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Vol. 30 - 20

August 10, 2022

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Chomedey Neighbourhood Party takes place Saturday Aug. 20

The 'In Person' event of the year is awaited by everyone following the pandemic

Get ready to party, all you people out there who are either longtime residents or recent arrivals in Chomedey.

The organizing committee of the Chomedey neighbourhood party is inviting citizens of all ages to participate in the 14th edition of their event.

It will be held on Sat. August 20, beginning at 1:30 pm at Parc Pie- X, which is situated at 1170 Pie- X Boulevard in Chomedey.

An 'in person' event

This will be the first 'in person' edition of the party since 2019. Because of the pandemic, this traditional festive party took a whole different form the two past years.

After having organized a photo rally in 2020 and a treasure hunt in 2021, the committee is very excited and impatient to have the opportunity to finally celebrate with the citizens of Chomedey.

Chomedey, you make me proud!

The organizing committee says it wishes to bring out all the reasons to be proud to live in Chomedey.

As in past years, the neighbourhood party is organized to be liked and enjoyed by everyone! The organizers say they can, once again, count on many community organizations in the neighbourhood to be present to entertain you at their kiosk and to introduce themselves and their mission.

The famous corn roast will also make a comeback! You are being asked to participate and share this invitation and news with everyone around you. There will be many prizes to win! To note: this 14th edition of the Chomedey neighbourhood party will end with a performance by Kattam et ses Tam-Tams.

A tradition for 14 years

The Chomedey Neighbourhood Party has been part of a neighbourhood summer tradition for 14 years. Did you know that this celebration is a community initiative, one of the results from the 2008 Chomedey social forum?

The committee says it is anxious to continue this tradition and

share precious moments with you. There are many reasons to celebrate, because Chomedey has a lot to be proud of!

It should be remembered that the Chomedey Neighbourhood Party is made possible thanks to the financial support of many

partners, such as: Caisse Desjardins de Chomedey, IGA Extra Gagnon et Filles, The Laval News and the City of Laval. So, here's to wishing all proud Chomedey residents a HAPPY and FESTIVE neighbourhood party!



Archives - TLN Fête de Quartier 2016



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Are we thriving or merely surviving?

CPA Canada study examines the state of Canadians' finances in today's turbulent times

/CNW/ - A recent survey conducted by the Chartered Professional Accountants of Canada (CPA Canada) indicates that many Canadians are treading water financially after more than two years of pandemic and economic turmoil. *The Thriving or Surviving* study uncovers the kitchen table issues that confront Canadians daily, revealing how the country is coping with concerns such as debt, savings, emergency funds and financial literacy.



Overall, roughly one-in-four Canadians (27 per cent) feel worse off financially than they did a year ago, meanwhile just over one-in-three (34 per cent) are optimistic that they'll be better off financially a year from now. Money-related stress remains high, with almost two-thirds (65 per cent) of Canadians agreeing that they worry about money.

Debt is causing financial fright

Almost half (49 per cent) of Canadians have debt and roughly two thirds (68 per cent) of those with debt are "concerned" about it. One-in-four Canadians have carried forward a credit card balance in the past year and a similar proportion (23 per cent) plan to do this over the next month. Other debt debacles include:

- More than half of Canadians (61 per cent) who have borrowed money to cover day-to-day expenses over the last two years have yet to pay it back.
- Nearly half of Canadians (45 per cent) have borrowed some money over the past year. Of this group, 22 per cent have borrowed from banks and 18 per cent have borrowed from family.
- A whopping three-in-five of those who are under the age of 65 and have a mortgage or other debts don't think it will be paid off by the time they turn 65.

"Being in debt is frightening and can make you feel like there's no way out – but there is," said Doretta Thompson, CPA Canada's financial literacy leader. "If you are struggling financially, there's no shame in asking for help and there are several free CPA Canada financial literacy resources and non-profit organizations that exist to help Canadians thrive financially."

Canadians are on thin ice financially

When it comes to emergency funds and savings, *The Thriving or Surviving* study found that Canadians are cutting it fine. Strikingly, half (50 per cent) of the country would not be able to come up with \$2,500 in a pinch. Almost two in five (38 per cent) can't come up with \$1,000 and about one-in-four (26 per cent) can't even come up with \$500 during an emergency without borrowing or selling something. Additionally, only a little over half of Canadians (54 per cent) say they have an emergency fund stashed away.

Meanwhile, saving money was mentioned most often as a cause of financial stress for 47 per cent of Canadians; respondents cited they are saving 10 per cent of their after-tax income on average and as many as one third of Canadians are not saving anything after taxes.

Making the grade

Despite walking a thin line financially, 78 per cent of Canadians graded themselves an 'A' 'B' or 'C' on their financial report cards and feel confident they have the knowledge and

skills needed to make the right choices when it comes to saving, managing debt, investing and budgeting.

Here's how the country nets out when asked to assign themselves a letter grade based on their personal financial skills:

- Nearly two-thirds (62 per cent) end up in the middle – 31 per cent mark themselves with a B and an equal number grade themselves a C
- Giving themselves top marks with an A is 16 per cent
- Just eight per cent admit they are failing (F grade)

"There appears to be a disconnect between Canadians' financial behaviours and how confident they feel about their financial skills and knowledge," continued Thompson. "Most believe they have the knowledge to make the right decisions when it comes to personal finances, but some key indicators around the state of debt and savings point in a different direction."

If you're having trouble managing your money, learn how to deal with debt and take control of your finances with expert knowledge

in order to thrive and not just survive. CPA Canada offers many free tips and resources to help Canadians improve their understanding of money and make responsible financial decisions. Its catalogue of **financial literacy sessions** is available online, including workshops and education materials for all life-stages. There is also a free e-book available to help people cope after job loss and get themselves back on track - **Survive and thrive: Move ahead financially after losing your job.**

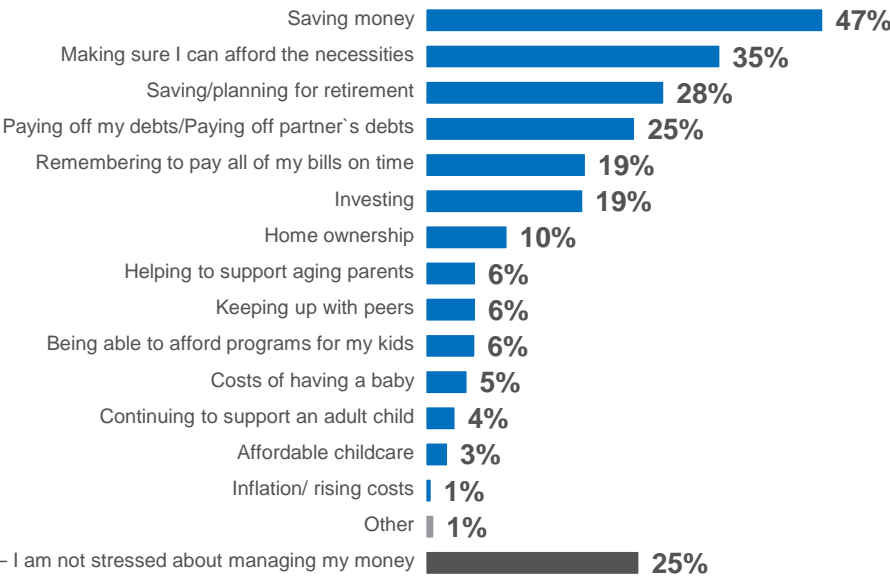
Survey Methodology

These are the findings of an Ipsos survey conducted on behalf of the Chartered Professional Accountants of Canada. Fieldwork was conducted between March 24 and April 4, 2022. A total of n=2,000 Canadians aged 18+ participated in the survey which was fielded via the Ipsos' online omnibus. The combined data has been weighted by age, gender, education and region to ensure the sample composition reflects the Canadian population. The precision of Ipsos online surveys is calculated via a credibility interval. In this case, the sample is considered accurate to within +/- 2.5 percentage points had all Canadians aged 18+ been surveyed.

