

Talk to your husband, tell him what you have in mind, and set a deadline for a solution to the problem. With his attitude, he may totally agree with you, or he may be willing to contribute more effort. Either way, it is time for him to decide to do, or to do without.

We know. You are going to say you cannot afford this, but this is the only solution which is under your control. There is a price for enjoying a clean house and having some leisure time. If you fantasize about divorce, the money may not seem like too much a price to pay.

Wayne & Tamara

CRYING WOLF

Q My husband of 20 years left me for another woman. I began dating again and met what seemed to be the perfect match. After three months of dating, he tells me he loves me and responds to my needs in every way.

He has a female friend who calls him daily. When they hang up, they close by saying, "I love you." This woman is living with another man, and I have been told she is just a friend. I may be naïve, but I am not stupid. It's been a long time since I dated, and although times have changed, I don't think they've changed that much.

Cecily

A Cecily, in Wales, there is a monument in tribute to an Irish wolfhound named Gelert,

who belonged to a prince named Llywelyn. One day, as Llywelyn returned from a hunt, Gelert greeted his master covered in blood. The prince, alarmed, hastened to look for his infant son.

Finding the crib empty, Llywelyn thought the wolfhound killed his son. He plunged his sword into the dog. Just then, the prince heard a child's cry and discovered his son unharmed. Nearby lay the body of an enormous wolf Gelert had slain.

Time will help you decide if your ex-husband's betrayal created your doubts, or if there is more to this relationship. In the meantime, remember the story of an Irish wolfhound named Gelert and keep an open mind.

Tamara

WAYNE & TAMARA MITCHELL are the authors of YOUR OTHER HALF (www.yourotherhalf.com)

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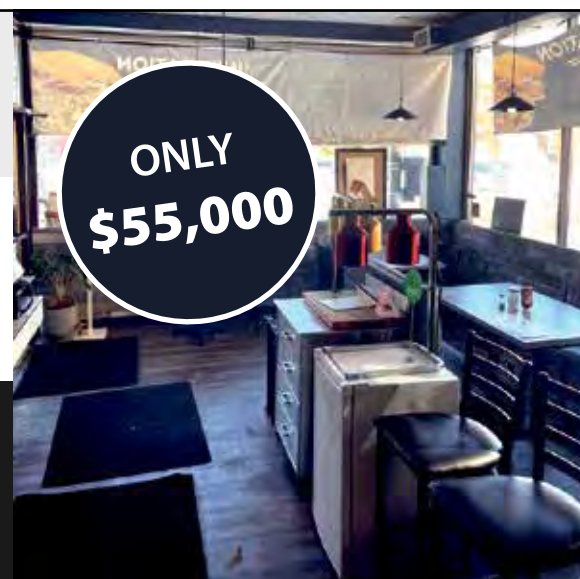
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In Memoriam & Obituaries

Thanatophobia: understanding and overcoming death anxiety

It's normal to have concerns about aging or to worry about how your loved ones will cope after you're gone. However, for some people, a fear of death or dying can cause severe anxiety that disrupts their daily life. This is referred to as thanatophobia. Here's what you should know.

SYMPTOMS

Thanatophobia, also known as death anxiety, is a type of anxiety that generally only manifests itself if the affected person thinks about or is confronted with the subject of death. Depending on the severity of the phobia, it can cause a variety of symptoms such as:

- Increased anxiety about dying or losing a loved one
- Chronic insomnia stemming from a fear of dying in your sleep
- Persistent feelings of guilt, sadness or anger
- Panic attacks when the subject of death is brought up

Someone with thanatophobia might also avoid places that remind them of death, such as hospitals and cemeteries, and activities they view as potentially fatal such as driving or flying.

TREATMENTS

If thanatophobia prevents someone from living a normal life, there are therapies that can help ease the fear associated with death. Cognitive behavioural therapy, for example, focuses on changing thought patterns and developing strategies to deal with feelings of anxiety. Practising relaxation techniques such as meditation and deep breathing can also help.

If death anxiety is interfering with your daily life, don't hesitate to speak with your doctor or consult a mental-health professional.



RADIOTIS, Anastasios
1936 – 2023

It is with great sadness that we announce the passing of Mr. Anastasios Radiotis, on February 4, 2023, at the age of 86.

Beloved husband of Golfo Sigalos Radiotis, cherished father of Andreas (Sylvia) and Panagiota, devoted grandfather of Tommy, Stephanie and Paul. He will also be deeply missed by his brother and sisters, as well as many relatives and friends here and in Greece.



TSOLIS, Maria
1955 – 2023

It is with great sadness that we announce the passing of Mrs. Maria Tsolis (Née Diakumi), on February 4, 2023, at the age of 67.

Beloved wife of Demetre Tsolis, cherished mother of Elias (Sophia), Constandinos (Nanor), grandmother of Marianthy, Alexia Despina, Lea, Loukas and Lili. She will also be deeply missed by her brothers and sisters as well as many other relatives and friends here and in Greece.



DUCHESNE, Denis C.
1942 – 2023

In Laval, on February 2, 2023, at the age of 80, passed away Mr. Denis Duchesne, husband of Mrs. Nicole Vaillancourt.

Besides his wife, he is survived by his children: Daniel (Julie), Carole (Patrice) and Dominic (Valérie), his seven grandchildren: Audrey, Mathieu, Alexandre, Maxim, Carolanne, Laurie and Olivia, his step-sisters, brothers-in-law, nieces, nephews, and other relatives and friends.



JACQUES, Guylaine
1963 – 2023

In Laval, on February 1, 2023, at the age of 59, passed away Mrs. Guylaine Jacques, wife of Mr. Pierre Côté. She was the daughter of the late Marcel Jacques and the late Cécile Laverdière.