Thriving or Surviving Study 2022

- Saving money was mentioned most often as a cause of financial stress for 47 per cent of Canadians.

Stress of Managing Money



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Deadline for commercial advertising by Friday at 3 p.m.
Deadline for classified advertising by Friday at 3 p.m.
ISSN number : 1923-0605
Annual subscription : \$89.⁹⁵ • Per copy : \$1

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Layout: Media Trek

Distribution: TC. Transcontinental/
DIFFUMAG

Printing: TC. TRANSCONTINENTAL

Project funded in part by

Canada



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OPINION & Editorial



Is it time to stop blaming the baby boomers?

Over multiple decades, this hard-working, progressive, creative, commitment-oriented slice of human history has too often been condemned as the 20th Century's Lost Generation.

Does a litany of accomplishments that include but doesn't tell all about the boomers ring loud bells, as in enhanced women's rights, salary equity, maternity/paternity leave, affordable day-care services, tripling of salaries, generous pensions, supportive labour standards, recognition of minority rights, breaking of glass ceilings, and most of all expansion of human rights for all?

There was a time in Canada and the United States when it was still possible to live on \$80 a week – what individuals in their first jobs earned among the much-ballyhooed “baby boomer” generation. In 1973, teaching paid \$6,000 per year with a university-level Bachelor of Education.

Baby boomers are now reviled because they seem to have shaped society to suit themselves: inexpensive university education compared to today; on the property ladder at just the right time; and never had to worry about internships or jobs. You just assumed something would turn up, and it normally did without too much effort.

A report from the “Ready for Ageing Alliance” sets out to blow up what it says is the myth of the “lucky generation”. It argues that baby boomers who have had very different life experiences, now have widely varying levels of assets, that more than a quarter have no private pension provision and that individuals over 50 golf less than people under 50. Are the myths peddled about baby-boomers being used to stir up intergenerational conflict, or are they misconceptions?

Education was not a treadmill in which a diploma/degree only mattered as a key to the job market. Much of this is valid. Of course, not every baby boomer has had it easy. Only a small percentage of the generation went to university; many never bought property; plenty carried on working in jobs they didn't/don't especially like, and can't take half a dozen vacations a year and spend the rest of the time on the golf course or

basking in the sun on some island.

You tend to see and hear from the aggressive-pushy successful ones – usually on flights to Paris and Hawaii; the less-fortunate are just statistics.

But, speaking for the lucky ones, there was an ease and simplicity back in the 1970s that no longer exists. Education and degrees were not just paths and passports to jobs. Most boomers never gave getting a job a thought, often stumbling into brief experiences in various labour markets – land, sea, and air – or as celebrated boomers Steve Martin and John Candy intimated, in part, on Planes, Trains, and Automobiles. Add to these pursuits, countless others such as accounting, bookkeeping, medicine, dentistry, nursing, psychology, psychiatry, counselling, teaching, radio, television, print media, personal training, law, politics, the civil service, community-helping professions and not to be omitted – well-paid union work in factories and assembly lines. Multi-tasking was a means of climbing the ladder and saving for a “rainy day”.

Jobs were largely secure: the idea of a zero-hours contract would have been seen as abhorrent; and the backwash of the 1950s still ensured that people cared about the work-life balance, with most working nine to five still enjoying a united family life.

What are the young face today? Insecure jobs; many de-unionized workplaces; everyone for themselves; exploitative internships; ridiculous transport costs forever spiralling upwards. The government trumpets that transport increases will be limited, but the damage has already been done – they are now at ludicrous levels; sky-high rents and property prices; creaking public services; a society that has lost any sense of collective endeavour.

There is a paradox at the heart of the way society has changed over the past 50+ years. Back in the 1970s, it was far more class-bound, not to mention misogynistic and homophobic, yet, also more socially-mobile. Class was a cultural rather than an economic ideal. It was more obvious, yet also easier to escape – usually by going to university. Power-play of upgrading

social status.

Now, it is much harder for a working-class youth to break through, because the economic barriers are too great. How will working-class children, without the Bank of Mom and Dad to support them, afford student loans, be able to pay downtown Montreal and Laval rents, or ever get a foot on the property ladder? Even if he/she has the ambition and talent to challenge most of the skilled jobs, the economics of living and working in major cities make it hugely difficult, but not impossible.

The boomer generation who took social mobility for granted and enjoyed the sense that everyone was in it together as society congregated after depressions, and recessions, somehow brought up the drawbridge, making it difficult for the less privileged of the generation that followed to break through.

The boomers may not all have been the lucky generation, but in somehow creating a society with less functionality and less social mobility there was certainly grounds for labelling them the stupid generation in many ways for lack of perception. Or not?

Today, “Baby Boomer” is a toxic phrase that evokes bitterly harsh anger and frustrated resentment. Baby Boomer is largely associated with greed, selfishness and entitlement. The “nouveau riche”.

Ultimately, boomers are accused of sabotaging their children's and grand children's future. The millennials believe that boomers inherited a wealthy country with a raging economy, and an enviable infrastructure, leaving them to struggle lacking those same opportunities for their generation.

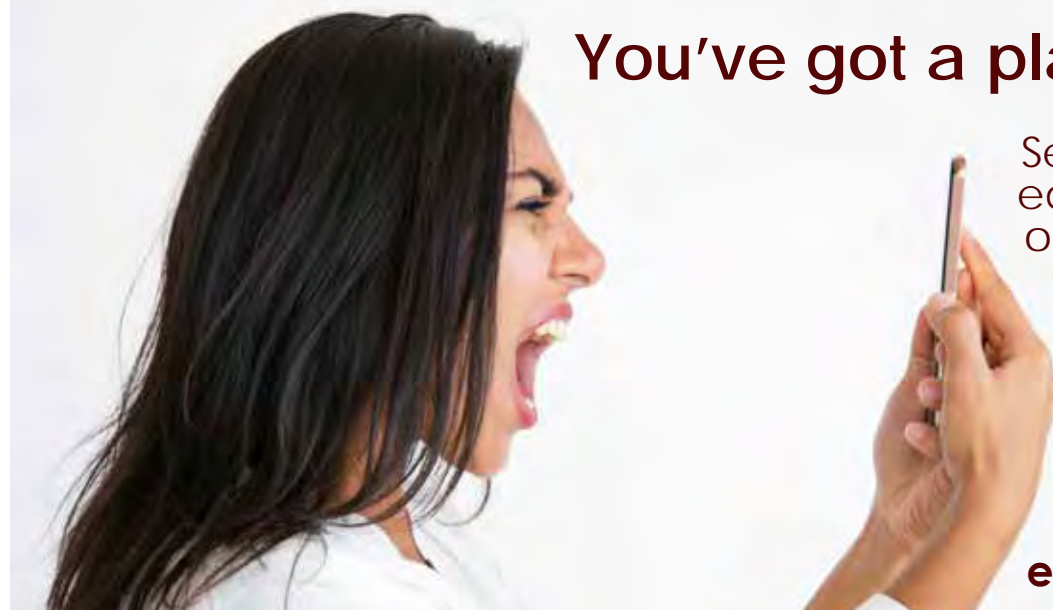
Where lies the fault? What about work ethics and rolling up your sleeves to get there? Have Baby Boomers neglected to instill basic rules-of-thumb into their children, the ones who are complaining; “a dollar saved, a dollar earned”; work hard, play hard”. Each generation rises and falls, but did Boomers really have it all? War, music, fashion, sex, love, lifestyle seem to point to the best years of their lives.

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Crowds surge to new record levels at 2022 Symposium de Sainte-Rose

Seventy artists participated in this year's art exhibition in Vieux Sainte-Rose



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Following two summers when the Symposium de Sainte-Rose was either cancelled or scaled down because of the Covid pandemic, the crowds were out in great numbers once again during the last days of July for this highly-appreciated annual art exhibition in the heart of Old Sainte-Rose.

From July 28 to 31, appreciators of fine sculpture and exquisite art came from all over Quebec as well as other parts of eastern Canada to enjoy the 26th Symposium de Sainte-Rose.

can be purchased to enhance the home, or as lasting gifts for family and loved ones.

More than 20,000 people attended this year's free event, held in a region of Quebec that is renowned for producing great artists, such as the late Marc Aurèle Fortin.

A magnet for talent

Attendees had the opportunity to purchase works by 70 talented artists, expressing themselves in styles ranging from traditional and impressionistic to modern and abstract.

"This year, we have artists from all over Quebec and even further," said Oprina-Felicia Dolea, the new president of the Corporation Rose-Art which organizes the symposium. At least one contributor came from New Brunswick,

creations of many different artists who express themselves in many different styles.

As the Sainte-Rose Art Symposium's reputation has grown across Quebec and other provinces, the organizers have also received some significant recognition. In 2019, the Laval Chamber of Commerce and Industry presented them with a Dunamis award for helping to promote tourism in Laval.

An award-winning formula

They were also a finalist for a second Dunamis the following year as a "sustainable" organization or enterprise. And indeed, tourism has been growing by leaps and bounds in Laval over the past few years, as travellers from all over Canada and the U.S. discover hidden treasures such as the Symposium de Sainte-Rose.

One of the participants in this year's symposium who came from Montreal's West Island praised the organizers for staging one of the finest art exhibitions anywhere in the province.

"This symposium is exceptional compared to other art shows I have had the opportunity to take part in," said Maggie Romanovici of Kirkland, while adding that there was no comparable resource for artists to be found on Montreal's West Island.



Oprina-Felicia Dolea, the new president of the Corporation Rose-Art which organizes the symposium every year, is seen here with some of her own art work. (Photo: Martin C. Barry, Newsfirst Multimedia)



Professional artist Anne-Marie Boisvert of Boisbriand on the North Shore was among the 70 contributors at this year's Symposium de Sainte-Rose. (Photo: Martin C. Barry, Newsfirst Multimedia)

A magnificent setting

As always, the Symposium took place in downtown Sainte-Rose along Sainte-Rose Blvd. next to the Old Firehall (La Vieille Caserne), near the historic Sainte-Rose-de-Lima church, between Filion and Deslaurier-Hotte streets.

For many patrons, the Saint-Rose Art Symposium has become an annual pilgrimage to an art show where they know quality works

while others were from areas of the province renowned for their artists such as Quebec City.

Gathering place for art

The Symposium de Ste-Rose is regarded by some as one of Canada's most successful gatherings of visual artists and their works. Each year, attending the symposium is seen by connoisseurs of art as a great opportunity to enjoy the



Artists Diane Lafond, right, and Maggie Romanovici exhibited their works at the 2022 Symposium de Sainte-Rose from July 28-31. (Photo: Martin C. Barry, Newsfirst Multimedia)

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De Cotis, Galati suggest new measures to help local soccer groups

Action Laval city councillors David De Cotis (Saint-Bruno) and Paolo Galati (St-Vincent-de-Paul) say soccer organizations in Laval should be benefiting from better support, including year-around assistance, since soccer increasingly is being played all year long.

In addition to that suggestion, the two opposition councillors say that financial support for soccer groups from the city should be conditional on the groups being able to meet certain objectives in sports development in Laval.

"I was comparing the cost of playing field rentals in neighbouring cities," says De Cotis. "It is unacceptable that it costs our organizations less to rent playing fields elsewhere than with us. This must change."

De Cotis and Galati maintain that by recognizing soccer as a year-around sport, the City of Laval would become eligible for new financial assistance from higher governments. As well, soccer groups would find in that option a better way to finance their activities than always having to raise registration fees, they added.

"All parents know how much a single season of soccer costs for their child," said Galati, adding that they city's policies should encourage participation by children in organized sports.

The two say that Laval is already short of infrastructure for interior soccer. As well, sports organizations are subject to the whims of sports facilities owners who can raise prices as they see fit.



City adopts a new urban planning code, marking beginning of a new era

Beginning July 13, the City of Laval became the first city in Quebec to enact a completely new urban planning code for the entirety of its territory.

The city is using a new urban planning code implementation method known as Form Based Code, which harmonizes the types of usages, rather than separating them into distinct entities.

The city believes this approach will contribute to the creation

of a living environment that is healthier, friendlier and more human.

The new code comes into effect this fall, along with new PPU (programmes particuliers d'urbanisme) programs for Laval's downtown, and the Cartier and Gare Sainte-Rose areas.

"At last, this adoption is a major update that is arriving after 50 years," says Mayor Stéphane Boyer. "I think that we can certainly speak of this as an historic moment for Laval. We are

currently putting together the development of Laval for the 10, 50 and 100 coming years.

"What should be known is that in many respects, our old code was stuck in time, several decades behind, and was keeping our hands tied even now. So, this new tool will allow us to enshrine more intelligently the development of our city, to better protect our environment and to make Laval a city that is at the same time more beautiful and more pleasant to live in."

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Laval celebrates 'Fête de la famille' on Sunday Sept. 4

All-day event will be taking place at the Centre de la Nature

In Laval, is there any better way for summer to begin to come to a close than the Fête de la Famille?

Generations of Laval residents, including many moms, dads and kids, have gathered each year usually around Labour Day to take part in this day-long activity at the Centre de la Nature.

On Sunday Sept. 4 from 10 am to 6 pm, Laval's largest park will be teeming with people hoping to take advantage of the last warm days of summer to have a little fun before autumn and winter settle in.

A last crack at summer

"What a joy it is to be holding the Fête de la Famille again this year at the Centre de la Nature," says Laval city councillor for Renaud Seta Topouzian, who is responsible for dossiers involving children.