Besides her husband, she is survived by her two sons; Pierre-Yves (Marie-Eve), and Maxime (Karine), granddaughter Léa; sister Line (Rémy); brothers and sisters-in-law; Lina, late Jean-Claude (Guylaine), Robert (Céline), late Stéphane, Guy (late Suzie), François (Evelyne); nephews and nieces; Denis, Julie, François, Jean-Michel, Marjolaine, Rebecca, Philippe-Antoine, Raphaëlle, Audrey, Olivier, Patrice and Ariane, great-nephews, great-nieces, uncles, aunts, cousins and other relatives and friends.

Contact us today to place an obituary or in memoriam in our next issue
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Live for the moment

HOROSCOPE

Week of FEBRUARY 12 TO 18, 2023

The luckiest signs this week:
CAPRICORN, AQUARIUS AND PISCES



ARIES

A strange event could disturb your peace of mind. Have faith that your loved ones will help you discover the joy in life. Perhaps being more trusting would help.



TAURUS

You must weigh the pros and cons before making a decision. You may be asked questions to which you don't have the answers, which could leave you perplexed.



GEMINI

You'll have many details to sort out at work and at home. You'll feel a sense of accomplishment for completing the tasks you've been putting off.



CANCER

Big plans are in order when it comes to your home life. Your relationship could go in an entirely new direction after an in-depth conversation. A family member or friend may announce they're expecting.



LEO

This week will be hectic. You may have to work overtime or manage demanding family obligations before you can relax.



VIRGO

If you're making changes at home, in your work or even in your decor, you'll find good deals, and your property will increase in value. Don't hesitate to ask for a raise.



LIBRA

You could face some unexpected expenses. Fortunately, you'll get something lasting in return. You'll negotiate an arrangement that benefits you if you must borrow.



SCORPIO

Although you're expecting a quiet week, you'll be busy. There's a lot of action and surprises ahead. Fortunately, there's also some fun in store.



SAGITTARIUS

Significant changes are on the horizon, both professionally and personally. It would help if you learned how to relax to lower your stress level and enjoy the novelty.



CAPRICORN

You'll develop a more active social life this week, even if it's only on social media. You and your friends will sign up for art classes, yoga or another kind of wellness program.



AQUARIUS

Your boss will offer you a promotion as if on a silver platter. You'll be excited about taking on new professional and personal projects, even if you're short on time.



PISCES

A getaway or trip is on the agenda. You're in the mood for a party and will organize a celebration get-together. You'll also start a new spiritual practice.

Coffee Break

CROSSWORDS

PUZZLE NO. 142

1	2	3	4	5	6	7	8	9	10	11
12					13					
15				16				17		
18						19	20			
				21	22	23			24	25
27	28	29	30				31	32		
33					34		35		36	
37				38		39		40		
41				42	43					
	44	45					46	47	48	49
51	52				53	54	55			
56					57			58		
59					60			61		

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ACROSS

- Lag behind
- Santa's suit color
- Small quarrel
- ___ Grey tea
- Rowing implement
- So long, in Liverpool: 2 wds.
- And so forth: 2 wds.
- Applied
- Darn again
- Breathe quickly
- Bothered
- Spoil
- Girl Scout
- Extra
- Aged
- Cherry seed
- Prayer finale
- Legal excuse
- Visitor
- Urge
- Alter slacks
- Like coffee, at times

DOWN

- Picture
- Horse command
- Passed on rumors
- Charged atoms
- Elongated fish
- Chip's cartoon pal
- Sparrow's shelter
- Arid
- Additions
- Forest denizen
- Estimate
- Circle sections
- High spirits
- Shad ___
- Corn portion
- Hang with cloth
- Daze
- Deli meat
- Gulped down
- Smidgen
- Duplicate
- Newspaper features

DOWN

- Split
- Baseball's Hernandez
- Raw metals
- Campground item
- Donkey's comment
- Provoke
- Views
- Spider's parlor
- Duffer's goal
- Foot end
- Bad humor
- Refs' kin
- Bordered
- Fling
- Put out of sight
- October stone
- Narrate
- Works by Keats
- Gain victory
- Weed tool
- Not neath
- Slick

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

7						6	8
	6						
5		8		9			4
4			7				
	9				1		
8		5				2	9
		4		3			2
9			1		8		5
						6	1

PUZZLE NO. 867

Last Issues' Answers

CROSSWORDS

W	H	A	T		E	L	F		W	I	N	G
H	O	P	E		P	A	R		O	D	O	R
O	P	T	S		I	C	Y		L	O	N	E
				T	U	C	K			F	L	E
S	T	A	I	N		E	W	E	S			
H	U	L	L	S		D	A	M		S	T	Y
O	B	E	Y	E	D		D	E	S	I	R	E
P	A	S		E	O	N		R	E	R	U	N
			O	N	T	O		G	A	S	E	S
S	E	L	L			B	L	E	W			
P	A	I	D			C	O	O		A	J	A
A	C	N	E			O	D	D		R	A	G
T	H	E	N			B	Y	E		D	Y	E

Sudoku

9	5	4	3	6	7	1	8	2
2	6	3	1	9	8	5	4	7
1	8	7	2	4	5	3	6	9
4	9	6	5	8	1	7	2	3
7	2	8	4	3	9	6	1	5
3	1	5	6	7	2	4	9	8
6	3	9	8	5	4	2	7	1
5	7	2	9	1	6	8	3	4
8	4	1	7	2	3	9	5	6

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- o Avocados
- o Bananas
- o Apples
- o Mango
- o Zucchini's
- o Broccoli
- o Lettuce
- o Tomatoes
- o Green Onions
- o Green Peppers
- o Mystery Item (Vegetable)
- o Mystery Item (Fruit)

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