"It's with great excitement that we invite all families from Laval to take part in the many free activities and shows that will be offered on the Labour Day weekend. It's an excellent way to celebrate the end of the summer holidays in style."

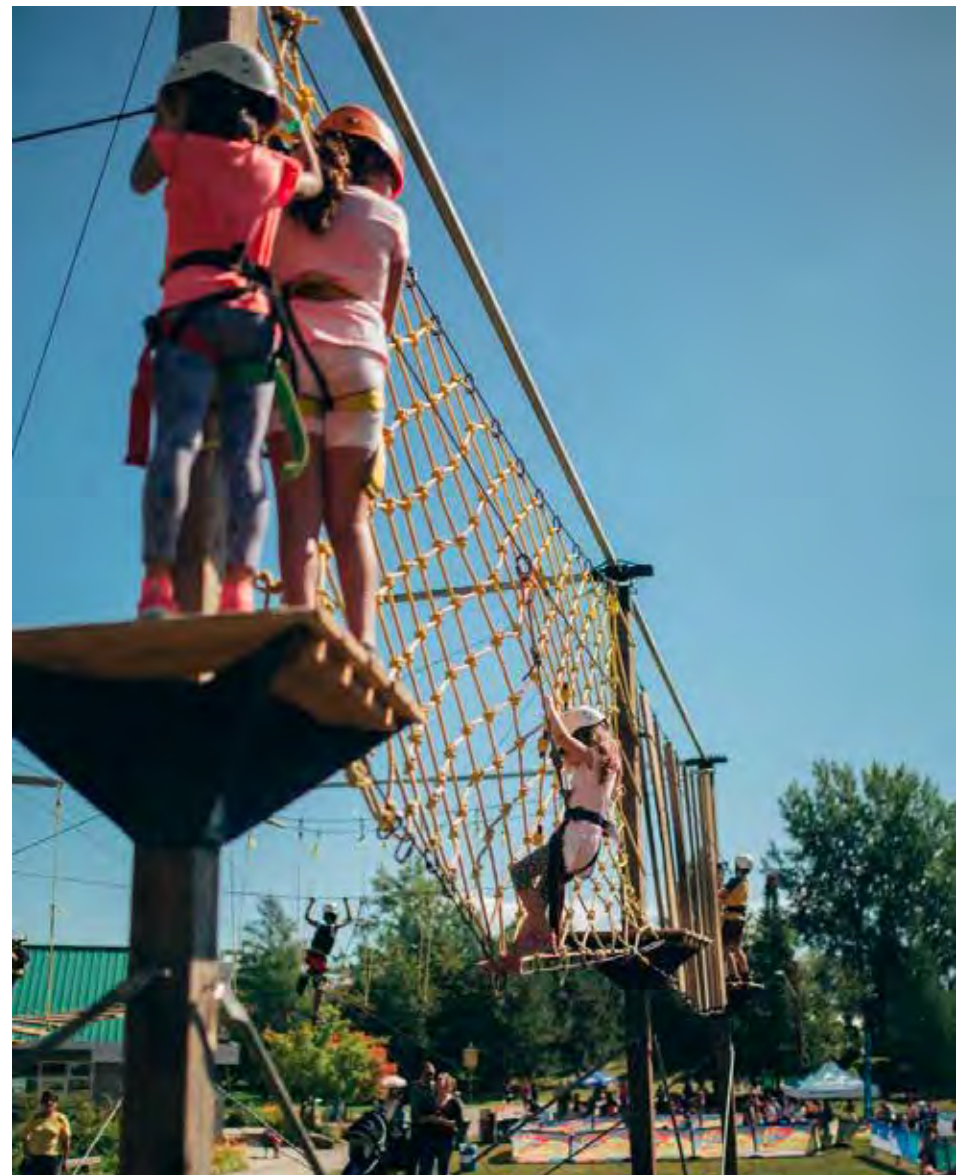
The children's shows to be seen will include

Arthur L'Aventurier, Maria Cannelloni, Les Petites Tounes et La Tournée des 400 coups by FLIP Fabrique, as well as several wandering performers. And there will be inflatable games, circus makeup workshops, physical activities such as climbing, and the ever-popular zip line.

For the day, the Centre de la Nature will be divided into four zones:

- **Turbulence Zone:** Here will be found the zip line, climbing games, a chance to create graffiti in a safe environment, as well as music.
- **Games Zone:** Here will be found inflatable games, roving performers, circus workshops and makeup. There will also be a photo booth and a circus Big Top.
- **Little geniuses Zone:** A place for learning, literary, educational and scientific discovery.
- **Village arts Zone:** Lots of music and performances in this zone.

It should be noted that on Sept. 4, avenue du Parc which runs alongside the Centre de la Nature will be closed to motor vehicle traffic, along with several side streets where parking will be prohibited. However, nearby residents will have access on these streets at all times.



City invites job-seekers to attend IMPACT employment fair Sept. 29

New economic conditions brought on over the past two years by the Covid pandemic and a changing economy promise to make the City of Laval's IMPACT employment forum an especially interesting gathering for all those seeking employees.

Scheduled for Sept. 29 at the Château Royal, the event will bring together important players from businesses in Laval involved in hiring workers. On Laval's territory, nearly 12,000 jobs were vacant in 2021, and that figure had doubled since 2018.

As well, the workers available often didn't

match the needs of employers in terms of required training and experience.

"With all the changes impacting the world of work, it is essential to put into place concrete actions in order to assure the perennity of economic development in Laval," says Laval city councillor for Duvernay Christine Poirier, who is in charge of economic development dossiers.

"As the Laval work market has been undergoing significant growth, there is urgency to act with regards to labour in order to make things sustainable."



The **Shield of Athena** launched a new multilingual public awareness campaign on family violence, "**For the love of women**", on March 10, 2022. Its goal is to assure that all Canadians can access important information.

Through its content, recipes from many countries, it touches diverse ethnic groups and communities in Canadian society.

For 12 weeks, readers will be introduced to a new recipe from the world's kitchen in Farsi and ten other languages!

Stay tuned every other Monday, and visit our YouTube page for more information.

Week 1 - Spanakopita

This week's fabulous recipe is **Spanakopita** from a Greek kitchen.

See how it's made on the following link:
<https://www.youtube.com/watch?v=z3NIRY5FaZY>

Along with other international recipes, it is part of the Shield of Athena's new outreach campaign, "**For the love of women**."

Stay tuned each Monday for new recipes.

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Laval's young athletes soar to victory at 55th Jeux du Québec Finals



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The 55th Jeux du Québec Finals, which were staged in Laval from July 22 – 30, came to a spectacular conclusion after eight days of competitive sports during which athletes from Laval proved themselves to be among the best in Quebec.

Well worth the wait

In all, 3,000 young athletes from all over the province took part in the sporting events. An estimated 130,000 visitors eagerly watched the events at 14 different staging areas all over the Laval region. The colourful opening and closing ceremonies took place at Place Bell.

"Just as we had hoped for the past two years, these Finals were well worth waiting for," said the event's general manager Marc DeBlois, who went on to call the 12 to 17-year-old athletes' performances "amazing" and an experience they would never forget.

"These young athletes are leaving Laval with vivid memories," said Julie Gosselin, president of Sports Québec. "They now are part of the family of the Jeux and they will always be able to count on us for encouragement in their next challenges."

A transforming experience

"Here we are at last," delegated Quebec Minister for Education Isabelle Charest said during the opening. "After months of waiting and uncertainty, I have the following message for the athletes: Above and beyond the results, you will come out of this better for it in several different ways."

"It's no small tasks to play host for the most important multi-sport event in Quebec," said Laval mayor Stéphane Boyer. "I am sure of one thing: the 55th Jeux du Québec Finals will be remembered as a major moment for Laval, but also as something memorable for the entire Quebec sports community."

Athletes from the Jeux du Québec's Rive-Sud region surged ahead early to lead all other regions in the province, with a total of 67 medals won, 23 of which were Gold, for 257 points in all. The Laval region finished 7th out of the 19 regions, with a total of 22 medals, including 10 Gold, 7 Silver and 5 Bronze, and an overall score of 32 points.

A collective effort

Altogether, the Jeux du Québec's athletes competed in 17 sport disciplines at facilities in Laval, as well as in Terrebonne and Saint-Eustache on the North Shore. The organizers were assisted by 1,500 volunteers, including many former Jeux du Québec participants.

In addition to the athletes, the 55th Finals of the Jeux du Québec also involved 750 coaches and companions, 285 emissaries, 350 major officials and 40 salaried employees. During the more than a week of ceremonies and competitions, 65,000 meals were served. In the end, 945 medals were awarded.

The next Jeux du Québec Finals, from March 3 – 11 next year, are being held in Rivière-du-Loup along the shore of the Gulf of St. Lawrence in eastern Quebec. In one of his last official gestures before closing the 55th Finals here, Mayor Boyer passed the Jeux du Québec flag to his counterpart, Rivière-du-Loup mayor Mario Bastille on the last day.



The Laval delegation to the 55th Finals of the Jeux du Québec enters the arena at Place Bell on July 22. (Photo: Martin C. Barry, Newsfirst Multimedia)



Enthusiastic members of the Laval delegation to the 55th Jeux du Québec Finals entered the arena at Place Bell on July 22 where they were greeted by thunderous applause. (Photo: Martin C. Barry, Newsfirst Multimedia)

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Laval athletes glorious with 10 Gold, 7 Silver and 5 Bronze medallions



Part of the Laval delegation to the Jeux du Québec as seen on opening day on July 22.



Laval mayor Stéphane Boyer (second from right) is seen here seated with delegated Quebec Minister of Education Isabelle Charest (far right) and Jeux du Québec officials during opening ceremonies on July 22. (Photo: Martin C. Barry, Newsfirst Multimedia)



Action Laval members from city council Aglaia Revelakis and Paolo Galati (centre) were among the guests seated around the arena at Place Bell for the official opening ceremonies on July 22. (Photo: Martin C. Barry, Newsfirst Multimedia)

The 55th Jeux du Québec Finals by region:

	Gold	Silver	Bronze	Points total
•Abitibi-Témiscamingue	7	2	4	13
•Bourassa	2	5	2	9
•Capitale-Nationale	19	28	16	63
•Centre-du-Québec	3	2	9	14
•Chaudière-Appalaches	12	12	14	38
•Côte-Nord	8	6	2	16
•Est-du-Québec	3	3	6	12
•Estrie	9	8	10	27
•Lac Saint-Louis	5	8	4	17
•Lanaudière	6	3	9	18
•Laurentides	4	7	8	19
•Laval	10	7	5	22
•Mauricie	7	9	5	21
•Montréal	14	9	13	36
•Outaouais	9	5	10	24
•Richelieu-Yamaska	6	2	1	9
•Rive-Sud	23	26	18	67
•Saguenay-Lac Saint-Jean	1	6	9	16
•Sud-Ouest	7	2	4	13

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LPD seeks suspect connected to home robbery in Laval-Ouest last month

In the past ten years or so, lightweight home security cameras have proven themselves to be extraordinarily useful to police all over the world in helping to identify suspects.

A home robbery in Laval-Ouest last month demonstrates the elevated risk criminals now face that they will be easily identified.

The LPD issued a still image taken by a security camera at a Laval-Ouest home on June 28, clearly showing a man believed to have robbed a dwelling on that date of items with an estimated value of \$60,000.

According to the LPD, the suspect turned up at the victim's home at about 1:45 p.m. when the owner and his son were working on lawn maintenance and had left the garage door open.

In the captured security camera images, the suspect is seen ringing the doorbell, receiving no response, and then entering. The LPD maintains that the suspect proceeded to the residence's main bedroom, took items, and then left in a compact vehicle painted a dark colour.

The suspect is described as a man in his 60s, with receding dark hair (bald on top), and wearing eyeglasses. At the time of the incident, he was wearing a long short-sleeved top with a grey camouflage-type pattern, blue jeans and blue runners.

Anyone who feels they may have informa-

tion as to the identity of the suspect is urged to call the LPD at 450-662-4636 or 911. The file number is LVL 220628-060.



Teen seriously injured following collision during police chase in Chomedey

A 15-year-old boy was taken to hospital in serious condition last Friday morning after the motorbike he was riding was struck by a vehicle fleeing police on Saint-Martin Blvd. West near the corner of du Couvent St.

Around 10 minutes after midnight, officers

with the Laval Police were trying to intercept a speeding vehicle proceeding eastward on Saint-Martin that had refused to stop when ordered.

Following the collision, the 18-year-old driver of the fleeing vehicle was taken into custody.

The Bureau des enquêtes indépendantes (BEI), a provincial agency that investigates serious incidents involving police, has been assigned to look into the circumstances, and the Sûreté du Québec is providing assistance.

Laval man among those busted for drugs by RCMP

On July 5, an RCMP investigation resulted in charges laid against three individuals, including one from Laval, involved in money laundering with suspected ties to Colombian criminal organizations.

The three individuals are Yan Trépanier, 49 years old, from Laval; Andrew Barera, 35 years old, from Montréal; and Michael-Joey D'Opéra, 27 years old, from Laval.

The Integrated Proceeds of Crime investigation, launched in March 2020 in response to a tip from the Drug Enforcement Administration (DEA), revealed that these individuals laundered more than \$18 million in less than a year.

Search warrants executed in July 2021 resulted in police officers seizing \$46,000 in cash, prohibited firearms and devices, a silencer and bookkeeping notebooks.

The investigation was conducted in collaboration with the Financial Transactions and Reports Analysis Centre of Canada (FINTRAC), Canada Revenue Agency (CRA) and the Forensic Accounting Management Group (FAMG).

The three accused persons appeared on July 15 at the Montréal courthouse. Charges of laundering proceeds of crime, conspiracy to import and possession of narcotics for the purpose of trafficking, and possession of prohibited firearms and devices were filed in the case.

Suspect in Montreal and Laval shootings was deemed dangerous but released

According to court documents, 26-year-old Abdulla Shaikh -killed by police Thursday August 4th, during a massive operation at a Motel near Marcel Laurin Blvd., was released from a mental health facility even though a psychiatrist deemed him a "significant risk to public safety".

The documents, which were obtained by Radio-Canada, also show that Abdulla Shaikh had been previously diagnosed with schizophrenia.

Following recommendations, the Tribunal Administratif du Québec — which handles cases that are related to mental illness — ordered Shaikh to be released in March 2022 from a psychiatric facility, under conditions.

The release conditions were imposed to make sure health authorities could monitor Shaikh's progress.

At that time, Shaikh's condition had been improving, the ruling reads. But the tribunal said he could resort to "unpredictable and aggressive" acts if his mental illness worsened. "Without a legal and therapeutic framework, his situation would deteriorate and bring about the return of the context for dangerous [behaviours]," the tribunal's ruling reads.

Police believe the 26-year-old man fatally shot two men in Montreal Tuesday night August 2nd and another the following night in Laval. The victims had no chance since they were shot in the head.

Shaikh had had several run-ins with the law, including charges of sexual assault, assault causing bodily harm and uttering threats, according to the court documents. In 2018, he was

arrested trespassing at the Montreal airport several days in a row.

In one instance, the court documents show, Shaikh was in a restricted zone at the airport and burned his passport with a lighter. In November of that year, he was deemed to be not criminally responsible for his actions. Shortly after, he was diagnosed with schizophrenia.

As part of his release, the tribunal ordered Shaikh to respect the following conditions: live in a home approved by the hospital, follow the recommendations of the team treating his condition, refrain from using drugs, keep the peace and submit to urine tests when asked. The March ruling also gave the regional health board in Laval the authority to tighten the conditions of his release.

The written ruling ends with a mention that Shaikh's case would be reviewed and a new hearing would take place within the year that followed.

Shaikh's brother, who acknowledged the suspect's mental health issues but also said he does not believe the 26-year-old was responsible for this week's fatal shootings.

According to preliminary information given to Quebec's police watchdog, the Bureau des enquêtes indépendantes (BEI), Montreal police officers were confronted by a man with a firearm during Thursday's operation. Shots were fired and Shaikh died at the scene.

His death means there are now two investigations: one looking into the three fatal shootings on Tuesday and Wednesday that has now been taken over by the Sûreté du Québec's major crimes unit, and another that will focus on the actions of Montreal police (SPVM) during the operation that killed Shaikh.

A spokesperson for the SQ said a big part of its investigation is trying to establish a motive for the random's killings.

LPD makes three arrests while acting on warrant

The Laval Police Dept. says investigators with its organized crime unit proceeded during the last few days of July to execute a warrant while making three arrests when dealing with two separate dossiers involving recent urban violence in Laval.

On July 27, LPD officers with help from the Montreal Police Dept. arrested Algo Bryan Fotso Youmby, age 18, in Laval, while also seizing a firearm and quantities of narcotics.

According to the LPD, Fotso was known to the police for his associations with criminals, most notably members of gangs on rue de Laval.

During the operation, a polymer P80 handgun was seized, as well as a Glock ammunition clip containing 13 9mm rounds, along with two iPhones, a laptop computer, a handbag, and 2.20 grams of crack wrapped in 19 wrappers.

Algo Bryan Fotso Youmby faces charges of firearms possession as well as possession of crack. He was arraigned at the Laval courthouse on Aug. 2.

On July 31, during an interception related to routine road safety checks, LPD officers stopped a vehicle with two occupants. After verifications, they arrested the 45-year-old driver for firearms possession, possession of narcotics, breaking court-imposed conditions and possession of fake I.D. documents.

A 29-year-old female passenger was also arrested for firearms possession, narcotics possession and breach of conditions. A search of the suspects and of the vehicle also led to the seizure of a revolver, eight rounds of ammunition, and narcotics that included 23 tablets of amphetamine.

Both were arraigned at the Laval courthouse and remained detained until their next court appearance.



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NEWS FOR YOUTH:

Community newspapers encourage young readers

BY RUBY IRENE PRATKA



As younger readers turn increasingly to social media platforms and mobile apps for news, newspapers across the country are wrestling with the question of how to keep younger readers engaged with their content, while continuing to publish the print publications that older generations rely on. Quebec's community newspapers are confronted with the same puzzle. Here are three creative ways that QCNA member papers have connected with younger readers.

IT'S A SNAP

Data from News Media Canada confirms the cliché that Millennials are less likely than older generations to get news from print newspapers – 42 per cent of self-identified Boomers prefer to access news in print compared with only 27 per cent of Millennial/Gen Y readers. However, nearly 90 per cent of Millennial and Gen Y readers engage with news content; they are just more likely to do so on a smartphone or laptop than with a print newspaper.

Lily Ryan, publisher of the *West Quebec Post*, *Gatineau Bulletin*, *Pontiac Journal* and *Aylmer Bulletin* and mother of two teenage daughters, enjoys telling a particular story that illustrates this – and illustrates the fact that the stories published in community newspapers still resonate with young readers.

“Shortly before the pandemic, my daughters’ friends were chatting in the kitchen and I heard one of them say, ‘Did you hear Rosie’s mom was on the front page of the *Bulletin*? She won the marathon!’ I thought, ‘How cute! The kids read the *Bulletin*!’” Actually, someone left the paper sitting out on the table and a kid saw it, took a picture of it and shared it on Snapchat. That’s how that story got from one medium to another and one generation to another,” she recalled. “Local news is still of top interest.”

The incident pushed Ryan to rethink her papers’ social media strategy. Although all four papers use social media to share news, Ryan ultimately decided she didn’t have the time or money to invest further in websites. However, she did receive a Quebec government grant to support a digital transition. As a first step, the paper is equipping staff with the same smartphones its readers use, and investing in training staff.

STARTING IN SCHOOLS

The *Gaspé Spec* in the Gaspé Peninsula region is one of several community newspapers that work with local public schools. At the beginning of the 2021-22 school year, through funding from the Community Media Strategic Support Fund, the *Spec* sent kits with cameras, recorders, notebooks and journalism guides to all English and Indigenous public schools in its coverage area, along with monthly suggestions for topics to cover.

“We’re sending them reminders that the *Spec* would like to hear from them and that we’re there to support them, and we’re starting to reap the benefits of that,” said *Spec* publisher Penny MacWhirter. Schools “are contacting us and, as a result, our readers are learning about all the exciting activities happening in those schools.”

In the future, MacWhirter hopes that when young people “have something exciting that they want to tell the public about, *Spec* will come to mind right away. ‘We’re doing a fundraiser for school; let’s write something and send it to *Spec*.’ One article at a time, MacWhirter and her colleagues are creating a new generation of *Spec* readers.

THE WELCOME WAGON

Every September, Bishop’s University in Lennoxville, the only English-language university in Quebec outside of Montreal, welcomes

thousands of students from across the country and abroad. Publisher Sharon McCully and her colleagues at the *Sherbrooke Record* see these students as new neighbours and potential readers.

“...someone left the paper sitting out on the table and a kid saw it, took a picture of it and shared it on Snapchat. That’s how that story got from one medium to another and one generation to another...”

Three years ago, the *Record* worked with a group of Bishop’s students to produce a video tour of Lennoxville. “We did a walking tour and said ‘Here’s the pub and here’s where you can get pizza and health food.’ We can’t expect students to come from another part of the country and embrace a community they know nothing about. So, it’s a bit of a greeting, ‘Hi, welcome to the whole community, not just Bishop’s. Meet your neighbours,’” McCully said.

Traditionally, at the beginning of every school year, the *Record* also offers a free digital subscription to students at Bishop’s and at Champlain Regional College, the local English-language CEGEP. Students see volunteer opportunities in the paper and get involved in organizations like Meals on Wheels. “It helps them see that they’re part of a community, and learn about what’s going on off campus,” she said. “All they have to do is log on.”

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KICKING HERSELF

Q If I had to do it over again, I would not have gotten married. My husband and I are very passionate people. In a movie that would mean we make wild love and have an adventurous life. Unfortunately, in the real world, it translates into hostile fights and unforgettable, unforgivable statements.

I have been married a little over a year and prefer to be alone. I have no desire to spend time with him. I just like to have him around on a Saturday night to go to a movie. I dream of being by myself and am much happier when he travels. I am always sad when it is time for his return.

Why did I get married? I don't know. Romantic fantasies, I guess. The desire for children. But I never dreamed of having someone to grow old with. I just wanted a date on national holidays and flowers every once in a while.

The fact is, I am married. I do not believe in divorce though I sometimes wish I did. I love him enough to stay, but I live in misery. I have tried the power of positive thinking, but it isn't powerful enough.

He disgusts me. I think he is repulsive now that I am married to him. Sometimes I don't know if I am going to go home at night, but I always do. There is so much more to this story (telling each other if we had to marry again,

we wouldn't marry each other; sex problems; and more). Can someone help?

Leslie

A Leslie, your letter is a warning to other people. You are so honest and so candid it is scary, but honestly there is only one answer. Your relationship is the reason there are laws which permit divorce.

Every day people get married just because someone asked. Every day people get married just to move out of their parents' house. Every day people get married just because they feel it's time. Most of them won't admit it, but the truth of your marriage is the truth of those marriages.

To say you could make this relationship work is to say you could grab anyone off the street and make a relationship work with them. Some people say love is a decision, but if love is just a decision, then you could love any job, make any color your favorite color, or make anyone your best friend.

We are much more than the decisions we make. There are things which have a calling for us, things which connect to us in a way which is not rational. That is what makes us human. When you find the right person, it is like loving your own child. It is not a decision. It is simply in you to do.

Wayne & Tamara

THE LAST TO KNOW

Q My best friend's husband left her for another woman after 18 years of marriage. I was there for her, my husband and whole family supported her, and I got her a good job working with me so she could support herself.

Saturday, she dropped a bomb on me. She's having an affair with a married man we work with. I had no idea. Her kids have met him, her ex has met him, and she has taken him to social gatherings which didn't include my family.

She said it has been going on for two years. I don't know what to be more angry about, her

doing this, or me being the last to know. Any advice will be appreciated.

Amy

A Amy, take this as the best backhanded compliment you will ever receive. Your friend thinks you are a person of principle, a person who wouldn't stick her neck out for a woman having an affair with a married man. She is doing to another woman the wrong that was done to her.

Wayne & Tamara

WAYNE & TAMARA MITCHELL are the authors of YOUR OTHER HALF (www.yourotherhalf.com)

Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964

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Notice is hereby given that, in accordance with the Civil Code of Quebec, the closure of inventory was made in regards to the succession of **Vera June TURNBULL**, born on February 7th, 1928, during her lifetime domiciled and residing at 325 Ericka Street, apartment 223, Laval, Quebec, H7P 5S2, and died on April 30th, 2022 (30-04-2022) in Laval.

This inventory may be consulted by any interested party, at the office of Mtre. **Dina DIMITRATOS**, Notary, located at 3310 100th Avenue, suite 340, Laval, Quebec, H7T 0J7.



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In Memoriam & Obituaries

How to accompany a grieving child

The concept of death is abstract to children, who only understand its universal character and its permanency once they reach the age of eight or so. Nevertheless, children of any age feel the loss of a loved one and, just like adults, experience a wide range of emotions.

Here is some advice on how to accompany a child through the stages of grief:

- Children often wonder whether they're responsible for the death, or even if they're going to die themselves someday. Try to be as reassuring as possible while remaining honest.
- Answer the child's questions and discuss death openly, avoiding the use of euphemisms. Saying that grandpa "is gone" or "fell asleep forever" could confuse the child, who may then come to expect the return of the deceased.

- Don't be afraid to show your emotions: this will help the child understand that their reaction is normal and that they're not alone. How loved ones react to a death heavily influences how a child experiences grief.
- Turn to artistic expression, role-playing, stories or movies about death to help the child express themselves and to favour discussion.
- Bring the child to the commemorative service if they wish to attend, but don't force them. Don't be afraid of traumatizing them: reality usually isn't as bad as what children imagine when left in doubt. Be sure to let them know what to expect before you go.

If your child seems to be experiencing unusually intense or long-lasting grief, don't hesitate to seek professional attention to help them manage their emotions.

Expressions of grief

Crying, loss of interest in regular activities, anxiety, stomach pains, regression, behaviour problems, appetite loss and aggressiveness are a few ways in which children may express their grief.



LAPENSÉE, Sylvie
1959 — 2022

It is with sadness that we announce the death of Mrs. Sylvie Lapensée, which occurred on August 2, 2022, at the age of 63. She was the spouse of Mr. Clermont Arseneault.

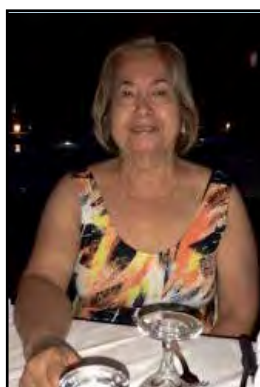
In addition to her spouse, she is survived by her son Mathieu (Amélie), her grandchildren, Loïc, Chloé, baby 3, her son-in-law Yannick and his spouse, her daughter-in-law Maryline and her spouse, brothers-in-law and sisters-in-law, nephews and nieces, as well as several relatives and friends.



LEBLANC, Gérald
1937 — 2022

It is with sadness that we announce the death of Mr. Gérald Leblanc, which occurred on July 29, 2022, at the age of 85. He was the spouse of Madame Thérèse Savage.

Besides his spouse, he is survived by his daughter France (Claire), his nephews and nieces, as well as several relatives and friends.



JOVEL, Marina
1947 — 2022

It is with sadness that we announce the death of Mrs. Marina Jovel, which occurred on July 29, 2022, at the age of 75. She was the wife of the late Ricardo Armando Osegueda Zelaya.

She is survived by her 3 children, her grandchildren Kevin, Gabriel, Christian, Alicia, Zoe and Rafael, her brothers and sisters, brothers-in-law and sisters-in-law, her nephews and nieces, as well as many other relatives and friends.



LANGLOIS, René
1933 — 2022

It is with sadness that we announce the death of Mr. René Langlois, which occurred on July 25, 2022, at the age of 89. He was the husband of the late Madame Denise Gemme.

He is survived by his daughters, Suzanne, Johanne, and Diane (Richard), his grandchildren, Maxime, Jason, Jessica, Philippe, Audrey-Ann, his great-grandchildren, Mélina, Mikael, his sister Madeleine, as well as his nephews and nieces, and several relatives and friends.

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HOROSCOPE

Week of **AUGUST 14 TO 20, 2022**

The luckiest signs this week:
GEMINI, CANCER AND LEO



ARIES

A few people will ask you to help them out on various occasions, forcing you to move around frequently. You'll have a chance to spoil yourself, maybe even think about buying a new car.



TAURUS

By calculating your budget over and over, you'll realize you have the means to achieve your ambitions. You'll find the necessary funds to make one of your greatest dreams a reality. After some careful consideration, you'll find the courage to take action.



GEMINI

You'll have a tendency to be discouraged by the extent of your responsibilities. The more progress you make, the more you'll find within yourself the makings of a winner, and then nothing will be able to stop you.



CANCER

Sometimes you need to take a step back to gain more perspective on a situation. In your professional life, you'll aspire to do something more in line with your ambitions; you must take the ladder one rung at a time.



LEO

You've barely finished your summer holidays when you start planning for the next one with your friends. You'll organize a meeting at the office, and it'll take on a phenomenal scale, bringing the whole company together.



VIRGO

A desire for elevation will manifest itself intellectually and spiritually. You'll also decide to set out on a new career or a rewarding personal journey. Don't be afraid of change.



LIBRA

A short period of reflection will be enough for you to make important decisions about your personal or professional future. Some negotiation will be required, and you'll need to weigh the pros and cons before finalizing anything.



SCORPIO

An ideal compromise isn't always possible, especially if multiple people have differing opinions. To settle conflicts, you'll need to use your imagination to create harmony among the people around you.



SAGITTARIUS

A few minor successes are enough for you to restore your self-esteem. It'll also give you the credibility you need to promote a project close to your heart, enabling you to take action.



CAPRICORN

In your work life, you'll set up a home office that turns out to be highly functional. After the planning stage, your leadership will awaken, and you'll masterfully grow your business with your own hands.



AQUARIUS

Love may occupy your thoughts permanently. Through subtle gestures, gentle signs of affection and words of love, you'll be able to convey the extent of your feelings for your significant other.



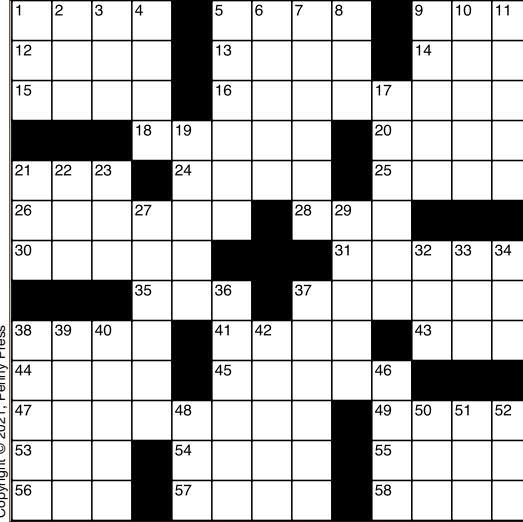
PISCES

The idea of selling or buying property will cross your mind, or you'll find a way to live at a lower cost and improve the quality of life for your entire family. You'll get your hands on an attractive sum.

Coffee Break

CROSSWORDS

PUZZLE NO. 130



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ACROSS

1. Fellows
5. Night sight
9. Dread
12. Section
13. Crooked
14. Bagel topping
15. Obstacle
16. Boring
18. Dress shape: hyph.
20. Singe
21. Chimpanzee, e.g.
24. Billfold items
25. Talk wildly
26. Violins' cousins
28. Couple
30. Grabs
31. Arm joint
35. Afternoon affair
37. In abundance
38. Bicycle route
41. Stern
43. Crib
44. Between ports

DOWN

1. Auto need
2. Footed vase
3. Positive vote
4. Legend
5. Shiny fabrics
6. Cord
7. Nab
8. Bar staple
9. Hilo hi
10. Lady
11. Put forth
17. Spiral ornament
45. Crunchy
47. Bone structure
49. Certain gem
53. Commandments count
54. Go by horse
55. Light-hued
56. Classifieds
57. Mastered
58. Regarded
19. Baggy
21. Tread the boards
22. Pod content
23. Moose's kin
27. "___ Weapon"
29. Has on
32. Comic Hope
33. Iron source
34. Get married
36. Polar
37. Profited
38. Linguine, e.g.
39. Invited
40. Prom attendees
42. Eat away at
46. Catholic leader
48. Cone's stat
50. Remit
51. Pub beverage
52. Guided

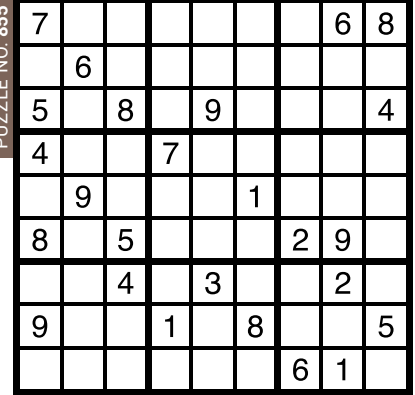
Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

PUZZLE NO. 855

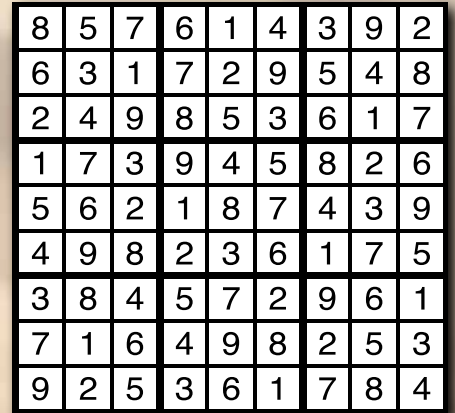


Last Issues' Answers

CROSSWORDS



Sudoku



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FREE ESTIMATION | FAST INSTALLATION
FASTER DELIVERY THAN ANYONE

CONCEPT G7

www.conceptg7.com

- Versatile cabinet making manufacturer
- Years of experience in residential projects
- Turnkey solutions, specialized in kitchen renovation and hardwood flooring
- Total quality control in every stage (design - production & installation)
- Deadlines respected within budget

Visit our showroom for a free consultation!

514-691-2922 | INFO@CONCEPTG7.COM | 7491 Rte Transcanadienne, Ville St-Laurent, QC, H4T 1T3



BASKET OF *Fruits and Vegetables*

16 to 20 VARIETIES

THURSDAY ONLY from 10am to 7pm

In-Store with no reservations needed!

Fresh of the day at amazing prices!

Reserve yours today!



A value of
\$60+
at the supermarket
You pay only
\$35

*Fresh products!
Nice variety!
Excellent value!*



THIS WEEK'S BASKET:

- Strawberries
- Red grapes
- Bananas
- Limes
- Red apples
- Cantaloupe
- Broccoli
- Spinach
- Cucumber
- Iceberg lettuce
- Tomatoes
- Corn
- Zucchini
- Kiwi
- Peppers
- Mystery item

Our weekly
customers

save
\$1,200
up to
per year

VISIT OUR FACEBOOK AND INSTAGRAM PAGE!

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panierdufermier.ca | panierdufermier@gmail.com

2 EASY STEPS:

- 1 Book your basket online or by phone from Monday to Thursday
- 2 Pickup Thursday, Friday or Saturday. Delivery available

